TWENTY-FIVE

There was a nebulous presence
  before heaven and earth were born--
  silent ... empty ... alone ... unchanged.
Pervading everywhere without fail,
  it is the mother of the universe.
I do not know its name--
I call it Tao, the Way.
Forced to say more,
I call it Great.
Being great, it extends ever outward,
  reaching far, and then returning.

The Tao is great.
The universe is great.
Earth is great.
The leader is also great.

Recognize how we can be
 one of the four greatnesses.

Such a person follows the
  ways of the earth.
The earth follows the ways of the universe.
The universe follows the Tao.
The Tao follows its own nature.

from The Power of the Way (Tao Te Ching) trans. by John Sprague

בע"ה

Opening Intentions

As we gather once again at this season, we orient ourselves to *teshuva*, a return to our highest, deepest, truest selves, and to the Great Power that renews and sustains our lives.

1. Now Let us Turn

Lam 5:21; R' Shefa Gold

Now let us Turn, Return and be Turned (x3) - to the One
Hashivenu Eylecha, v'Nashuva (x2) הֲשִׁיבֵנוּ אֵלֶיךָ וְנָשׁוּבָה׃

2. Shuvi Nafshi - Soul Return

Psalm 116:7-8; R' Shlomo Carlebach

שׁוּבִי נַפְשִׁי לִמְנוּחָיְכִי
כִּי יְיָ גָּמַל עָלָיְכִי׃
כִּֽי חִלַּצְתָּ נַפְשִׁי מִמָּוֶת אֶת־עֵינִי מִן־דִּמְעָה
אֶת־רַגְלִי מִדֶּחִי׃

Shuvi Nafshi liM'nukhaykhi
Ki HaShem ki HaShem Gamal Alaikhi.
Ki Khilatz'ta Nafshi miMavet, et Eini min Dim'a,
Et Ragli, Ragli miDekhi

Return, my soul, to your rest, for the God has dealt bountifully with you
You have rescued my soul from death, my eye from tears, my feet from stumbling.

3. Hashiveinu - Return Us

Lam 5:21; Mark Keller and Corry Bell

Hashiveinu, Hashiveinu, Adonai Elekha, הֲשִׁיבֵנוּ, הֲשִׁיבֵנוּ, יְיָ אֵלֶיךָ
v'naShuva, v'naShuva וְנָשׁוּבָה, וְנָשׁוּבָה
Khadesh, Khadesh Yameinu ke-Kedem חַדֵּשׁ, חַדֵּשׁ יָמֵינוּ כְּקֶדֶם׃

Turn us back to You, Turn us back to You, Turn us back to You, Holy Source
Re-turn, re-turn, re-turn our lives to Your care
Make us refreshed, Make us renewed, Awaken us as of old.

4. Return Again

R' Shlomo Carlebach

Return Again, Return Again, Return to the Land of Your Soul
Return to Who You Are, Return to What You Are, Return to Where You Are
Born and Re-Born Again...

5. Pure Heart

Psalm 51:12; Nava Tehila

Create a Pure Heart in Me, Great Spirit - Create a Pure Heart in Me
And Renew a True Soul Within Me - Renew a True Soul Within

6. Lev Tahor - Pure Heart

Psalm 51:12-14

לֵב טָהוֹר, בְּרָא־לִי אֱ"לֹהִים;
וְרוּחַ נָכוֹן, חַדֵּשׁ בְּקִרְבִּי.
אַל־תַּשְׁלִיכֵנִי מִלְּפָנֶיךָ;
וְרוּחַ קָדְשְׁךָ, אַל־תִּקַּח מִמֶּנִּי.
הָשִׁיבָה לִי שָׂשׂוֹן יִשְׁעֶךָ
וְרוּחַ נְדִיבָה תִּסְמְכֵנִי׃

Lev Tahor B'ra Li Elohim
v'Ruach Nachon Chadesh b'Kirbi.
A heart that is pure, create within me;
A spirit that's new, renew in my core.

Al Tashlicheyni miLfanecha,
v'Ruach Kodshecha al Tikach Mimeni.
Do not exile me from Your Presence,
Do not take Your Holy Spirit from me.

HaShiva li Sasson Yishecha
v'Ruach Nediva Tismekheni.
Return me to the pure bliss of Your awareness
Install in me the spirit of true service.

Bringing in the Holiday

Kindling the Memorial and Holiday Lights

At our most sacred seasons we remember those who have lit the way in this world and gone before us into the next. This also provides an opportunity to recognize and comfort the mourners in our midst. We then light and bless candles to formally begin the festival, thanking the Source of Life for sustaining us to this time, and greeting one another with wishes for a happy, healthy year.

1. Rosh HaShanah Candle Lighting

Barukh ata Adonai, Eloheynu Melekh ha-Olam, asher Kidishanu b'Mitzvotav,
v'Tzivanu l'Hadlik Ner shel (on Shabbat add: **Shabbat v'shel**)
Yom haZikaron.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל (שַׁבָּת וְשֶׁל) יוֹם הַזִּכָּרוֹן.

Holy One of Blessing, Your Presence fills Creation
You make our lives holy with the mitzvah of kindling the light of this Day of Remembrance.

2. Yom Kippur Candle Lighting

Barukh ata Adonai, Eloheynu Melekh ha-Olam, asher Kidishanu b'Mitzvotav,
v'Tzivanu l'Hadlik Ner shel (on Shabbat add: **Shabbat v'shel**)
Yom haKippurim.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל (שַׁבָּת וְשֶׁל) יוֹם הַכִּפֻּרִים.

Holy One of Blessing, Your Presence fills creation.
You make our lives holy with the mitzvah of kindling the (Sabbath and the) Yom Kippur flames.

3. On Both Holidays: Shehechiyanu

Barukh Ata Adonai, Eloheynu Melekh ha-Olam
She-Hekhiyanu, v'Kiyamanu, v'Higiyanu laZman haZeh!

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Holy One of Blessing, Your Presence fills Creation. Bless You for enlivening us, sustaining us and bringing us to this moment in time!

L'Shanah Tovah Tikatevu v'Tichatemu!
L'Shanah Tovah Nikatev v'Nichatem!

לְשָׁנָה טוֹבָה תִּכָּתֵבוּ וְתִחָתֵמוּ! לְשָׁנָה טוֹבָה נִכָּתֵב וְנִחָתֵם!

May You Be Written and Sealed for a Good Year!
May We Be Written and Sealed for a Good Year!

Blessing Our Children

After lighting Shabbat or Holiday candles, the text of the Priestly Blessing from the book of Numbers is used to pray for protection, awareness, grace and illumination for our young people.

1. Blessing our Children (One)

Num 6:24-26; R' Micha'el Shapiro

YeVarechecha haShem, ve'yiShmerekha יְבָרֶכְךָ יְיָ וְיִשְׁמְרֶךָ׃

May Hashem bless you, forever watching over you

Ya'er haShem Panav Eleycha, veYikhuneka יָאֵר יְיָ פָּנָיו אֵלֶיךָ וִיחֻנֶּךָּ׃

May God's holy face illumine you, and shine with grace

Yissa haShem Panav Eleycha v'Yassem Lecha יִשָּׂא יְיָ פָּנָיו אֵלֶיךָ

May Hashem's face / Be raised to you / That She may place וְיָשֵׂם לְךָ שָׁלוֹם׃

On you Her peace / On you Her infinite peace - Shalom

Shalom - Shalom, Shalom, Shalom, Shalom

2. Blessing our Children (Two)

Priestly Blessing Num 6:24-26; Jai Uttal

YeVarechecha Adonai v'Yishmerecha יְבָרֶכְךָ יְיָ וְיִשְׁמְרֶךָ׃

Ya'er Adonai Panav Elecha v'Yechunekha יָאֵר יְיָ פָּנָיו אֵלֶיךָ וִיחֻנֶּךָּ׃

Yissa Adonai Panav Elecha יִשָּׂא יְיָ פָּנָיו אֵלֶיךָ

v'Yassem Lecha Shalom - v'Yassem Lecha Shalom וְיָשֵׂם לְךָ שָׁלוֹם - וְיָשֵׂם לְךָ שָׁלוֹם׃

Shalom, Shalom, Shalom שָׁלוֹם שָׁלוֹם שָׁלוֹם

v'Yassem Lecha Shalom - v'Yassem Lecha Shalom וְיָשֵׂם לְךָ שָׁלוֹם׃

May the Holy Being Bless You and Protect You
May the Source of Goodness Always Shine Upon You
May Godliness Reveal to You Its Hundred Thousand Faces
And Grant You a Deep Abiding Peace, And Grant You a Deep Abiding Peace

3. Deep Peace

Traditional Gaelic blessing and Num 6:24-26; John Rutter

Deep peace of the running wave to you; Deep peace of the flowing air.
Deep peace of the quiet earth to you; Deep peace of the shining stars.
Let peace, Let peace, Let peace fill your soul.
May peace, May peace, May peace make you whole!

YeVarechecha Adonai v'Yishmerecha	יְבָרֶכְךָ יְיָ וְיִשְׁמְרֶךָ׃
Ya'er Adonai Panav Elecha v'Yechunekha	יָאֵר יְיָ פָּנָיו אֵלֶיךָ וִיחֻנֶּךָּ׃
Yissa Adonai Panav Elecha	יִשָּׂא יְיָ פָּנָיו אֵלֶיךָ
v'Yassem Lecha Shalom	וְיָשֵׂם לְךָ שָׁלוֹם׃

4. Welcoming the Angels - Shalom Aleichem

Traditional; attribution unknown

שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי הַשָּׁרֵת, מַלְאֲכֵי עֶלְיוֹן,
מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים - הַקָּדוֹשׁ בָּרוּךְ הוּא׃

Shalom Aleichem, Malakhey haSharet, Malakhey Elyon,
Mi'Melech Mal-khey haM'lachim, haKadosh Baruch Hu.

בּוֹאֲכֶם לְשָׁלוֹם, מַלְאֲכֵי הַשָּׁלוֹם מַלְאֲכֵי עֶלְיוֹן,
Bo'achem l'Shalom, Malakhey haShalom, Malakhey Elyon...

בָּרְכוּנִי לְשָׁלוֹם , מַלְאֲכֵי הַשָּׁלוֹם, מַלְאֲכֵי עֶלְיוֹן,
Barchuni l'Shalom, Malakhey haShalom, Malakhey Elyon...

צֵאתְכֶם לְשָׁלוֹם מַלְאֲכֵי הַשָּׁלוֹם, מַלְאֲכֵי עֶלְיוֹן,
Tzetchem l'Shalom, Malakhey haShalom, Malakhey Elyon...

Peace unto you, Ministering Angels,
Messengers of the Most High, the Blessed Holy One.
Come in peace... Bless us in peace... Go in peace... Messengers of God

5. B'Shem Hashem - In God's Name

Bedtime Sh'ma liturgy

B'shem Hashem, Elohei Yisrael	בְּשֵׁם ה' אֱ"לֹהֵי יִשְׂרָאֵל,
Mi'Ymini Michael u-mi'Smoli Gavriel	מִימִינִי מִיכָאֵ"ל, וּמִשְּׂמֹאלִי גַּבְרִיאֵ"ל,
MilFanai Uriel, u-me'Acharai Raphael	וּמִלְּפָנַי אוּרִיאֵ"ל וּמֵאֲחוֹרַי רְפָאֵ"ל,
V'al Roshi, Shechinat-El	וְעַל רֹאשִׁי, שְׁכִינַת אֵ"ל.

In the name of God, the God of Israel
On my right is Michael, on my left is Gavriel
In front of me is Uriel, behind me Raphael
And all above, surrounding me, Shechinat El.

The four arcangels here summoned reflect aspects of the Divine. Michael means literally "Who is like G!d?", Gavriel "G!d is my Power", Uriel "My Light is G!d", and Raphael: "G!d Heals." The Shechina is God's immanent, manifest presence.

Section 3 - Blessing Our Children

6. Alternate Shalom Aleichem

Bedtime liturgy; Shimshai

Shalom Aleichem, Malachei HaShalom	שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי הַשָּׁלוֹם,
Shalom Aleichem, Malachei Elyon	שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי עֶלְיוֹן
YaVo Michael! YaVo Gavriel!	יָבוֹא מִיכָאֵ"ל, יָבוֹא גַּבְרִיאֵ"ל,
YaVo Uriel! YaVo Rafael!	יָבוֹא אוּרִיאֵ"ל, יָבוֹא רְפָאֵ"ל!

Peace be with you, Angels of Peace
Peace be with you, Angels of the Most High
Come Michael! Come Gavriel!
Come Uriel! Come Rafael!

Call to Prayer

We move now into formal evening prayers, which begins with a call and response invocation declaiming God's unutterable blessedness. Please rise if you are able.

1. Chatzi Kaddish - The Preparation for Prayer

Let us be here now as one
Singing to the Blessed Holy One
Let us be at perfect time and place
To receive this sustenance and grace
To receive this sustenance and grace
At this turning of the year.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. אָמֵן׃ בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ, וְיַמְלִיךְ מַלְכוּתֵהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל וּבְחַיֵּי דְכָל יוֹשְׁבֵי תֵבֶל,
בַּעֲגָלָא וּבִזְמַן קָרִיב- וְאִמְרוּ אָמֵן׃
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא׃

Leader:
Yit-Gadal v' yit-Kadash Sh'mey Rabbah *Congregation:* **Amen!**
Leader:
b'Almah di V'rah khir'utey v' yamlikh Mal-khutey! *Congregation:* **Amen!**
May God's Great Name be blessed (amen) in this world of divine creation (amen)!

Leader:
b'Chai-yeykhon, uv'Yom-ekhon,uv'Chayei d'chol Beit Yisrael
uv'Chayey d'chol Yoshvey Teyvel, ba'Agalah u'viZ'man Kariv,
v'imru:
In your lifetimes, in your days, in the days of all our people,
all the Earth's people - very soon, imminently, now - and let us say:

Congregation:
Amen! Y'hey Sh'mey Rabbah m'Varakh l'Olam u'l'Almey Almah-yah!
Amen! May the Great Name be blessed forever and ever and ever!

2. Barchu - The Call to Prayer

Leader: **Barchu** (bowing) **et Yah HaMevorakh!**	בָּרְכוּ אֶת יָ"הּ הַמְּבֹרָךְ׃
Congregation: **Barukh** (bowing) **Havayah HaMevorakh**	בָּרוּךְ הוָ"הּ הַמְּבֹרָךְ׃
le'Olam va-Ed!	לְעוֹלָם וָעֶד׃

Leader: *Bless the One Blessed Power!* - ***Cong:*** *Yes, Blessed is God Forever and Ever*

Evener of the Evenings

As we prepare to say the Shema, declaration of God's ultimate unity, we first bless the onset of evening and the power that ordains the rhythm of time and season, and then meditate upon the depth of God's love for us. After the Shema and its attedant passages of social instruction, we sing of the miraculous parting of the Red Sea during the Israelites' exodus from Egypt. We thus attempt to awaken contemplation, love and awe in ourselves as we prepare for personal silent prayer.

1. A Prayer for Evening

Evening liturgy

בָּרוּךְ אַתָּה יְיָ, אֶ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בִּדְבָרוֹ מַעֲרִיב עֲרָבִים, בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים, וּבִתְבוּנָה מְשַׁנֶּה עִתִּים, וּמַחֲלִיף אֶת הַזְּמַנִּים, וּמְסַדֵּר אֶת הַכּוֹכָבִים בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ כִּרְצוֹנוֹ. בּוֹרֵא יוֹם וָלָיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ מִפְּנֵי אוֹר. וּמַעֲבִיר יוֹם וּמֵבִיא לָיְלָה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לָיְלָה, יְיָ צְבָאוֹת שְׁמוֹ. אֵ"ל חַי וְקַיָּם, תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְיָ, הַמַּעֲרִיב עֲרָבִים.

Blessed is the Ineffable, the Majesty of the Universe, bringing on the evenings; with wisdom opening the gates of the heavens, with insight changing time and varying the seasons, with will setting the stars in their watches in the expanse.
Creating day and night, rolling light away from before darkness, and darkness from before light, causing the day to pass, bringing night, and separating day and night.
The cosmos is revealed, a living and enduring God, forever guiding us.

Blessed is the Ineffable, bringing on the evenings.

2. Maariv Aravim

R' Peri Smilow

Blessed are You Adonai Our God / Who makes the evening fall
You separate daytime from the darkness
You are forever and ever; Amen (2x)

Blessed are You Adonai our God / You make the seasons spin
You make time march in / And the heavens will open up
To Your Name/ Open to Your Name

Tamid yiMloch Aleinu l'Olam va-Ed (2x) Baruch ata, Adonai, haMaariv Aravim.

May You reign over us forever, providing order, protection and a higher authority.
Blessed are You who brings on evening.

3. Evening the Evenings

R' Geela Rayzel Raphael

Chorus: **Evening, the evenings, evening the frayed edges of our lives;**
Ma'ariv Aravim, Amen. (x2) מַעֲרִיב עֲרָבִים

Sacred words even the evenings,
Wisdom opens gates locked around our hearts
אֲשֶׁר בִּדְבָרוֹ מַעֲרִיב עֲרָבִים בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים.
Asher Bid-varo Ma'ariv Aravim, b'Khokhmah Potay'akh She'arim. ***Chorus:***

Understanding alters with the times, Changing seasons, cycles divine;
וּבִתְבוּנָה מְשַׁנֶּה עִתִּים, וּמַחֲלִיף אֶת הַזְּמַנִּים.
U- Vitvunah m'SHaneh I-tim, u-Makhlif et ha-Z'manim. ***Chorus:***

Paint diamonds on the canvas called sky, Sooth our souls with a lilting lullabye;
וּמְסַדֵּר אֶת הַכּוֹכָבִים בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ כִּרְצוֹנוֹ.
U-m'Sader et ha-Kochavim, B'miShm'rotayhem ba-Rakiah kiRtzono. ***Chorus:***

Rollin', rollin' into the night, Rollin' rollin' away the light;
גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ מִפְּנֵי אוֹר.
Goleyl Or miPney Kho-shekh, v'Kho-shekh miPney Or. ***Chorus:***

Spirit of the Night we bless Your Name, Eternal light, Eternal flame;
אֵ"ל חַי וְקַיָּם, תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.
Eyl Chai v'Kayam Tameed yiMlokh Aleynu l'Olam va-Ed. ***Chorus:***

4. Roll Into Darkness

Noam Katz

Roll Into Darkness, Roll Into Light
Night Becomes Day, Day Turns To Night;

Golel Or Mipnai Choshech, v'Choshech MiPnai Or;
Baruch Atah Adonai, HaMaariv Aravim.
גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ מִפְּנֵי אוֹר׃

Creator of day and night
You roll light away in the face of darkness
And darkness in the face of light

5. Broken-Hearted

Psalm 148 and Num 12:13; R' Shir Yaakov Feit

HaRofeh liShvurei Lev	הָרוֹפֵא לִשְׁבוּרֵי לֵב
um'Khabesh le'Atzvotam	וּמְחַבֵּשׁ לְעַצְבוֹתָם
Moneh miSpar la-Kokhavim	מוֹנֶה מִסְפָּר לַכּוֹכָבִים
LeKhulam Shemot yiKra	לְכֻלָּם שֵׁמוֹת יִקְרָא׃

Healer of the Broken-Hearted, Binder of Our Wounds
Counter of Uncountable Stars, You Know Who We Are

HalleluYah, HalleluYah (x2) הַלְלוּ יָ"הּ!
Ana El Na, Refa Na Lah! (x2) אָנָּא אֵ"ל נָא רְפָא נָא לָהּ!

Praise Yah! Please, God, Please, Heal Her / Him / It / Us Now!

6. Roll Into Darkness - Lo Yisa Goy - Ufros Aleinu Medley

Evening liturgy, with a little help from Isaiah 2:4

Roll Into Darkness, Roll Into Light
Night Becomes Day, Day Turns To Night

Golel Or MiPnai Choshekh, v'Choshekh MiPnai Or (x2)

גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ מִפְּנֵי אוֹר׃

Creator of day and night
You roll light away in the face of darkness
And darkness in the face of light
Blessed are You, evener of evenings

לֹא־יִשָּׂא גּוֹי אֶל־גּוֹי חֶרֶב; לֹא־יִלְמְדוּ עוֹד מִלְחָמָה׃
Lo Yisa Goy El Goy Kherev, Lo YiLmedu Od Milkhamah

Nation shall not lift up sword against nation
Neither shall they study war any more

Don't Walk In Front Of Me - I May Not Follow
Don't Walk Behind Me - I May Not Lead
Just Walk Beside Me and Be My Friend
Together We Will Walk in the Path of HaShem

וּפְרוֹשׂ עָלֵינוּ סֻכַּת, סֻכַּת שְׁלוֹמֶךָ׃
Ufros Aleynu Sukkat, Sukkat Sh'lomekha

Spread Over Us the Shelter of Your Peace

Universal Love

The classic preparation for the Shema here focuses on the gift of Torah, divine instruction, as evidence of the Supreme Being's love for our ancestors and for us.

1. Ahavat Olam - Traditional

Evening liturgy

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל עַמְּךָ אָהָבְתָּ, תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים
אוֹתָנוּ לִמַּדְתָּ. עַל כֵּן יְיָ אֱ"לֹהֵינוּ, בְּשָׁכְבֵנוּ וּבְקוּמֵנוּ נָשִׂיחַ בְּחֻקֶּיךָ, וְנִשְׂמַח
בְּדִבְרֵי תוֹרָתֶךָ וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד. כִּי הֵם חַיֵּינוּ וְאֹרֶךְ יָמֵינוּ, וּבָהֶם נֶהְגֶּה
יוֹמָם וָלָיְלָה, וְאַהֲבָתְךָ אַל תָּסִיר מִמֶּנּוּ לְעוֹלָמִים.
בָּרוּךְ אַתָּה יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

Ahavat Olam, beit Yisra'el Amkha Ahavta,
Torah u'Mitzvot, Chukim u'miShpatim Otanu Limad'ta.
Al ken Adonai Eloheinu, b'Shokhveinu uv'Kumeinu naSi'akh b'Chukekha,
veniS'makh b'Divrei Torat'kha uv'Mitzvotekha le'Olam va'Ed.
Ki hem Chayeinu ve'Orekh Yameinu u'va'hem ne'H'geh Yomam va-Laila.
Ve'Ahavatkha al taSeer miMenu le'Olamim,
Barukh Ata, Adonai: Ohev Amo Yisrael.

With eternal love, the people Israel has been loved. Stories and teachings, codes, laws and judgments have been taught us. When we lie down and when we arise we are called upon to discuss these instructions, to rejoice in life's teachings and to do right actions always. Ki hem chayyenu, v'orech yameynu: For these lessons are the life and length of our days, and we may reflect on them day and night. May the divine love of life and of learning never be removed from us.

Blessed is the Ancient Teacher, loving the people Israel.

2. Ahavah Rabbah - Traditional

Morning liturgy

אַהֲבָה רַבָּה אֲהַבְתָּנוּ, יְיָ אֱ"לֹהֵינוּ, חֶמְלָה גְדוֹלָה וִיתֵרָה חָמַלְתָּ עָלֵינוּ. אָבִינוּ מַלְכֵּנוּ,
בַּעֲבוּר אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ שֶׁבָּטְחוּ בְךָ, וַתְּלַמְּדֵם חֻקֵּי חַיִּים, כֵּן תְּחָנֵּנוּ וּתְלַמְּדֵנוּ. אָבִינוּ,
הָאָב הָרַחֲמָן, הַמְרַחֵם, רַחֵם עָלֵינוּ, וְתֵן בְּלִבֵּנוּ לְהָבִין וּלְהַשְׂכִּיל, לִשְׁמֹעַ, לִלְמֹד וּלְלַמֵּד,
לִשְׁמֹר וְלַעֲשׂוֹת וּלְקַיֵּם אֶת כָּל דִּבְרֵי תַלְמוּד תּוֹרָתֶךָ בְּאַהֲבָה.
וְהָאֵר עֵינֵינוּ בְּתוֹרָתֶךָ, וְדַבֵּק לִבֵּנוּ בְּמִצְוֹתֶיךָ, וְיַחֵד לְבָבֵנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶךָ,
וְלֹא נֵבוֹשׁ לְעוֹלָם וָעֶד. כִּי בְשֵׁם קָדְשְׁךָ הַגָּדוֹל וְהַנּוֹרָא בָּטָחְנוּ, נָגִילָה וְנִשְׂמְחָה
בִּישׁוּעָתֶךָ. וַהֲבִיאֵנוּ לְשָׁלוֹם מֵאַרְבַּע כַּנְפוֹת הָאָרֶץ, וְתוֹלִיכֵנוּ קוֹמְמִיוּת לְאַרְצֵנוּ, כִּי אֵ"ל
פּוֹעֵל יְשׁוּעוֹת אָתָּה, וּבָנוּ בָחַרְתָּ מִכָּל עַם וְלָשׁוֹן. וְקֵרַבְתָּנוּ לְשִׁמְךָ הַגָּדוֹל סֶלָה בֶּאֱמֶת,
לְהוֹדוֹת לְךָ וּלְיַחֶדְךָ בְּאַהֲבָה.
בָּרוּךְ אַתָּה יְיָ, הַבּוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.

How deeply You have loved us, Be-ing that Gods us, gracing us with surpassing compassion!
On account of our forebears whose trust led You to teach them the laws of life, be gracious to us, teaching us as well.

O Merciful One, have mercy on us by making us able to understand and discern, to heed, learn, and teach, and, lovingly, to observe, perform, and fulfill all that is in Your Torah. Enlighten our eyes with Your Torah, focus our minds on Your mitzvot, unite our hearts in love and reverence for Your Name. Then we will never feel shame, never deserve rebuke, and never stumble. Having trusted in Your great and awesome holiness, we shall celebrate Your salvation with joy.

Gather us in peace from the four corners of the earth and lead us upright to our land. For You, O God, work wonders. You chose us. Truly, You drew us near to Your Great Name, that we might acknowledge You, declaring You One in love.

Praised be You, Great Love, who chooses Your people Israel in love.

3. Ahavah Rabbah - Abounding Love

Daily liturgy; Snatam Kaur

Ahavah, Ahavah Rabbah אַהֲבָה רַבָּה *Love, Great Love*

4. Eternal Love: Ahavah (Ahavah)

Daily liturgy; Lila Flood

Ahavah (Ahavah) (x2)	אַהֲבָה (אַהֲבָה) - אַהֲבָה (אַהֲבָה)
Ahavat Olam (Ahavat Olam)	אַהֲבַת עוֹלָם (אַהֲבַת עוֹלָם)
Beit Yisrael (Beit Yisrael)	בֵּית יִשְׂרָאֵ"ל (בֵּית יִשְׂרָאֵ"ל)
V'Amecha (v'Amecha) Ahavta (x2)	וְעָמֶיךָ, עָמֶיךָ, אַהֲבְתָּ׃

With such Love (with such Love) (x2)
You are Loving us (You are Loving us)
Along with all Creation (x2)

5. Ahavah v'Rachamim: Love and Mercy

Music and liturgy Bon Singer

Ahavah v'Rachamim, Chessed v'Shalom אַהֲבָה וְרַחֲמִים , חֶסֶד וְשָׁלוֹם׃

Love and Mercy - Generosity and Peace

Listening for Oneness: The Shema

The Shema and the paragraphs that accompany it form a center of both the liturgy and of the contract between God and the Jewish people.

Following the primal declaration of God's unity (Shema Yisrael!) the first and third paragraphs, or gates, (from Deuteronomy 6 and Numbers 15 respectively) advise practices for maintaining awareness, while the central paragraph (from Deuteronomy 7) lays out the consequences of right and wrong focus and behavior.

We Proclaim the Unity of All Creation

שְׁמַע יִשְׂרָאֵל יְיָ אֱ"לֹהֵינוּ יְיָ אֶחָד׃

Sh'ma Yisrael Adonai Eloheynu Adonai Echad!

Hear, Israel, you are of God and God is One!

[whispered]

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד׃

Baruch Shem, Kevod Malchuto l'Olam va-Ed

Blessed is the Name of S/he, the glory of whose reign is forever and ever!

First Paragraph: Deuteronomy 6

וְאָהַבְתָּ אֵת יְיָ אֱ"לֹהֶיךָ בְּכָל־לְבָבְךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדֶךָ׃
וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם עַל־לְבָבֶךָ׃
וְשִׁנַּנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתֶךָ וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשָׁכְבְּךָ וּבְקוּמֶךָ׃ וּקְשַׁרְתָּם
לְאוֹת עַל־יָדֶךָ וְהָיוּ לְטוֹטָפֹת בֵּין עֵינֶיךָ׃ וּכְתַבְתָּם עַל־מְזֻזוֹת בֵּיתֶךָ וּבִשְׁעָרֶיךָ׃

Vahavta et Adonai Elohekha b'khol Levav'kha u'v'khol Naf'sh'kha u'v'chol M'ohdekha.
V'hayu haD'varim ha'eyleh asher Anokhi m'tzav'kha haYom al Levavekha. V'Shinantam l'Vanekha v'Dibarta bam b'Shiv't'kha b'Veytekha
uv'Lekh't'kha vaDerekh uv'Shokh'b'kha uv'Kumekha.
Uk'shartam l'Ot al Yadekha v'hayu l'Totafot beyn Eynekha.
Ukh'tavtam al Mezuzot Beytekha uviSha'arekha.

And you shall love the Lord your God with all your heart, with all your soul and with all of your might. And all these words which I command you on this day shall be upon your heart, and you shall teach them diligently unto your children. You shall speak of them when you are sitting in your house and when you're walking by the way; and when you're rising up, and when you're lying down. And you shall bind them for a sign upon your hand, and they shall be for frontlets between your eyes; And you shall write them on the doorposts of your house, and upon your gates That you may remember and do all of My commandments, and be holy unto your God.

Second Paragraph: Deuteronomy 7

וְהָיָה אִם שָׁמֹעַ תִּשְׁמְעוּ אֶל מִצְוֹתַי, אֲשֶׁראָנֹכִי מְצַוֶּה אֶתְכֶם הַיּוֹם, לְאַהֲבָה אֶת יְיָ אֱ"לֹהֵיכֶם וּלְעָבְדוֹ, בְּכָל לְבַבְכֶם וּבְכָל נַפְשְׁכֶם. וְנָתַתִּי מְטַר אַרְצְכֶם בְּעִתּוֹ, יוֹרֶה וּמַלְקוֹשׁ, וְאָסַפְתָּ דְגָנֶךָ וְתִירֹשְׁךָ וְיִצְהָרֶךָ. וְנָתַתִּי עֵשֶׂב בְּשָׂדְךָ לִבְהֶמְתֶּךָ, וְאָכַלְתָּ וְשָׂבָעְתָּ. הִשָּׁמְרוּ לָכֶם פֶּן יִפְתֶּה לְבַבְכֶם, וְסַרְתֶּם וַעֲבַדְתֶּם אֱלֹהִים אֲחֵרִים וְהִשְׁתַּחֲוִיתֶם לָהֶם. וְחָרָה אַף יְיָ בָּכֶם, וְעָצַר אֶת הַשָּׁמַיִם וְלֹא יִהְיֶה מָטָר, וְהָאֲדָמָה לֹא תִתֵּן אֶת יְבוּלָהּ, וַאֲבַדְתֶּם מְהֵרָה מֵעַל הָאָרֶץ הַטֹּבָה אֲשֶׁר יְיָ נֹתֵן לָכֶם. וְשַׂמְתֶּם אֶת דְּבָרַי אֵלֶּה עַל לְבַבְכֶם וְעַל נַפְשְׁכֶם, וּקְשַׁרְתֶּם אֹתָם לְאוֹת עַל יֶדְכֶם, וְהָיוּ לְטוֹטָפֹת בֵּין עֵינֵיכֶם. וְלִמַּדְתֶּם אֹתָם אֶת בְּנֵיכֶם לְדַבֵּר בָּם, בְּשִׁבְתְּךָ בְּבֵיתֶךָ, וּבְלֶכְתְּךָ בַדֶּרֶךְ, וּבְשָׁכְבְּךָ, וּבְקוּמֶךָ. וּכְתַבְתָּם עַל מְזוּזוֹת בֵּיתֶךָ וּבִשְׁעָרֶיךָ. לְמַעַן יִרְבּוּ יְמֵיכֶם וִימֵי בְנֵיכֶם עַל הָאֲדָמָה אֲשֶׁר נִשְׁבַּע יְיָ לַאֲבֹתֵיכֶם לָתֵת לָהֶם, כִּימֵי הַשָּׁמַיִם עַל הָאָרֶץ.

And it shall come to pass if you surely listen to the commandments that I command you today to love the Lord your God and to serve the One with all your heart and all your soul, that I will give rain to your land, the early and the late rains, that you may gather in your grain, your wine and your oil. And I will give grass in your fields for your cattle and you will eat and you will be satisfied.
Beware, lest your heart be deceived and you turn and serve other forces and worship them. Then the anger of the True One will blaze against you, and will close the heavens and there will not be rain, and the earth will not give you its fullness and you will perish quickly from the good land that the Lord gives you.
So you shall put these, my words, on your heart and on your soul; and you shall bind them for signs on your hands, and they shall be for frontlets between your eyes. And you shall teach them to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up. And you shall write them on the doorposts of your house and on your gates. In order to prolong your days and the days of your children on the land that the Lord promised your ancestors would be given, as long as the days that the heavens are over the earth.

Third Paragraph: Numbers 15

וַיֹּאמֶר יְיָ אֶל מֹשֶׁה לֵּאמֹר. דַּבֵּר אֶל בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם, וְעָשׂוּ לָהֶם צִיצִת עַל כַּנְפֵי בִגְדֵיהֶם לְדֹרֹתָם, וְנָתְנוּ עַל צִיצִת הַכָּנָף פְּתִיל תְּכֵלֶת. וְהָיָה לָכֶם לְצִיצִת, וּרְאִיתֶם אֹתוֹ וּזְכַרְתֶּם אֶת כָּל מִצְוֹת יְיָ, וַעֲשִׂיתֶם אֹתָם, וְלֹא תָתוּרוּ אַחֲרֵי לְבַבְכֶם וְאַחֲרֵי עֵינֵיכֶם, אֲשֶׁר אַתֶּם זֹנִים אַחֲרֵיהֶם. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל מִצְוֹתָי, וִהְיִיתֶם קְדֹשִׁים לֵאֱ"לֹהֵיכֶם. אֲנִי יְיָ אֱ"לֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכֶם לֵאֱ"לֹהִים, אֲנִי יְיָ אֱ"לֹהֵיכֶם... אֱמֶת.

And the Lord spoke to Moses, saying, "Speak to the children of Israel and say to them they should make themselves tzitzit (fringes) on the corners of their clothing throughout their generations, and give the tzitzit of each corner a thread of blue. And they shall be tzitzit for you, and when you look at them you will remember all of the Lord's commandments and do

them and not follow after your heart and after your eyes which lead you astray. In order to remember and do all My commandments, and be holy for your God. I am the Lord, Your God, who led you from the land of Egypt to be a God to you. I am the Lord, your God…in Truth.

2. V'Ahavta - Marge Piercy

So you shall love what is holy with all your courage, with all your passion
with all your strength.
Let the words that have come down
shine in our words and our actions.
We must teach our children to know and understand them.
We must speak about what is good
and holy within our homes
when we are working, when we are at play,
when we lie down and when we get up.
Let the work of our hands speak of goodness.
Let it run in our blood
and glow from our doors and windows.

We should love ourselves, for we are of God.
We should love our neighbors as ourselves.
We should love the stranger, for we
were once strangers in the land of Egypt
and have been strangers in all the lands of the world since.
Let love fill our hearts with its clear precious water.
Heaven and earth observe how we cherish or spoil our world.
Heaven and earth watch whether we choose life or choose death.
We must chose life so our children's children may live.
Be quiet and listen to the still small voice within that speaks in love.
Open to that voice, hear it, heed it and work for life.
Let us remember and strive to be good.
Let us remember to find what is holy within and without.

- Marge Piercy

3. The First Gate of the Shema **Translated and adapted from liturgy by Reb Zalman z"l**

Love Yah, who is your God,
in what your heart is
In what you aspire to,
in what you have made your own.
May these values which I connect with your life be implanted in your feelings
May they become the norm for your children, addressing them in the privacy of your home, on the errands you run.
May they help you relax
and activate you to be productive.
Display them visibly on your arm, let them focus your attention
See them at all transitions at home and in your environment.

4. The Second Gate of the Shema Translated and adapted from liturgy by Reb Zalman z"l

How good it will be, when you really listen, and hear my directions,
Which I give to you today,
For loving Yah, who is your God,
And for acting godly
With feeling and inspiration.
Your earthly needs will be met
At the right time, appropriate to the season.
You will reap what you planted, for your delight and health.
Also, your animals will have ample feed.
All of you will eat and be content.

Be careful -- watch out!
Don't let your cravings delude you;
Don't become alienated;
Don't let your cravings
Become your gods;
Don't debase yourself to them,
Because the God-sense within you
Will become distorted.

Heaven will be shut to you,
Grace will not descend,
Earth will not yield her produce.
Your rushing will destroy you!
And Earth will not be able to recover her good balance
In which God's gifts manifest.

May these values of Mine,
Reside in your feelings and aspirations:
Marking what you produce.
Let them be a beacon before your eyes, guiding what you perceive.
Teach them to your children so that they are instructed
In how to make their homes sacred;
And how to deal with the traffic of life outside.

May these values of mine reside in your heart-feelings and soul-aspirations
When you are depressed, And when you are elated.

Mark your entrances and exits with them,
So you will be more
Aware.

Then, you and your children,
And their children,
Will live out on earth
That divine promise
Given to your ancestors
To live heavenly days
Right here on this earth.

5. The Third Gate of the Shema **Translated and adapted from liturgy by Reb Zalman z"l**

Yah who Is, said to Moses,
`Speak, telling the Israel folks
To make tzitzit on the corners of their garments,
So they will have generations to follow them.
On each tzizit tassel,
Let them set a blue thread.
These tzitzit are for your benefit!
Glance at them.
And in your seeing,
Remember all the other directives
Of Yah, who Is,
And act on them!
This way,
You will not be led astray,
Craving to see and want,
And then prostitute yourself
For your cravings.
This way
You will be mindful
To actualize my directions
For becoming dedicated
to your God;
To be aware
That I Am Yah, Who is your God,
Who is the one who freed you
From oppression,
in order to God you.
I am Yah, who is your God.

That is the truth!

Preparing for Silent Prayer

1. Blessing Non-Knowing - What is Like You? - Mi Chamocha

Exod 15:11 (Song of the Sea); R' Zach Fredman

מִי־כָמֹכָה בָּאֵלִם יְיָ מִי כָּמֹכָה, נֶאְדָּר בַּקֹּדֶשׁ׃
נוֹרָא תְהִלֹת עֹשֵׂה פֶלֶא׃ בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה וּמִרְיָם׃
זֶה אֵ"לִי עָנוּ וְאָמְרוּ׃ יְיָ יִמְלוֹךְ לְעוֹלָם וָעֶד.

Mi Chamocha ba'Elim Adonai? Mi Kamocha n'Edar baKodesh?
Nora Tehillot, Oseh Felleh,
Boke'a Yam liFney Moshe uMiryam.
"Zeh Eli!" Anu, v'Ameru:
"Adonai yiM'lokh l'Olam va'Ed!"

Who is like you among the gods, Adonai? Who is like you, arrayed in holiness?
Awesome in praises, maker of wonders
Who split the sea before Moses and Miriam.
"This is my G!d!" they declaimed, saying,
"Adonai is sovereign forever, for all time."

בָּרוּךְ אַתָּה יְיָ גָּאַל יִשְׂרָאֵל.
Blessed are You, God, who rescued Israel.

2. Strength and Song - Ozi v'Zimrat Yah

Liturgy, from Exodus 16 (Song of the Sea); R' Shefa Gold

Ozi v'Zimrat Yah, vaYehi Li liY'shuah! עָזִּי וְזִמְרָת יָ"הּ, וַיְ"הִי לִי לִישׁוּעָה׃
Yah is my strength and my song, and will be my salvation!

3. Adonai S'fatai - Open My Lips

Psalm 51:15; R' Shawn Zevitt and R' Juliet Spitzer

אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ׃
Adonai! S'fatai Tiftach, uFi Yagid T'hilatecha.

Adonai (Adonai)
Be my guide (be my guide)
And open up (open up) these lips to speak to you
Open up (open up), open up (open up) these lips to sing your Name
These lips, to speak your holy Name
These lips / your perfect endlessness proclaim.

4. Eylekha Ekra - I Cry Out to You

Psalm 30; R' Shlomo Carlebach

Eylekha (Eylekha),	אֵלֶיךָ (אֵלֶיךָ)
Havaya Ekra (Havaya Ekra)	הו"ה אֶקְרָא (הו"ה אֶקְרָא)
v'el Adonai et-Khanan:	וְאֶל־אֲדֹנָי, אֶתְחַנָּן׃
Shma Adonai, v'Kho-neyni!	שְׁמַע־ יְיָ וְחָנֵּנִי
Havaya heyeh Ozer Li!	הו"ה, הֱיֵה־עֹזֵר לִי׃

To You, blessed One, I cry
I entreat my Higher Power:

Hear me, G!d, respond to me!
Be-ing, be my aid!

5. Va'Ani Tefilati - May My Prayers Ascend

Seasonal liturgy

וַאֲנִי תְּפִלָּתִי לְךָ, יְיָ, עֵת רָצוֹן; אֱ"לֹהִים בְּרָב חַסְדֶּךָ, עֲנֵנִי בֶּאֱמֶת יִשְׁעֶךָ׃

V'Ani Tefilati Lecha, Havaya, Eyt Ratzon
Elohim, b'Rov Khasdekha: Aneyni! Aneyni! b'Emet Yishekha

And as for me / my prayer to Thee / May it be / in perfect time and place
Such that You / Endless, compassionate and true
Might show me, might show me
Your wisdom and Your grace.

6. Pitkhu Li - Open to Me

Psalm 118; R' Shlomo Carlebach

פִּתְחוּ לִי שַׁעֲרֵי-צֶדֶק אָבֹא-בָם אוֹדֶה יָ"הּ׃
Pit-khu Li Sha'arei Tzedek, Avo Vam Odeh Yah.

זֶה-הַשַּׁעַר לַה" צַדִּיקִים יבֹאוּ בוֹ׃
Zeh haSha-ar la'Adonai Tzadeek-im yaVo-u Vo.

Open to me
Gates straight to Thee;
Open to me and
to Thee, I will flee.

This is the doorway to that which is
More - that all those
who do come in integrity pass.

This is the doorway to that which is
More - that which is, that which was
and forever shall
Be.

7. B'Sefer Chayyim - The Book of Life

Seasonal liturgy

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה נִזָּכֵר וְנִכָּתֵב לְפָנֶיךָ,
אֲנַחְנוּ וְכָל עַמְּךָ בֵּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם׃

In the Book of Life, Blessing, Peace and Right Livelihood may we be remembered and inscribed for good life and for peace - We and all Your people, the House of Israel.

8. Higher and Higher - Ana b'Khoach

Hebrew R' Nehuniah ben Hakanah; Music and English R' Shlomo Carlebach

Lord, take me high, take me high, take me higher
Lord, take me higher and higher!

אָנָּא, בְּכֹחַ גְּדֻלַּת יְמִינְךָ, תַּתִּיר צְרוּרָה.
קַבֵּל רִנַּת עַמְּךָ, שַׂגְּבֵנוּ, טַהֲרֵנוּ, נוֹרָא.
נָא גִבּוֹר, דּוֹרְשֵׁי יִחוּדֶךָ, כְּבָבַת שָׁמְרֵם.
בָּרְכֵם, טַהֲרֵם, רַחֲמֵם, צִדְקָתְךָ תָּמִיד גָּמְלֵם.
חֲסִין קָדוֹשׁ, בְּרוֹב טוּבְךָ, נַהֵל עֲדָתֶךָ.
יָחִיד גֵּאֶה, לְעַמְּךָ פְּנֵה, זוֹכְרֵי קְדֻשָּׁתֶךָ.
שַׁוְּעָתֵנוּ קַבֵּל, וּשְׁמַע צַעֲקָתֵנוּ, יוֹדֵעַ תַּעֲלֻמוֹת.
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Ana, beKo'ach Gedulat Y'min'kha, Tatir Tz'rura.
Kabel Rinat Am'kha; Sag'veinu, Taharenu, Nora!
Na, Gibor, Dorshei Yikhud'kha - k'Vavat Shom'reim.
Bar'khem, Tahareim, Rakhameim; Tzid'kat'kha Tamid Gom'leim.
Khasin Kadosh! b'Rov tuv'kha, Nahel Adatekha.
Yakhid! Ge'eh! l'Am'kha P'neh, Zokh'rey K'dushatekha.
Shav'ateinu Kabel, u'Shema Tza'aka-teinu, Yode'a Ta'alumot!

Baruch Shem K'vod Malkhuto l'Olam va'Ed.

Source of Mercy! With loving strength untie our tangles.
Your chanting folk raise high, make pure, accept our song.
Like your own eye, Lord, keep us safe, Who union seek with you.
Cleanse and bless us, infuse us ever with loving care.
Gracious Source, Oh Holy Power! Do guide Your folk.
Sublime and Holy One, do turn to us, of holy chant.
Receive our prayer, do hear our cry, who secrets knows.

Through time and space, Your glory shines, Majestic One.

For text of Amidah (liturgy for silent prayer) go to Section 36

Prayers for Peace

1. Od Yavo Shalom - May There Be More Peace

Od Yavo Shalom Aleinu (x3)	עוֹד יָבוֹא שָׁלוֹם עָלֵינוּ
v'al Kulam	וְעַל כֻּלָּם

May there be ever-increasing peace upon us
And upon everybody

Salaam!	שָׁלוֹם!
Aleinu v'al kol haOlam	עָלֵינוּ וְעַל כׇּל הָעוֹלָם
Salaam! Salaam!	שָׁלוֹם! שָׁלוֹם

Peace! Upon us and the entire world! Salaam! Shalom!

2. Sim Shalom - Prayer for Peace

שִׂים שָׁלוֹם, טוֹבָה וּבְרָכָה, שִׂים שָׁלוֹם׃

Sim Shalom, Tovah u'Vracha, Sim Shalom

Grant peace, blessing and goodness; grant peace.

3. Sim Shalom - Prayer for Peace

Music: Nava Tehila

שִׂים שָׁלוֹם, טוֹבָה וּבְרָכָה, חַיִּים, חֵן, וְחֶסֶד, וְרַחֲמִים׃

Sim Shalom, Tovah u'Vracha, Chayim, Chen, vaChesed, v'Rachamim

Grant peace, blessing and goodness; life, grace, kindness and compassion.

4. Oseh Shalom BiMromav

Music: Nava Tehila

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל, וְאִמְרוּ אָמֵן.

Oseh Shalom BiM'romav, Hu Ya'aseh Shalom Aleynu,
v'al Kol Yisrael, V'al kol Yoshvei Tevel, v'Imru Amen.

May there be universal peace, life for us, for all Israel, and all who dwell on earth. Amen.

5. Olam Chessed YiBaneh - Build This World of Love

Psalm 89:3; R' Menachem Creditor

Olam Chessed YiBaneh עוֹלָם חֶסֶד יִבָּנֶה׃
We Will Build this World of Love

6. Ufros Aleynu - Spread Over Us

Daily liturgy; R' Micha'el Shapiro

וּפְרוֹשׂ עָלֵינוּ סֻכַּת שְׁלוֹמֶךָ
Ufros Aleinu, Sukkat Sh'lomekha
כִּי עִמְּךָ מְקוֹר חַיִּים - בְּאוֹרְךָ נִרְאֶה אוֹר׃
Ki Im'kha Mekor Chayyim - b'Or'kha niReh Or.

Spread over us the wings of your peace
For with you is the Source of Life - In your light we see light.

7. Adonai Oz l'Amo yiTeyn

Psalm 29; Nava Tehilla

יְיָ עֹז לְעַמּוֹ יִתֵּן יְיָ יְבָרֵךְ אֶת עַמּוֹ בַּשָּׁלוֹם׃
Adonai Oz l'Amo yiTeyn. Adonai y'Vareykh et Amo (x2)
va-Shalom.
May God give strength to God's people; may God bless Her people with peace.

8. Prayer for Peace - Lo Yisa Goy / Ufros Aleinu

Hebrew from Isaiah 2:4, Micah 4:3 and evening liturgy

Ay - Oh - Oh - Ay

לֹא־יִשָּׂא גּוֹי אֶל־גּוֹי חֶרֶב; לֹא־יִלְמְדוּ עוֹד מִלְחָמָה׃
Lo Yisa Goy El Goy Kherev, Lo YiLmedu Od Milkhamah

Nation Shall Not Lift Up Sword Against Nation
Neither Shall They Study War Any More

Don't Walk In Front Of Me - I May Not Follow
Don't Walk Behind Me - I May Not Lead
Just Walk Beside Me and Be My Friend
Together We Will Walk in the Path of HaShem

וּפְרוֹשׂ עָלֵינוּ סֻכַּת, סֻכַּת שְׁלוֹמֶךָ׃
Ufros Aleynu Sukkat, Sukkat Sh'lomekha

Spread Over Us the Shelter of Your Peace

THIRTY-SEVEN

The Tao never does anything,
yet it leaves nothing undone.

If leaders can center themselves in it,
the world will transform on its own.
If restless desires still arise, you can
subdue them with nameless simplicity.
In nameless simplicity people
are free from desire.
This leads to tranquility.
The world will come to peace on its own.

from The Power of the Way (Tao Te Ching) trans. by John Sprague

Section 9 - Prayers for Peace

Prayers for Rosh HaShanah

1. Avinu Malkeinu - Compassionate Source

Avinu Malkeynu, Avinu Malkeynu,	אָבִינוּ מַלְכֵּנוּ! אָבִינוּ מַלְכֵּנוּ!
Avinu Malkeynu, Chonaynu va'Anaynu	אָבִינוּ מַלְכֵּנוּ! חָנֵּנוּ וַעֲנֵנוּ
ki Eyn Banu Ma'asim.	כִּי אֵין בָּנוּ מַעֲשִׂים.
Asay Imanu Tzedakah v'Chesed v'Hoshiaynu!	עֲשֵׂה עִמָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ:

Our Parent, Our Sovereign, Our Source
We come bearing guilt and remorse
Help heal the consequence
Of our incompetence
And where we have gotten off course

Please deal with us with grace
Do not conceal your face
Be gracious, forbearing
Compassionate, caring

Reunify all with the Source.

Imeinu Mkoreynu, Imeinu Mkoreynu,	אִמֵּינוּ מְקוֹרֵינוּ!
Imeinu Mkoreynu, Choniynu va'Aneenu	אִמֵּינוּ מְקוֹרֵינוּ! חָנִינוּ וַעֲנִינוּ,
ki Eyn Banu Ma'asim.	כִּי אֵין בָּנוּ מַעֲשִׂים
Assee Imanu Tzedakah v'Chessed v'Toshi-aynu!	עֲשִׂי עִמָּנוּ צְדָקָה וָחֶסֶד, וְתוֹשִׁיעֵנוּ:

2. Avinu Malkeinu - Translation by Reb Zalman

Source of Time and Space,
Avinu Malkeinu!
Draw down to us
The great renewal,
A stream from the Infinite,
Attuning us to
Your timely intent.

Let Wisdom flow
Into our awareness,
Awakening us to foresight,
Guiding us to help
Instead of harm.

Help us to set right
All that we have debased,
To heal what we
Have made ill,
To care for and restore
What we have injured.
Bless the Earth, our home;
Guide us in how
To care for her
So we might live

According to
Your promise:
Days of Heaven
Here on Earth.

Aid us in dissolving
Old enmities;
May we come to honor,
Even in those
Whom we fear,
Your image and form,
Your-Light-Dwelling
In their hearts.

May our star soon rise
On the day
When Your House
Will indeed be
A House of Prayer for All Peoples,

Named and celebrated
In every tongue;
On that day
You will be known
As One with all Cosmic Life.

3. Zochreynu l'Chayyim - Remember Us For Life!

Seasonal liturgy; p.10

Zochreynu l'Chayyim, זָכְרֵנוּ לְחַיִּים,
Melech Khafetz ba'Chayyim (x2) מֶלֶךְ חָפֵץ בַּחַיִּים!

v-Khotveynu b'Sefer haChayyim וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים,
l'Ma'ankha Elohim Chayyim (x2) לְמַעַנְךָ אֱ"לֹהִים חַיִּים!

Remember us for life, You who delight in all life,
Remember us for sweetness and life, You who delight in all life,

And remember us in the book of wellness and light,
Of healing, awakening, good fortune,
For Your sake, write us, in the Book of Life.

4. B'Sefer Chayim - In The Book of Life

Seasonal liturgy; Ari Priven

B'sefer ha'Chayim, Bracha v'Shalom,
u-Pharnassah Tovah, niZakher v'ni-Katev Lefanekha
Anakhnu v'khol Amkha Beit Yisrael, l'Chayim Tovim u-l'Shalom

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה נִזָּכֵר וְנִכָּתֵב לְפָנֶיךָ,
אֲנַחְנוּ וְכָל עַמְּךָ בֵּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם׃

In the Book of Life, Blessing, Peace and Right Livelihood
may we be remembered and inscribed
For good life and for peace - We and all Your people, the House of Israel.

5. Teshuva, Tefila, Tzedaka - תְּשׁוּבָה, תְּפִלָּה, צְדָקָה

Returning to Wholeness -- Prayer and Supplication -- Generous Giving

These Have the Power to Change Our Fate

Kiddush for Rosh HaShanah

On Sabbaths and Holidays we sanctify the day using the sacrament of grape juice or wine.

1. Kiddush for Rosh HaShanah Evening

On Friday night begin here:

וַיְהִי עֶרֶב וַיְהִי בֹקֶר יוֹם הַשִּׁשִׁי. וַיְכֻלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם וַיְכַל אֱ"לֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׂה: וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה. וַיְבָרֶךְ אֱ"לֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדֵּשׁ אֹתוֹ, כִּי בוֹ שָׁבַת מִכָּל מְלַאכְתּוֹ אֲשֶׁר בָּרָא אֱ"לֹהִים לַעֲשׂוֹת:

Va'yihee Erev va'y'hee Voker Yom ha'Sheeshee.
Va'yeKhulu ha-Shamayim v'ha'Aretz v'khol Tzva'am.
Va'yeKhal Elohim ba'Yom haSh'vee-ee M'lakhto asher asah.
Va'yiShbot ba'Yom haSh'vee-ee miKhol M'lakhto asher asah.
Va'yiVarekh Elohim et Yom haSh'vee-ee va-y'Kadesh oto.
Kee vo Shavat miKol Melakhto, asher Bara Elohim la'asot.

And it was evening and it was morning on the sixth day. The heavens and the earth and all their hosts were completed. And God finished by the seventh day the work that God had done, and rested on the seventh day from all that work. And God blessed the seventh day and made it holy, for on it God rested from all the tasks which God had created to do.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

Baruch Atah Adonai Eloheinu Melech ha-Olam, Borei P'ri haGafen.
Blessed are You, Source of all Creation, creator of the fruit of the vine.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל עָם וְרוֹמְמָנוּ מִכָּל לָשׁוֹן, וְקִדְּשָׁנוּ בְּמִצְוֹתָיו וַתִּתֶּן לָנוּ יְיָ אֱ"לֹהֵינוּ בְּאַהֲבָה אֶת (לשבת יוֹם הַשַּׁבָּת הַזֶּה וְאֶת) יוֹם הַזִּכָּרוֹן הַזֶּה, יוֹם (לשבת זִכְרוֹן) תְּרוּעָה (לשבת בְּאַהֲבָה) מִקְרָא קֹדֶשׁ, זֵכֶר לִיצִיאַת מִצְרָיִם:
כִּי בָנוּ בָחַרְתָּ, וְאוֹתָנוּ קִדַּשְׁתָּ מִכָּל הָעַמִּים וּדְבָרְךָ אֱמֶת וְקַיָּם לָעַד.
בָּרוּךְ אַתָּה יְיָ מֶלֶךְ עַל כָּל-הָאָרֶץ מְקַדֵּשׁ (לשבת הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַזִּכָּרוֹן.

Barukh atah Adonai, Eloheinu, melekh ha'olam,
asher Bachar Banu miKol Am v'Rom'manu miKol Lashon,
v'Kid'shanu b'Mitz'votav vaTiten lanu Adonai Eloheinu,
b'Ahavah et [*on Shabbat* **yom haShabbat ha'zeh v'et] Yom haZikaron ha'zeh**
Yom [zikh'ron] T'ru'ah [b'ahavah] miK'ra Kodesh, Zekher lYitzi'at Mitz'rayim:
ki Vanu Vachar'ta v'otanu Kidash'ta miKol ha'Amim uD'var'kha Emet v'Kayam la'Ad
Barukh atah Adonai,
Melekh al Kol ha'Aretz m'Kadesh [haShabat v'] Yisrael v'yom haZikaron.

Blessed are You, Eternal One, Guiding Power of the Universe, who has taken delight in us and who has exalted us by sanctifyng our lives with right actions, mitzvot.

With love you have given us this Day of Remembrance, a day for the shofar sounds, a day for holy gathering and for recalling our ancient liberation from bondage. You have taken delight in us and have hallowed us. Your word is true and endures forever.

Blessed are You, Eternal One, guiding all the earth, sanctifying the people Israel and this Day of Remembrance.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Barukh Ata Adonai, Eloheynu Melekh ha-Olam
She-Hekhiyanu, v'Kiyamanu, v'Higiyanu laZman haZeh!

Blessed are You, Life's Source, the Guide of the Universe, for giving us life, for giving us existence, and for enabling us to reach this season.

2. Blessing for Eating Apples Dipped in Honey

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הָעֵץ.

Baruch atah Adonai Eloheinu Melech ha-Olam, Borei P'ri ha-Eytz.

Blessed are You, Source of all Creation, creator of the fruit of the tree.

יְהִי רָצוֹן מִלְּפָנֶיךָ, יְיָ אֱ"לֹהֵינוּ וֵא"לֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
שֶׁתְּחַדֵּשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה.

Y'hi Ratzon milFanekha, Adonai Eloheynu v'Elohey Avoteynu v'Imoteynu,
she't'Khadesh Aleynu Shana Tova v'Metukah!

May it be Your will, Adonai, God of our Ancestors, that you renew us for a sweet New Year!

3. Kiddush for Rosh HaShanah Morning

תִּקְעוּ בַחֹדֶשׁ שׁוֹפָר; בַּכֵּסֶה, לְיוֹם חַגֵּנוּ.
כִּי חֹק לְיִשְׂרָאֵל הוּא; מִשְׁפָּט, לֵא"לֹהֵי יַעֲקֹב׃
Tik'u vaKhodesh Shofar; vaKhiseh l'Yom Khagenu
Ki Khok l'Yisrael hu, Mishpat l'Elohey Ya'akov

Blow the horn at the new moon, at the full moon for our feast-day
For it is a statute for Israel, an ordinance of the God of Jacob.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.
Baruch atah Adonai Eloheinu Melech ha-Olam, Borei P'ri haGafen.
Blessed are You, Source of all Creation, creator of the fruit of the vine.

Closing Intentions

1. Melech Rachaman - Sovereign of Mercy

Seasonal liturgy; R' Shlomo Carlebach

Melech Rachaman, Rachem Aleynu מֶלֶךְ רַחֲמָן, רַחֵם עָלֵינוּ׃

Source of Mercy, we open our hearts to You

Shuva Aleynu, b'Hamon Rakhamekha שׁוּבָה עָלֵינוּ בְּהַמוֹן רַחֲמֶיךָ׃

Return to us, in the greatness of Your mercy.

2. Takken Olam - Heal the World

Liturgy; Firestone, Antosofsky and Sands

Takken Olam, b'Malchut Shaddai תַּקֵּן עוֹלָם בְּמַלְכוּת שַׁדַּי

To heal the world, we must feel the world, Heal the world with the power of Shaddai.
Amen, Amen, Amen!

3. Or Zarua - Light Is Sown

Psalm 97:11

Or Zarua la'Tzaddik u'l-Yishray Leyv Simcha. אוֹר זָרֻעַ לַצַּדִּיק וּלְיִשְׁרֵי־לֵב שִׂמְחָה׃

A light is sown in each and every heart
In each and every heart a light is sown.

A light that knows no limits or bounds
Is flowing through our hearts at this time.

4. Or Zarua - More Light Is Sown

Psalm 97:11 and 36:9; R' Shir Yaakov Feit

Or Zarua, la'Tzaddik	אוֹר זָרֻעַ לַצַּדִּיק
u'l-Yishrei, u'l'Y-Yishrei Lev Simcha.	וּלְיִשְׁרֵי וּלְיִשְׁרֵי־לֵב שִׂמְחָה׃
Ki Imcha Mekor Chayyim (x3)	כִּי־עִמְּךָ, מְקוֹר חַיִּים;
B'Orkha niR'ey Or.	בְּאוֹרְךָ, נִרְאֶה־אוֹר.

For With You The Source of Life (x3)
In Your Light We See Light.

Light is sown for the righteous / And joy for the pure of heart.
For with You is the source of life / By Your light we see light.

5. Prayer of the Mothers

Yael Deckelbaum

רחישת רוח ים מנשבת מאי שם וכביסה מתנפנפת לצילי החומה

(Hebrew)

Rekhishat Ruach Yam menaShevet me-ey sham
uKh'visa mit-Nafnefet l'TZiley haKhoma
A whisper of ocean wind is blowing from far away
and the laundry is flapping to the shadow of the wall

بين الأرض والسما ناس كتير بيعيشوا سوى
ما تخافوا تحلموا بالسلام والأمان

(Arabic)

Bainil ard wisamam nashiktir baishu sawa
matchafu tahlemu bisalam wilaman
Between the sky and the land there are people who want to live in peace
Don't give up, keep dreaming of peace and prosperity

מתי ימסו חומות הפחד ושבתי מגלותי
יפתחו שעריי אל הטוב האמיתי

(Hebrew)

Matai yiMsu Chomot haPachad veShavti miGaluti
yiPatkhu She-arai el haTov haAmiti
When will the walls of fear melt, when will I return from exile
And my gates will open to what is truly good.

(Arabic - Hebrew)

يلا تنام **yalla tnam - od zricha /** עוד זריחה
يلا تنام **yalla tnam - boker ba /** בוקר בא
تندبحلك **tanetbhela (em sholachat /** אם שולחת)
طير الحمام **tairil hamam (bit'fila /** בתפילה)
روح يا حمام **ruhia hamam (et yalda /** ילדה את)
لا تصدّق **la tzadik (lebeit hasefer/** לבית הספר)
نضحك ع الطفل ت ينام **bihak aa tifil taimam (letzliley milchama /** לצלילי מלחמה)

Come on Sleep - another sunrise,
Come on Sleep - And morning is here
We will slaughter - a mother sends
a pigeon for you - along with a prayer.
Fly pigeon, don't believe - Her child

We will laugh with the child - to the sound
so that he may sleep - of war

עוד ימסו חומות הפחד ושבתי מגלותי
יפתחו שעריי אל הטוב האמיתי אל הטוב האמיתי

(Hebrew)
Od yiMsu Chomot haPachad veShavti miGaluti
yiPatkhu She-arai el haTov haAmiti
The walls of fear will some day melt, And I will return from exile
My gates shall open, To what is truly good.

From the north to the south from the west to the east
Hear the prayer of the mothers
Bring them peace, bring them peace.

(English - Arabic)
From the north - mnishamaal من الشمال
to the south - lal janub للجنوب
From the west - min el raarb من الغرب
to the east- saub ishar صوب الشرق

Hear the prayer of the mothers - ismaussulat el ummahat
Bring them peace, bring them peace - asalaam asalaam

אור עולה מן המזרח מול תפילת האמהות לשלום

(Hebrew)
Or Oleh min haMizrakh, mul T'filat ha'Imahot leShalom
Light is rising from the east to the prayer of the mothers - for peace.

6. A Very Narrow Bridge

Reb Nachman of Breslov

כָּל הָעוֹלָם כֻּלּוֹ גֶּשֶׁר צַר מְאֹד וְהָעִקָּר לֹא לְפַחֵד כְּלָל:

Kol ha'Olam kulo,
Gesher Tsar me'od (x3)
Veha'Ikar, veha'Ikar, Lo leFached,
Lo leFached Klal.
Veha'Ikar, veha'Ikar, Lo leFached Klal.

The whole wide world together
Is a very narrow bridge, a very narrow bridge, a very narrow bridge
And the main thing to recall
Is to have no fear, no fear all

Kaddish and Closing Prayers

1. Mourners' Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ,
וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב,
וְאִמְרוּ **אָמֵן**.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְּקֻדְשָׁא - **בְּרִיךְ הוּא**,
לְעֵלָּא וּלְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ
אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ **אָמֵן**.
עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֵל, וְאִמְרוּ **אָמֵן**.

Yit-Gadal v' yit-Kadash Sh'mey Rabbah, b'Almah di V'rah khiR'utey v' yaMlikh Mal-khutey, b'Chai-yeykhon, uv'Yo-mekhon,
uv'Chayei d'chol Beit Yisrael, ba'Agalah u'viZ'man Kariv, v'imru: Ameyn.

Y'hey sh'mey rabbah m'varakh l'olam u'l'almey almah-yah

Yit'Barakh, v'Yish'tabakh, v' yit-Pa'ar, v' yit-Ro-mam,
v'yit'Nasey, v'yit'Hadar, v'yit'Aleh, v'yit'Halal
Sh'mey d'Kudsha - B'rikh Hu!

l'Eylah u'l'Eylah min kol Birkhata v'Shirata,
Tush'b'khatah v'Nekhemata, da'Amiran b'Al'mah, v'imru: Ameyn

Y'hey Shlama Rabba min Sh'maya, v'Chayim Aleynu v'al kol Yisrael,
v'imru: Ameyn
Oseh Shalom biM'ro'mav, hu ya'Aaseh Shalom
Aleynu v'al kol Yisrael, v'al kol Yosh-vey Teyveyl, v'imru: Ameyn

*May God's essence be revealed as great and holy, throughout the universes that were created by Divine desire (**Amen**). May the realm of the sacred be completed in our lifetime (**Amen**). May the Holy Name **be blessed** as long as worlds endure, hailed, praised and exalted, though beyond any song or praise or description we could utter.*
*May there be universal peace, life for us, for all Israel, and all who dwell on earth. **Amen.***

2. Aleinu - We Must Acknowledge

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל, לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלּוֹ עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלוֹ שָׂמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה,
שֶׁלֹּא שָׂם חֶלְקֵנוּ עִמָּהֶם, וְגוֹרָלֵנוּ כְּכָל הֲמוֹנָם

Aleynu l'Shabeyakh la-Adon haKol, la-Teyt Gedulah l'Yotzer B'reysheet
She'lo asanu k'Goy-ei ha-Aratzot,
v'lo samanu k'Mish-p'chot ha-Adamah.
Shelo sam Khel'keynu ima-hem, v'Goraleynu k'khol hamon-nam.

We rise to praise You Source of All, Your generous work as Creator of All,
You made us one with all of Life, You helped us to share with all human kind.
You linked our fate with all that lives and made our portion with all the world.

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא

Va-anakh'nu Korim, *(and we bend)* **u-miSh'takh-avim u-Modim,** *(and bow down)*
liFney Melech, Malchei haM'lakhim, ha-Kadosh, Barukh Hu.

So we bend our knee and bow to the Holy Power.

For God stretches out the heavens and roots and grounds the earth, and the seat of God's splendor is in the multiverse, and God's dwelling-place of might is in the highest of the high.
God is our God: there is none other.
Our sovereign is true: there is nothing besides.
As it is written in God's Torah:
> *'And you shall know today, and seat it in your hearts*
> *That the Un-nameable is God:*
> *In heaven above and earth below,*
> *There is none other.'*

Al-ken: Therefore

And for this reason we hope in you, Un-nameable Divine, to see very soon the radiance of your power: to sweep away desecrations from the earth, and all false consciousness to be utterly removed: to mend the world through the sovereignty of nurture, and all mortal beings to call upon your name: when you turn towards you all the wicked of the earth.

They shall perceive and understand, all the dwellers on earth:
Feeling an innate fealty, expressing an innate trust. Before you, O God, shall they kneel and fall, and to the honor of your name shall they add splendor, and all shall receive the yoke of your sovereignty, and you shall be their Guiding Power; as it is written in your Torah: 'God shall reign

forever and ever.'
Our God and the God of our ancestors: reign over the whole world in your glory, and be exalted over all the earth in your splendor, and illuminate in the radiance of the greatness of your power all the dwellers on earth, your world.

And each deed shall know that you are its doer, and each creation shall know that you are its creator, and everything that has breath in its nostrils shall say:
'The Un-nameable One-ness is in control,
Its sovereignty extends to every single thing.'

יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.
וְנֶאֱמַר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ
בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

Adonai yiM'lokh l'Olam va-Ed
V'ne-emar: v'hayah Adonai v'Melekh al kol ha-Aretz,
Ba-Yom ha hu, y'hiyeh Adonai Echad, u'Shmo Echad.

The Eternal will reign forever and ever!
It is said: The Source of All will reign over the Earth
and on that day God will be One and God's name will be One.

3. And Then (Aleinu)

Judy Chicago

And then all that has divided us will merge

and then compassion will be wedded to power
and then softness will come to a world that is harsh and unkind

and then both men and women will be gentle
and then both men and women will be strong

and then no person will be subject to another's will
and then all will be rich and free and varied

and then the greed of some will give way to the needs of the many
and then all will share equally in the world's abundance
and then all will care for the sick and the weak and the old
and then all will nourish the young

and then all will cherish life's creatures
and then all will live in harmony with each other and the Earth

and then everywhere will be called Eden once again.

4. Ein k'Eloheinu: God is Incomparable

אֵין כֵּאלֹהֵינוּ אֵין כַּאדוֹנֵנוּ אֵין כְּמַלְכֵּנוּ אֵין כְּמוֹשִׁיעֵנוּ׃

Ein k'E-lo-hei-nu, Ein k'A-do-nei-nu
Ein k'Mal-kei-nu Ein k'Mo-shi-ei-nu

מִי כֵאלֹהֵינוּ מִי כַאדוֹנֵנוּ מִי כְמַלְכֵּנוּ מִי כְמוֹשִׁיעֵנוּ

Mi k'E-lo-hei-nu? Mi k'A-do-nei-nu?
Mi k'Mal-kei-nu? Mi k'Mo-shi-ei-nu?

נוֹדֶה לֵאלֹהֵינוּ נוֹדֶה לַאדוֹנֵנוּ נוֹדֶה לְמַלְכֵּנוּ נוֹדֶה לְמוֹשִׁיעֵנוּ

Nodeh l'E-lo-hei-nu, Nodeh l'A-do-nei-nu
Nodeh l'Mal-kei-nu, Nodeh l'Mo-shi-ei-nu

בָּרוּךְ אֱלֹהֵינוּ בָּרוּךְ אֲדוֹנֵנוּ בָּרוּךְ מַלְכֵּנוּ בָּרוּךְ מוֹשִׁיעֵנוּ

Baruch E-lo-hei-nu, Baruch A-do-nei-nu
Baruch Mal-kei-nu, Baruch Mo-shi-ei-nu

אַתָּה הוּא אֱלֹהֵינוּ אַתָּה הוּא אֲדוֹנֵנוּ אַתָּה הוּא מַלְכֵּנוּ אַתָּה הוּא מוֹשִׁיעֵנוּ

Attah hu E-lo-hei-nu, Attah hu A-do-nei-nu
Attah hu Mal-kei-nu, Attah hu Mo-shi-ei-nu

אַתָּה הוּא שֶׁהִקְטִירוּ אֲבוֹתֵינוּ לְפָנֶיךָ אֶת קְטֹרֶת הַסַּמִּים׃

A-tah hu she-hiKti-ru Avo-tei-nu
l'Fa-nei-cha et Kto-ret v'Shirim Rabbim.

There is no comparison to our Divine Source. Who is like our God...Ruler..Savior? Let us thank our God...Ruler...Savior. Blessed is our God...Ruler...Savior. You are our God..Ruler..Savior. You are the One before whom our ancestors offered spices and song.

5. Adon Olam: Master of the Multiverse

אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ, בְּטֶרֶם כָּל יְצִיר נִבְרָא.
לְעֵת נַעֲשָׂה בְחֶפְצוֹ כֹּל, אֲזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

Adon Olam, asher Malakh, b'Terem Kol y'Tzir nivra.
L'et na'Asah v'Kheftzo Kol, Azai Melekh Sh'mo nikra.
The Lord of the Universe who reigned before anything was created. When all was made by God's will was acknowledged as Sovereign.

וְאַחֲרֵי כִּכְלוֹת הַכֹּל, לְבַדּוֹ יִמְלוֹךְ נוֹרָא.
וְהוּא הָיָה, וְהוּא הֹוֶה, וְהוּא יִהְיֶה, בְּתִפְאָרָה.

V'Akharey kiKhlot haKol,l'vado yiMlokh Mora.
V'hu Haya, v'hu Hoveh, v'hu yih'yeh b'Tifara.
And when all shall end God still all alone shall reign.
God was, God is, and God shall be in glory.

וְהוּא אֶחָד וְאֵין שֵׁנִי, לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.
בְּלִי רֵאשִׁית בְּלִי תַכְלִית, וְלוֹ הָעֹז וְהַמִּשְׂרָה.

V'hu Ekhad, v'eyn Sheni l'Hamshil lo, l'Hakhbira.
B'li Reishit, b'li Tachlit, v'lo ha'Oz v'haMisrah.
God is one, and there's no other, to compare or join God.
Without beginning, without end and to God belongs dominion and power.

וְהוּא אֵלִי וְחַי גֹּאֲלִי, וְצוּר חֶבְלִי בְּעֵת צָרָה.
וְהוּא נִסִּי וּמָנוֹס לִי, מְנָת כּוֹסִי בְּיוֹם אֶקְרָא.

V'hu Eli, v'Chai Go'ali, v'Tzur Khevli b'Et Tzarah.
V'hu Nisi uManos li, m'nat kosi b'yom ekra.
And She is my God, my living God. to Her I flee in time of grief,
and She is my miracle and my refuge, who answers the day I shall call.

בְּיָדוֹ אַפְקִיד רוּחִי, בְּעֵת אִישַׁן וְאָעִירָה.
וְעִם רוּחִי גְּוִיָּתִי, יְיָ לִי וְלֹא אִירָא.

B'Yado Afkid Rukhi b'et ishan v'a'irah.
V'im Rukhi g'viyati, Adonai li v'lo ira.
To God I commit my spirit, in the time of sleep and awakening,
even if my spirit leaves, God is with me, I shall not fear.

THIRTY-TWO

The way is forever nameless,
  it is unbroken simplicity,
  seemingly insignificant,
  yet no one can rule it.
If leaders kept to the way, then all beings
  would turn to them naturally.
Heaven and earth would unite
  to rain sweet dew
  falling equally on all people
  who would cooperate freely without
  coercive rules.

As soon as you carve it up,
  you make rules and labels.
As soon as you have labels,
  you know it is time to stop.
Knowing when to stop, you avoid danger.

The relationship of this world to the Tao
  is like a stream flowing into
    the river and the sea.

from The Power of the Way (Tao Te Ching) trans. by John Sprague

Section 13 - Kaddish and Closing

Morning Service Liturgy

Opening Intentions

**These opening prayers give us the opportunity to arrive, physically and spiritually.
Giving thanks and atuning to the physical plane, we orient our intention - *kavana* - for this day.**

1. Achat Sha'alti - One Thing I Ask

Psalm 27:4; Paul Schoenfield

Achat Sha'alti me'Et Adonai,	אַחַת שָׁאַלְתִּי מֵאֵת הוי"ה,
Otah aVakesh	אוֹתָהּ אֲבַקֵּשׁ
(x2)	
Shivti b'Veyt Havayah Kol Ymey Chayyai	שִׁבְתִּי בְּבֵית־ הוי"ה, כָּל־יְמֵי חַיַּי
LaChazot b'Noam, b'Noam Adonai	לַחֲזוֹת בְּנֹעַם, בְּנֹעַם־ הוי"ה
u'l'Vaker b'Heychalo	וּלְבַקֵּר בְּהֵיכָלוֹ׃

One thing I ask of You
One thing I want from You
This is my prayer to You
(x2)
Just let me be
With You so I see
Your beauty in all things

Just let me visit You
See You and be with You
Open my heart, let me sing

Just let me live in You
Be with and given to
You, HaVaYaH, King of Kings.

2. Pitchu Li - Open the Gates

Psalm 118; R' Shlomo Carlebach

פִּתְחוּ לִי שַׁעֲרֵי-צֶדֶק - אבאֹ-בָם אוֹדֶה יָ"הּ

Pit-khu Li Sha'arei Tzedek - Avo Vam Odeh Yah

זֶה-הַשַּׁעַר לַה" - צַדִּיקִים יבֹאוּ בוֹ׃

Zeh haSha-ar Lˆ Adonai - Tzadeek-im Yavo-u Vo.

Open to me
Gates straight to Thee
Open to me and
to Thee, I will flee

This is the doorway to that which is
More - that all those

who do come in integrity pass
This is the doorway to that which is
More - that which is, that which was
and forever shall
Be

3. Pitchu Li - Open for Me!

Psalm 118:19-20; R' Shefa Gold

פִּתְחוּ לִי שַׁעֲרֵי-צֶדֶק! אָבֹא-בָם אוֹדֶה יָ"הּ!

Pitchu Li Sha'arei Tzedek! (x2) Avo vam Odeh Yah! (x4)

Open to me, gates of righteousness! I will enter them, giving thanks to Jah!

Awaken us to our righteousness!
Awaken us to our holiness!

Full of fire, full of light
We are walking through the night

Some are early, some are late
We are gathering at the gate.

זֶה-הַשַּׁעַר לַה"! צַדִּיקִים יָבֹאוּ בוֹ!

Zeh ha-Sha'ar l'Adonai (x2) Tzadikim yaVo-u Vo (x4)

This moment is the gateway to G!d. Enter it in balance.

4. For the Sake of Unification

Music and lyrics R' Shir Yaakov Feit

For the sake of unification
I dedicate my light to the nations
To consecrate your creation
To commemorate our liberation

Why did you take me from my Father's home?
Why did you forsake our Mother alone?
Keep me awake as the seeds are sown
And the great redemption's grown

As I wait I will sing
I will make shelter from your wing
Please do not be late
Don't delay the spring
We'll celebrate the Queen and King

Blessings Upon Waking

1. Modah Ani - I Am Grateful

Morning liturgy; Rav Kohenet Taya Shere

Modah (men say **Modeh**) **Ani leFanecha** מוֹדָה (מוֹדֶה) אֲנִי לְפָנֶיךָ
Ruach Chai v'Kayam רוּחַ חַי וְקַיָּם

I am grateful, O I am grateful, In the face of the One, in the face of the One

2. Elohai Neshama - My Soul Is Pure

Morning liturgy; R' Shefa Gold

אֱ"לֹהַי, נְשָׁמָה שֶׁנָּתַתָּ בִּי טְהוֹרָה הִיא.
Elohai Neshama she'Na-ta-ta Bee, T'hora hee.

My God, the Soul you have given me, She is pure.

3. Mah Tovu - So Good to Be Here

Morning liturgy, from Numbers 24

מַה טֹּבוּ אׇהָלֶיךָ יַעֲקֹב; מִשְׁכְּנֹתֶיךָ, יִשְׂרָאֵל׃
Mah Tovu Oha-lekha, Ya'akov - Mishk'notekha Yisra-el

מַה טֹּבוּ אׇהָלַיִךְ שָׂרָה; מִשְׁכְּנֹתַיִךְ, מִרְיָם׃
Mah Tovu Oha-leyikh, Sarah - Mishk'notayikh, Miriam

How goodly are your tents, O Jacob, your dwelling places, Israel
How goodly are your tents, O Sarah, your dwelling places, Miriam

4. Hiney Mah Tov

Psalm 133:1

הִנֵּה מַה־טּוֹב וּמַה־נָּעִים שֶׁבֶת אַחִים גַּם־יָחַד
Hineh Mah Tov uMah Na-im, Shevet Achim Gam Yachad!
Oh how good and lovely it is for friends to sit together as one!

5. Hareini meKabel Alai

Daily liturgy; Lev 19:18

הֲרֵינִי מְקַבֵּל עָלַי אֶת מִצְוַת הַבּוֹרֵא וְאָהַבְתָּ לְרֵעֲךָ כָּמוֹךָ לְרֵעֲךָ כָּמוֹךָ
Hareini meKabel alai et Mitzvat ha'Borey
v'Ahavta le'Reyecha Kamocha, reyecha Kamocha

I hereby accept upon myself the Creator's injunction: To love your fellow as yourself.

We wrap ourselves in a tallit like a robe of light. Its four corners are the outer reaches of the known and its fringes are the subtle teasing of the unknown.

6. Blessing upon Wrapping Oneself in a Tallit - Prayer Shawl

בָּרוּכָה אַתְּ יְיָ הו"ה, אֱ"לֹהֵינוּ רוּחַ הָעוֹלָם, אֲשֶׁר קִדְּשָׁתְנוּ בְּמִצְוֹתֶיהָ,
וְצִוָּתְנוּ לְהִתְעַטֵּף בַּצִּיצִית.

Brukha At Yah Havaya, Eloteynu Ruakh ha-Olam,
asher Kid'shatnu b'Mitzvoteha, v'Tzivatnu l'hi-Ta-teyf ba'Tzi-tzit.

Holy One of Blessing, Your Presence fills Creation.
You make our lives holy with the mitzvah of wrapping ourselves in Tzitzit.

Psalms of Praise - Psukei d'Zimra

This section of the service uses poetry, music, psalms and images to awaken us emotionally and atune us to the collective chorus of being.
We sing praises to our creator in concert with all creation.

1. Baruch Sh'Amar - Blessed Is the One

Morning liturgy; R' Shefa Gold

בָּרוּךְ הוּא! בָּרוּךְ שְׁמוֹ! בָּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם!

Baruch Hu, Baruch Sh'mo! Baruch sh'Amar v'Haya ha'Olam!

Blessed is the One who spoke the world into being
Blessed is G!d! Blessed is G!d's Name!

2. The Whole Earth Belongs to God

Psalm 24, R' Shefa Gold

לַה", הָאָרֶץ וּמְלוֹאָהּ; תֵּבֵל, וְיֹשְׁבֵי בָהּ.

l'Adonai ha'Aretz, u'Melo'ah Tevel v'Yoshvei Vah
For the Earth is God's, and all its fullness, and all who dwell on it.

3. Ashrei - The Joy of Presence

Psalms 84 and 145

Ashrei (Ashrei),	אַשְׁרֵי (אַשְׁרֵי)
Yoshvey (Yoshvey)	יוֹשְׁבֵי (יוֹשְׁבֵי)
Veytecha	בֵּיתֶךָ
Od Yehalelukha, Od Yehalelukha:	עוֹד יְהַלְלוּךָ - עוֹד יְהַלְלוּךָ:

Joyful are those who dwell in Your house
They are forever praising You

Ashrei Yoshvei Veytecha: od yeHallelucha - Selah!
Poteyach et Yadecha u'Massbia l'chol Chai Ratzon

You open your hand and satisfy the needs of every living thing.

4. Hallelu-Yah - Give Praises!

Psalm 148:1-6; Nava Tehila; Trans. Rav Bracha

Hallelu-Yah! הַלְלוּיָהּ׃

הַלְלוּ אֶת־ יְיָ מִן־הַשָּׁמַיִם הַלְלוּהוּ בַּמְּרוֹמִים׃
הַלְלוּהוּ כָּל־מַלְאָכָיו הַלְלוּהוּ כָּל־צְבָאָו׃
הַלְלוּהוּ שֶׁמֶשׁ וְיָרֵחַ הַלְלוּהוּ כָּל־כּוֹכְבֵי אוֹר׃
הַלְלוּהוּ שְׁמֵי הַשָּׁמָיִם וְהַמַּיִם אֲשֶׁר מֵעַל הַשָּׁמָיִם׃

Hallelu et Adonai min ha-Shamayim! Halleluhu baM'romim!
Halleluhu kol Malachav! Halleluhu kol Tz'va-av!
Halleluhu Shemesh v'Yarei-ach! Halleluhu kol Koch'vei Or!
Halleluhu Sh'mei ha-Shamayim, v'ha-Mayim asher mei-al ha-Shamayim!

Chorus:

יְהַלְלוּ, אֶת-שֵׁם יְיָ: כִּי הוּא צִוָּה וְנִבְרָאוּ.
וַיַּעֲמִידֵם לָעַד לְעוֹלָם; חָק-נָתַן, וְלֹא יַעֲבוֹר.

y'Hallelu et Shem Adonai, ki hu Tzivah v'Niv-ra-u
va'ya-Amidem la-Ad, l'Olam, Khok Natan v'lo ya-Avor.

הַלְלוּיָהּ׃ **Halleluyah!**

Give praise to the One from the heavens
Give praises from the highest heights
Give praises, messengers of source
Give praises, you agents of the force

Give praises to God, sun and moon
Give praise all you many stars of light
Give praise from the depths of outer space
And all that's flowing... from beyond time and place

Chorus:
Let them praise the Name of the One
For that One has allowed them to become
And established in this timeless form
The cosmic law that can never be undone

הַלְלוּיָהּ׃ **Halleluyah!**

Verse:
Give praises to God from the earth-plane
Great whales, and creatures of the deep
Give praises to God, fire and snow
Rain and hail and the great winds that blow

Give praises, you mountains and hills
You fruit trees, cedar, pine and spruce
Wild beasts and cattle alike
Tiny insects... and birds of soaring flight

Governments and heads of state
All you presidents and keepers of the peace
Men and women together as one
Praise God... the old together with the young
Praise God... the old together with the young

Chorus

5. The Entire Symphony Praises God - Psalm 150

הַלְלוּ-יָהּ
הַלְלוּ-אֵ"ל בְּקָדְשׁוֹ; הַלְלוּהוּ, בִּרְקִיעַ עֻזּוֹ.
הַלְלוּהוּ בִּגְבוּרֹתָיו; הַלְלוּהוּ, כְּרֹב גֻּדְלוֹ.
הַלְלוּהוּ, בְּתֵקַע שׁוֹפָר; הַלְלוּהוּ, בְּנֵבֶל וְכִנּוֹר.
הַלְלוּהוּ, בְּתֹף וּמָחוֹל; הַלְלוּהוּ, בְּמִנִּים וְעֻגָב
הַלְלוּהוּ בְּצִלְצְלֵי-שָׁמַע; הַלְלוּהוּ, בְּצִלְצְלֵי תְרוּעָה.
כֹּל הַנְּשָׁמָה, תְּהַלֵּל יָ"הּ: הַלְלוּ-יָ"הּ.

Halleluyah!
Kol haN'shamah, t'haleyl Yah, Halleluhu, Halleluyah!

Hal'lu El b'Kodsho; Hal'luhu, biRkee-a Oo-zo.
Hal'luhu, beeG-voo-rotav; hal'luhu, k'Rov Gudlo.
Hal'luhu, b'Teyka Shofar; hal'luhu, b'Nevel v'Khinor.
Hal'luhu, b'Tof uMakhol; hal'luhu, b'Mee-neem v'Ugav.
Hal'luhu, b'Tzil-tz'ley Shama; hal'luhu, b'Tzil-tz'ley T'ru-ah.
Kol haN'shamah, t'haleyl Yah, Halleluhu, Halleluyah.
Kol haN'shamah, t'haleyl Yah, Halleluhu, Halleluyah.

Halleluyah!
Let Everything that has breath praise God!

Praise Yah in God's holiness; Praise Yah in God's firm strength.
Praise Yah for mighty acts; Praise Yah for greatness.

Praise Yah with tekiya of the shofar; Praise Yah with strings and guitars.
Praise Yah with drumming and dancing; Praise Yah with reeds and pipes.
Praise Yah with resounding cymbals; Praise Yah with percussion and bells.

Let all that breathes praise the Eternal.
Let everything that has breath praise God! Halleluyah!

6. Nishmat Kol Chai - All Breath Praises You

Morning liturgy

נִשְׁמַת כָּל חַי, תְּבָרֵךְ אֶת שִׁמְךָ יְיָ אֱ"לֹהֵינוּ.
Nishmat kol Chai t'Vareich et Shimcha, Yah Eloheinu,

The Soul of every living creature breathes out its praise to you, Oh God!

7. HaMelech - The Majestic One

Shabbat and holiday morning liturgy

הַמֶּלֶךְ יוֹשֵׁב עַל כִּסֵּא רָם וְנִשָּׂא׃

שׁוֹכֵן עַד, מָרוֹם וְקָדוֹשׁ שְׁמוֹ׃ וְכָתוּב, רַנְּנוּ צַדִּיקִים בַּיְיָ, לַיְשָׁרִים נָאוָה תְהִלָּה.
בְּפִי יְשָׁרִים תִּתְרוֹמָם. וּבְדִבְרֵי צַדִּיקִים תִּתְבָּרַךְ.
וּבִלְשׁוֹן חֲסִידִים תִּתְקַדָּשׁ. וּבְקֶרֶב קְדוֹשִׁים תִּתְהַלָּל׃

וּבְמַקְהֲלוֹת רִבְבוֹת עַמְּךָ בֵּית יִשְׂרָאֵל, בְּרִנָּה יִתְפָּאַר שִׁמְךָ מַלְכֵּנוּ; בְּכָל דּוֹר וָדוֹר, שֶׁכֵּן
חוֹבַת כָּל הַיְצוּרִים, לְפָנֶיךָ יְיָ אֱ"לֹהֵינוּ, וֵא"לֹהֵי אֲבוֹתֵינוּ,
לְהוֹדוֹת לְהַלֵּל לְשַׁבֵּחַ לְפָאֵר לְרוֹמֵם לְהַדֵּר לְבָרֵךְ לְעַלֵּה וּלְקַלֵּס,
עַל כָּל דִּבְרֵי שִׁירוֹת וְתִשְׁבָּחוֹת דָּוִד בֶּן יִשַׁי עַבְדְּךָ מְשִׁיחֶךָ׃

יִשְׁתַּבַּח שִׁמְךָ לָעַד מַלְכֵּנוּ, הָאֵ"ל הַמֶּלֶךְ הַגָּדוֹל וְהַקָּדוֹשׁ בַּשָּׁמַיִם וּבָאָרֶץ. כִּי לְךָ נָאֶה, יְיָ
אֱ"לֹהֵינוּ וֵא"לֹהֵי אֲבוֹתֵינוּ׃ שִׁיר וּשְׁבָחָה, הַלֵּל וְזִמְרָה, עֹז וּמֶמְשָׁלָה, נֶצַח, גְּדֻלָּה וּגְבוּרָה,
תְּהִלָּה וְתִפְאֶרֶת, קְדֻשָּׁה וּמַלְכוּת. בְּרָכוֹת וְהוֹדָאוֹת מֵעַתָּה וְעַד עוֹלָם.
בָּרוּךְ אַתָּה יְיָ, אֵ"ל מֶלֶךְ גָּדוֹל בַּתִּשְׁבָּחוֹת, אֵ"ל הַהוֹדָאוֹת, אֲדוֹן הַנִּפְלָאוֹת, הַבּוֹחֵר
בְּשִׁירֵי זִמְרָה, מֶלֶךְ, אֵ"ל, חֵי הָעוֹלָמִים.

The Majestic One sits on the most high and exalted throne.
This majesty is ever present, lofty, and sacred.
So it has been written: "The righteous enjoy the Eternal Presence, upright persons offer praise."

God is exalted by the speech of the upright, blessed by the words of the just, sanctified by the tongue of the caring, and extolled by the nearness of saintly people. The Eternal's presence is celebrated with joyful song in the assemblies of the people, the house of Yisrael, for generations.
It is the duty of all those in Your Presence to thank, extol, honor, bless, elevate and acclaim You, to go beyond the lyrics and songs of David.

Praised be Your Presence forever. You are the majesty of the universe and the holiness in time and space.
It is pleasing to sing and praise, celebrate and proclaim Your strength, grandeur and steadfastness.

Barukh Ata Adonai El Melekh Gadol baTishbakhot,
El haHoda-ot, Adon haNifla-ot, haBokher b'Shirei Zimrah,
Melekh El Chei haOlamim.
Blessed is the Ancient Presence, the life of the universe,
the majesty of nature, worthy of celebration, revealing wonders, and delighting in joyful song. Blessed is the Majesty, life of all worlds.

The Call to Prayer

We feel our collective presence holding space for the Divine in our midst, and begin to move towards the heart of our liturgy: the recitation of the Shema, followed by our own personal devotions and petitions, followed by the sounding of the Shofar.

1. Chatzi Kaddish - The Preparation for Prayer

Let us be here now as one
Singing to the Blessed Holy One
Let us be at perfect time and place
To receive this sustenance and grace
To receive this sustenance and grace
At this turning of the year

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. אָמֵן׃ בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ, וְיַמְלִיךְ מַלְכוּתֵהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל וּבְחַיֵּי דְכָל יוֹשְׁבֵי תֵבֵל,
בַּעֲגָלָא וּבִזְמַן קָרִיב- וְאִמְרוּ אָמֵן׃
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא׃

Leader:
Yit-Gadal v' yit-Kadash Sh'mey Rabbah *Congregation:* **Amen!**
Leader:
b'Almah di V'rah khirR'utey v' yaMlikh Mal-khutey! *Congregation:* **Amen!**
May God's Great Name be blessed (amen) in this world of divine creation (amen)!

Leader:
b'Chai-yeykhon, uv'Yom-ekhon,uv'Chayei d'chol Beit Yisrael
uv'Chayey d'chol Yoshvey Teyvel, ba'Agalah u'viZ'man Kariv,
v'imru:
In your lifetimes, in your days, in the days of all our people,
all the Earth's people - very soon, imminently, now - and let us say:

Congregation:
Amen! Y'hey Sh'mey Rabbah m'Varakh l'Olam u'l'Almey Almah-yah!
Amen! May the Great Name be blessed forever and ever and ever!

2. Barchu - The Call to Prayer

Leader: **Barchu et Yah HaMevorakh!** בָּרְכוּ אֶת יָ"הּ הַמְּבֹרָךְ
Congregation: **Barukh Havayah HaMevorakh le'Olam va-Ed!**
בָּרוּךְ הוָ"הּ הַמְּבֹרָךְ לְעוֹלָם וָעֶד׃

leader: *Congregation responds:*
Bless the One Blessed Power! - Yes, Blessed is God Forever and Ever

3. Barchu, Dear One

Daily liturgy; Lev Friedman

(Call and Response)

Barchu (barchu), Dear One (dear one),
Shekhinah (shekhinah), Holy Name (holy name)
When we call on the light of our souls, we come home (x2)

4. As We Bless

Faith Rogow

As we bless the source of Life, so we are blessed.
And our blessings give us strength,
And make our visions clear.
And our blessings give us peace,
And the courage to dare.
As we bless the source of Life, so we are blessed.

5. The Deep is Calling / Barchu

Psalm 42; R' Kohenet Taya Shere

Tehom el Tehom Koreh
תְּהוֹם אֶל־תְּהוֹם קוֹרֵא
From the Deep I Call to You

בָּרְכוּ שֶׁכִינָה, יָ"הּ, הוּיָ"הּ
Barchu Sh'chinah, Yah, Havayah (x2)
Bless the Presence, Jah, the Un-Nameable Name!

בָּרוּכָה לְעוֹלָם וָעֶד׃
Bruchah l'Olam va'Ed
Blessed be She, Eternally and Always

Praise, Light, and Angels

Invoking the celestial song of those who are constantly aware of the presence of the divine, we summon the invisible forces of goodness to join and assist our prayers.

1. Yotzer Or - Reaching to the Realm of Light

Morning liturgy

בָּרוּךְ אַתָּה יְיָ, אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם,
יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ, עֹשֶׂה שָׁלוֹם וּבוֹרֵא אֶת הַכֹּל.

Barukh Ata Adonai, Eloheynu Melekh Ha-Olam
Yotzer or u-Vorey Khoshekh, Oseh Shalom u-Vorey et ha'Kol.

Holy One of Blessing, Your Presence fills Creation,
You form Light and You create Darkness, You make Peace and You create the Whole.

And still, after all this time,
The sun never says to the earth,
"You owe Me."
Look what happens with
A love like that;
It lights up the Whole Sky."

Kabir (1398-1440, India)

In this world of *briyah*, the realm of concepts and ideas, we meditate not only on light and on love, but on the vast array of higher attributes ascribed to the Holy One of Blessing. These are often evoked using the form of alphabetic acrostics, representing the range and totality of God's nature.

2. El Adon

Shabbat and Holy Days morning liturgy; R' Shir Yaakov Feit
Translation by Reb Zalman Schachter-Shalomi z''l

א El Adon al Kol haMa'asim
ב Baruch um'Vorach beFi kol Neshamah.
ג Gad'lo veTuvo Lifnei Olam.
ד Da'at uT'vunah Sovevim Hodo.
ה Ha'mitGa'eh al Chayot haKodesh
ו VeNehedar beChavod al haMerkavah:
ז Z'chut uMishor Lifnei Kis'o.
ח Chesed veRachamim Malleh K'vodo
ט Tovim me'Orot sh'Bara Eloheinu.
י Yetzaram biDa'at b'Vinah uveHas'kel.
כ Ko'ach uG'vurah Natan ba'hem.
ל Lihyot Moshlim beKerev Tevel:
מ Mele'im Ziv uM'fikim Nogah,
נ Na'eh Zivam beChol ha'Olam.
ס S'mechim beTzetam veSassim beVo'am.
ע Ossim be'Eimah Ratzon Konam:
פ Pe'er veChavod Not'nim liSh'mo.
צ Tzahalah veRinah leZecher Malchuto.
ק Kara laShemesh vaYiz'rach Or.
ר Ra'ah ve'hiTkin Tzurat haL'vanah.
ש Shevach Not'nim Loh kol Tz'va Marom.
ת Tif'eret uG'dulah, Serafim ve'Ofanim veChayot haKodesh.

A gentle Lord of all that is
Blessed and loved by each soul alive.
Great and good You fill all space.
Delight there is in knowing You.
How You transcend all holy life
Which bears You high above any throne

Zekhut and equity radiate from You
Hesed and compassion the worlds reflect.
The stars and the planets You made to give light -
You formed them all conscious, all worthy and wise
Knowledge and power You gave them to shine
Like powerful assistants they serve You in space.
Much light and energy they radiate forth
No place is untouched by their gentle rays
So joyful their path is, so happy their course
Enroute to fulfill their Creator's command.

Praising Your glory, they honor Your name
Singing Your Majesty's anthem of joy.
Quietly suns shine to answer Your call
Reflections of moonlight change size at Your word.
Seraphim, angels, and all heavenly hosts
They praise You in concert with Sfirot on high
All elements mingle their harmonious tune
Nature and mankind the rhythm provide.

3. Shalom Aleichem

Bedtime liturgy; Shimshai

Shalom Aleichem, Malachei HaShalom	שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי הַשָּׁלוֹם,
Shalom Aleichem, Malachei Elyon	שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי עֶלְיוֹן
YaVo Michael! YaVo Gavriel!	יָבוֹא מִיכָאֵ"ל, יָבוֹא גַּבְרִיאֵ"ל,
YaVo Uriel! YaVo Rafael!	יָבוֹא אוּרִיאֵ"ל, יָבוֹא רְפָאֵ"ל!

Peace be with you, Angels of Peace
Peace be with you, Angels of the Most High
Come Michael! Come Gavriel!
Come Uriel! Come Rafael!

4. L'Chai Olamim: To the Life of the Universe

Holiday liturgy; Chazzan Richard Kaplan

הָאַדֶּרֶת וְהָאֱמוּנָה	לְחַי עוֹלָמִים.	הַלֶּקַח וְהַלִּבּוּב	לְחַי עוֹלָמִים.
הַבִּינָה וְהַבְּרָכָה	לְחַי עוֹלָמִים.	הַמְּלוּכָה וְהַמֶּמְשָׁלָה	לְחַי עוֹלָמִים.
הַגַּאֲוָה וְהַגְּדֻלָּה	לְחַי עוֹלָמִים.	הַנּוֹי וְהַנֵּצַח	לְחַי עוֹלָמִים.
הַדָּעָה וְהַדִּבּוּר	לְחַי עוֹלָמִים.	הַסְּגוּי וְהַשֶּׂגֶב	לְחַי עוֹלָמִים.
הַהוֹד וְהֶהָדָר	לְחַי עוֹלָמִים.	הָעֹז וְהָעֲנָוָה	לְחַי עוֹלָמִים.
הַוַּעַד וְהַוָּתִיקוּת	לְחַי עוֹלָמִים.	הַפְּדוּת וְהַפְּאֵר	לְחַי עוֹלָמִים.
הַזֹּהַר וְהַזִּוָּהַר	לְחַי עוֹלָמִים.	הַצְּבִי וְהַצֶּדֶק	לְחַי עוֹלָמִים.
הַחַיִל וְהַחֹסֶן	לְחַי עוֹלָמִים.	הַקְּרִיאָה וְהַקְּדֻשָּׁה	לְחַי עוֹלָמִים.
הַטֶּכֶס וְהַטְּהָרָה	לְחַי עוֹלָמִים.	הָרֹן וְהָרוֹמְמוּת	לְחַי עוֹלָמִים.
הַיִּחוּד וְהַיִּרְאָה	לְחַי עוֹלָמִים.	הַשִּׁיר וְהַשֶּׁבַח	לְחַי עוֹלָמִים.
הַכֶּתֶר וְהַכָּבוֹד	לְחַי עוֹלָמִים.	הַתְּהִלָּה וְהַתִּפְאֶרֶת	לְחַי עוֹלָמִים.

Ha'Aderet v'ha'Emunah	*The might and the faith ascribed*
l'Chai Olamim.	*to the Eternal One.*
HaBinah v'ha'Bracha	*The understanding and the blessing*
l'Chai Olamim.	*ascribed to the Eternal One*
HaGavah v'haG'dulah	*The pride and the greatness ascribedto*
l'Chai Olamim.	*the Eternal One*
Ha'De'ah v'ha'Dibur	*The knowledge and the speech,*
l'Chai Olamim.	*to the Eternal One*
Ha'Hod v'he'Hadar	*The glory and the majesty,*
l'Chai Olamim.	*to the Eternal One*
Ha'Viud v'haVatikut	*The counsel and the faithfulness,*
l'Chai Olamim.	*to the Eternal One*
Ha'Zach v'haZohar	*The clarity and the radiance,*
l'Chai Olamim.	*to the Eternal One*
Ha'Khayil v'haKhosen	*The valor and the strength,*
l'Chai Olamim.	*to the Eternal One*
Ha'Tekhes v'haTohar	*The ceremony and the purity,*
l'Chai Olamim.	*to the Eternal One*
Ha'Yichud v'haYir'ah	*The unity and the awe,*
l'Chai Olamim.	*to the Eternal One*
Ha'Keter v'haKavod	*The crown and the glory,*
l'Chai Olamim.	*to the Eternal One*
Ha'M'lukha v'haMemshalah	*The moral and the inclination,*
l'Chai Olamim.	*to the Eternal One*
Ha'Noi v'haNetzach	*The kingdom and sovereignty,*
l'Chai Olamim.	*to the Eternal One*
Ha'Sigui v'haSegev	*The beauty and the grandeur,*
l'Chai Olamim.	*to the Eternal One*
Ha'Oz v'ha'Anavah	*The loftiness and the greatness,*
l'Chai Olamim.	*to the Eternal One*
Ha'P'dut v'haP'er	*The power and the humility,*
l'Chai Olamim.	*to the Eternal One*
Ha'TZ'vi v'haTZedek	*The redemption and the brilliance,*
l'Chai Olamim.	*to the Eternal One*
Ha'K'riah v'haK'dushah	*The splendor and the righteousness,*
l'Chai Olamim.	*to the Eternal One*
Ha'Ron v'haRom'mut	*The call and the holiness,*
l'Chai Olamim.	*to the Eternal One*
Ha'Shir v'haShevakh	*The rejoicing and the exaltedness,*
l'Chai Olamim.	*to the Eternal One*
Ha'T'hilah v'ha'Tif'eret	*The song and the praise,*
l'Chai Olamim.	*to the Eternal One*
	The acclaim and the magnificance,
	to the Eternal One

5. Kadosh - Holy Is the One

Daily liturgy, from Isaiah 6:3; R' Shir Yaakov Feit

קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ, יְיָ צְבָאוֹת, מְלֹא כָל הָאָרֶץ כְּבוֹדוֹ׃

Kadosh, Kadosh, Kadosh, Adonai Tz'va-ot, M'lo Chol ha-Aretz K'vodo

Holy, holy, holy is the Lord of Hosts, the whole world is filled with your Glory.

בָּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ׃

Baruch K'vod Adonai mi'M'komo

Blessed is the glory of Adonai from God's Holy Place.

6. Zikhr - Unifying the One

Liturgy, from Isaiah, Deut. and the Qur'an; Gayan Long

קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ -- יְיָ צְבָאוֹת -- מְלֹא כָל הָאָרֶץ כְּבוֹדוֹ׃

Kadosh, Kadosh, Kadosh -- Adonai Tzeva-ot -- Melo' chol ha-Aretz Kevodo

Holy, Holy, Holy -- is Yah, Force of Multitudes -- the Whole World is Filled with Your Glory.

י"ה פַּתַח! **Yah! Patakh!** *G!d! Open up!*

La il'laha il al-Lah *There is no god besides G!d*

Echad, Yachid, u'm'Yuchad אֶחָד, יָחִיד, וּמְיֻחָד **One, Singular and Unified**

7. Mah Nora HaMakom HaZeh

Genesis 28:17; R' Shefa Gold

Mah Norah HaMakom HaZeh! מַה־נּוֹרָא הַמָּקוֹם הַזֶּה׃

How awesome is this place!

Universal Love (flip back to Section 6)

Shema (flip back to Section 7)

Preparing for Prayer (flip back to Section 8)

Amidah: Personal Silent Prayer (flip forward to Section 36)

Shofar Service

In a ceremony unique to these first two days of the new year, one hundred blasts are blown upon a ram's horn. The primal impact of the shofar cannot be put into words, but classical connotations of the its sounding include coronation, consecration, and calls to collective action.

1. Psalm 47

לַמְנַצֵּחַ לִבְנֵי-קֹרַח מִזְמוֹר׃
כָּל־הָעַמִּים תִּקְעוּ־כָף הָרִיעוּ לֵא"לֹהִים בְּקוֹל רִנָּה׃
כִּי־יְיָ עֶלְיוֹן נוֹרָא מֶלֶךְ גָּדוֹל עַל־כָּל־הָאָרֶץ׃
יַדְבֵּר עַמִּים תַּחְתֵּינוּ וּלְאֻמִּים תַּחַת רַגְלֵינוּ׃ יִבְחַר־לָנוּ אֶת־נַחֲלָתֵנוּ אֶת גְּאוֹן יַעֲקֹב
אֲשֶׁר־אָהֵב סֶלָה׃

עָלָה אֱ"לֹהִים בִּתְרוּעָה יְיָ בְּקוֹל שׁוֹפָר׃
זַמְּרוּ אֱ"לֹהִים זַמֵּרוּ זַמְּרוּ לְמַלְכֵּנוּ זַמֵּרוּ׃

Alah Elohim biTruah, Adonai b'Kol Shofar
Zamru Elohim, Zameyru; Zamru l'Malkeinu, Zameyru.

Raise God up with the truah, our Higher Power with the shofar's voice
Sing to the Holy One - sing! Sing to our cosmic majesty - sing!

כִּי מֶלֶךְ כָּל־הָאָרֶץ אֱ"לֹהִים זַמְּרוּ מַשְׂכִּיל׃
מָלַךְ אֱ"לֹהִים עַל־גּוֹיִם אֱ"לֹהִים יָשַׁב | עַל־כִּסֵּא קָדְשׁוֹ׃ נְדִיבֵי עַמִּים | נֶאֱסָפוּ עַם
אֱ"לֹהֵי אַבְרָהָם כִּי לֵא"לֹהִים מָגִנֵּי־אָרֶץ מְאֹד נַעֲלָה׃

Translation by Reb Zalman Schachter-Shalomi

This is a composition of the Korachites recited before the sounding of the shofar:

All the peoples applaud.
With joyful song
They serenade God.
Yah is the most high,
The most awesome King,
Reigning over all the Earth:
The nations He directs to be compliant.

People following our lead.
He guides us to our tradition,
To the dignity of Jacob,
Whom He loves.
Selah!

God ascends to our fanfare.
Yah rises to the Shofar's sound.
Offer hymns to God
Keep singing to our King
For God is sovereign
Over the whole Earth

Realize this!
God has ruled the Nations.
God enthroned in sacred splendor.
The best of the nations have gathered
With the people of Abraham's God.
For God protects the Earth
As His repute is raised high.

Blessings Upon Sounding the Shofar

All Rise

בָּרוּךְ אַתָּה, יְיָ אֱ"לֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לִשְׁמוֹעַ קוֹל שׁוֹפָר.
Barukh Ata Adonai, Eloheynu Melekh ha-Olam, asher Kid'shanu b'Mitzvotav, v'Tzivanu LiShmoa Kol Shofar

Holy One of Blessing, Your Presence fills Creation.
You make us holy with the mitzvah of hearing the sound of the Shofar.

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.
Barukh Ata Adonai, Eloheynu Melekh ha-Olam
She-Hekhiyanu, v'Kiyamanu, v'Higiyanu la'Zman haZeh!

Holy One of Blessing, Your Presence fills Creation. You have enlivened us, sustained us and brought us to this moment in time.

The Order of the Shofar Blasts

Tekiah - *one note, unbroken - a call to attention, to search within ourselves.*
Shevarim - *three notes - a wail, a cry to God from deep within us; Sarah's wail.*
Teruah - *nine or more staccato notes - an alarm, a broken sound; waking us up to action.*
Tekiah Gedolah - *One long, sustained note - the forging of our new selves, signaling our intent of genuine repentance.*

Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה
Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה
Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה
Tekiah Sheveraim Tekiah	תְּקִיעָה שְׁבָרִים תְּקִיעָה
Tekiah Sheveraim Tekiah	תְּקִיעָה שְׁבָרִים תְּקִיעָה
Tekiah Sheveraim Tekiah	תְּקִיעָה שְׁבָרִים תְּקִיעָה
Tekiah Teruah Tekiah	תְּקִיעָה תְּרוּעָה תְּקִיעָה
Tekiah Teruah Tekiah	תְּקִיעָה תְּרוּעָה תְּקִיעָה
Tekiah Teruah Tekiah G'dolah	תְּקִיעָה תְּרוּעָה תְּקִיעָה גְּדוֹלָה

3. Psalm 27: In God I Trust

This extraordinary psalm is recited twice daily throughout the entire period that begins one month before Rosh haShanah at the new moon of Elul and culminates with Simchat Torah. Its themes of refuge in the divine, as well as its reference to "offerings of *teruah,*" make this core to the devotional liturgy of the season.

א לְדָוִד יְיָ אוֹרִי וְיִשְׁעִי מִמִּי אִירָא יְיָ מָעוֹז חַיַּי מִמִּי אֶפְחָד׃
ב בְּקָרֹב עָלַי מְרֵעִים לֶאֱכֹל אֶת־בְּשָׂרִי צָרַי וְאֹיְבַי לִי הֵמָּה כָּשְׁלוּ וְנָפָלוּ׃ ג אִם־תַּחֲנֶה
עָלַי מַחֲנֶה לֹא־יִירָא לִבִּי אִם־תָּקוּם עָלַי מִלְחָמָה בְּזֹאת אֲנִי בוֹטֵחַ׃
ד אַחַת שָׁאַלְתִּי מֵאֵת־ יְיָ אוֹתָהּ אֲבַקֵּשׁ שִׁבְתִּי בְּבֵית־ יְיָ כָּל־יְמֵי חַיַּי לַחֲזוֹת בְּנֹעַם־ יְיָ
וּלְבַקֵּר בְּהֵיכָלוֹ׃
ה כִּי יִצְפְּנֵנִי בְּסֻכֹּה בְּיוֹם רָעָה יַסְתִּרֵנִי בְּסֵתֶר אָהֳלוֹ בְּצוּר יְרוֹמְמֵנִי׃
ו וְעַתָּה יָרוּם רֹאשִׁי עַל־אֹיְבַי סְבִיבוֹתַי וְאָזְבְּחָה בְאָהֳלוֹ זִבְחֵי תְרוּעָה אָשִׁירָה
וַאֲזַמְּרָה לַ יְיָ׃
ז שְׁמַע־ יְיָ קוֹלִי אֶקְרָא וְחָנֵּנִי וַעֲנֵנִי׃
ח לְךָ אָמַר לִבִּי בַּקְּשׁוּ פָנָי אֶת־פָּנֶיךָ יְיָ אֲבַקֵּשׁ׃
ט אַל־תַּסְתֵּר פָּנֶיךָ מִמֶּנִּי אַל־תַּט בְּאַף עַבְדֶּךָ עֶזְרָתִי הָיִיתָ אַל־תִּטְּשֵׁנִי וְאַל־תַּעַזְבֵנִי
אֱ"לֹהֵי יִשְׁעִי׃
י כִּי־אָבִי וְאִמִּי עֲזָבוּנִי וַיְיָ יַאַסְפֵנִי׃
יא הֹורֵנִי יְיָ דַּרְכֶּךָ וְנַחֵנִי בְּאֹרַח מִישׁוֹר לְמַעַן שׁוֹרְרָי׃
יב אַל־תִּתְּנֵנִי בְּנֶפֶשׁ צָרָי כִּי קָמוּ־בִי עֵדֵי־שֶׁקֶר וְיפֵחַ חָמָס׃
יג לוּלֵא הֶאֱמַנְתִּי לִרְאוֹת בְּטוּב־ יְיָ בְּאֶרֶץ חַיִּים׃
יד קַוֵּה אֶל־ יְיָ חֲזַק וְיַאֲמֵץ לִבֶּךָ וְקַוֵּה אֶל־ יְיָ׃

You are my light and my help
Whom should I fear?

You are the fortress of my life
Whom should I dread?

When the narrow ones gather their strength to devour me
It is they who stumble and fall

Even if a royal army were camped outside my gate
My heart would not fear.
And when they struck out with terrible weapons against me
Even then I'd trust

One thing I ask for, one thing I hope - To live in your house
All the days of my life

To behold your loveliness
Every morning in the light of your temple dawn

Till on a doomful day
You secure me in your precincts
Conceal me within the folds of your covering tent
Place me high and safe upon a rock
My head lifted above the engulfing waves

With the joy of my heart
I will sacrifice
Within that billowing shelter
Singing and playing my abandonment to you.

Hear my voice when I raise it up
Be gracious - answer me -

Speaking with your voice my heart sang, *Seek my presence*

I will.

Do not hide your glowing face from me
Do not reject me in anger because of my shortcomings

You have always been for me
Don't cast me off now, don't walk away
My helper, my friend

My mother and father forsake me
But you take me up

Show me the way! Guide my steps on the clear path

Against the ever-present cliffs and thickets
Protect me from the noise of desire and hatefulness
From false words and shouted accusations

If I did not have faith in your rightness
That is would bloom in this living land -
It is unthinkable

I wait only for you
With strength and good courage -
I wait only for you.

Translation by Roshi Norman Fischer

Torah Service

Liturgy for Opening the Ark and Bringing out the Torah

All Rise

1. Opening the Ark - Eyn Kamocha

אֵין כָּמוֹךָ בָאֱ"לֹהִים, יְיָ, וְאֵין כְּמַעֲשֶׂיךָ׃
מַלְכוּתְךָ מַלְכוּת כָּל עֹלָמִים, וּמֶמְשַׁלְתְּךָ בְּכָל דֹּר וָדֹר.
יְיָ מֶלֶךְ, יְיָ מָלָךְ, יְיָ יִמְלֹךְ לְעֹלָם וָעֶד. יְיָ עֹז לְעַמּוֹ יִתֵּן יְיָ יְבָרֵךְ אֶת עַמּוֹ בַּשָּׁלוֹם.

There is none like You, Adonai, among all the powers, and nothing compares to Your works.
Your sovereignty is eternal; your dominion is known in each and every generation.
All: God rules, God ruled, God will reign for ever and ever.
May God give strength to His people; may God bless Her people with peace.

Eyn Kamocha Ba'Elim, Adonai, v'Eyn k'Ma'asecha!
Malkhutekha Malkhut Kol Olamim, uMemshaltekha b'Khol Dor va'Dor.
Adonai Melekh, Adonai Malakh, Adonai yiMlokh l'Olam va-Ed.
Adonai Oz l'Amo yiTeyn. Adonai y'Vareykh et Amo va-Shalom.

אַב הָרַחֲמִים!
הֵיטִיבָה בִרְצוֹנְךָ אֶת צִיּוֹן. תִּבְנֶה חוֹמוֹת יְרוּשָׁלָיִם.
כִּי בְךָ לְבַד בָּטָחְנוּ, מֶלֶךְ אֵל רָם וְנִשָּׂא, אֲדוֹן עוֹלָמִים.

Av ha-Rakhamim, hay-Teevah vi-Rtzon'kha et Tzion! Tiv-neh Khomot Y'rushalayim!
Ḳi V'kha L'vad Ba'takhnu, Melekh Eyl Rom v'Nisa, Adon Olamim.

Source of mercy, let Your goodness be a blessing to Zion; let Jerusalem be rebuilt.
In You alone do we trust, O Sovereign G!d, high and exalted, Conductor of all the worlds.

The Ark is Opened

וַיְהִי בִּנְסֹעַ הָאָרֹן וַיֹּאמֶר מֹשֶׁה׃ קוּמָה יְיָ, וְיָפֻצוּ אֹיְבֶיךָ, וְיָנֻסוּ
מְשַׂנְאֶיךָ מִפָּנֶיךָ׃ כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה , וּדְבַר יְיָ מִירוּשָׁלָיִם׃
בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל בִּקְדֻשָּׁתוֹ׃

Va-y'hee biNsoa ha-Aron va-yomer Moshe:
Kumah Adonai v'yaFutzu Oy'vekha v'ya-Nusu m'San'ekha mi'Panekha.
Kee miTzion Teytzey Torah u'Dvar Adonai miYrusha-layim
Barukh she-Natan Torah l'Amo Yisra-el bi'Kdushato.

And it came to pass when the ark would travel that Moses said:
Arise, Adonai and Your enemies will be dispersed and Your foes will flee before You.
For out of Zion shall go forth the teaching and the word of the Holy One from Jerusalem.
Blessed is the Holy One who gave the Torah to the people Israel.

We Call On Divine Compassion

On the Yamim Nora'im - Days of Awe, we add these petitionary prayers of great power as we open the ark. Central among these are the 13 Attributes of Compassion, aspects of God revealed directly to Moses as recounted in Exodus 34.

2. The 13 Attributes of Grace

יְיָ, יְיָ, אֵ"ל רַחוּם וְחַנּוּן, אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וֶאֱמֶת׃
נֹצֵר חֶסֶד לָאֲלָפִים נֹשֵׂא עָוֹן וָפֶשַׁע וְחַטָּאָה וְנַקֵּה׃

Adonai, Adonai, El Rachum veChanun, Erech Apayim, veRav Chessed ve'Emet.
Notzeyr Chessed la'Alafim, Nosey Avon vaFesha veKhata'ah veNakei!

Yod Hay, Vav Hay, Compassion and Tenderness,
Patience, Forebearance, Kindness, Awareness.
Bearing love from age to age, lifting guilt and mistakes and making us free!

G!d! Higher Power! Source of All!
Please fulfill our prayers for the good, and guide all our desires. Pardon and rectify our mistakes, and all the mistakes our families have made, in your depthless mercy and compassion.
Please cleanse us utterly of all wrongdoing.
Remember us with a good recollection before You, and designate us for awareness and compassion.
Remember us for good long lives, lives of peace, fulfillment and sustenance.
Please provide us with food to eat, clothing to wear, right livelihood and the respect of our peers; give us long lives in which to study true teachings, and to act justly for the common good, with awareness, intelligence, and intuition to understand the right way.
Please send healing to all our wounds, and bless all the works of our hands.
Decree upon us all good things, and may we be assisted and supported by mortal powers as well as divine.
Amen! Ken Yhi Ratzon! May It Be So!

3. V'Ani Tefilati - May My Prayer Be Timely

וַאֲנִי תְפִלָּתִי לְךָ, יְיָ, עֵת רָצוֹן; אֱ"לֹהִים בְּרָב חַסְדֶּךָ, עֲנֵנִי בֶּאֱמֶת יִשְׁעֶךָ.

V'Ani Tefilati Lecha, Havaya, Eyt Ratzon
Elohim, b'Rov Khasdekha: Aneyni! Aneyni! b'Emet Yishekha...

And as for me / my prayer to Thee / May it be / in perfect time and place
Such that You / Endless, compassionate and true
Might show me, might show me
Your wisdom and Your grace.

4. In This I Hope - Beh Ana Rachitz

בֵּה אֲנָא רָחֵיץ,
וְלִשְׁמֵהּ קַדִּישָׁא יַקִּירָא אֲנָא אֵמַר תֻּשְׁבְּחָן.
יְהֵא רַעֲוָא קֳדָמָךְ דְּתִתְפְּתַח לִבָּאִי בְּאוֹרַיְתָא,
וְתַשְׁלִים מִשְׁאֲלִין דְּלִבָּאִי,
וְלִבָּא דְּכָל עַמָּךְ יִשְׂרָאֵל, לְטַב וּלְחַיִּין וְלִשְׁלָם. (אָמֵן.)

Beh, Beh Ana Rachitz, v'liShmay Kaddisha
Kaddisha Yakira, Ana Amar Tushbechan.
Yehey Ra'ava Kadamach, d'Tiftach Liba-i b'Orayta.
v'taShleem miShaleen d'Liba-i; v'Liba d'Chol Amach Yisrael.
l'Tav, ul'Chayim, v'liSh'lam!
Amen.

May it be Your will that You open my heart to the Torah and that You fulfill the wishes of my heart and the heart of Your entire people, for Goodness, for Life, and for Peace. Amen!

The Torah Scrolls Are Removed from the Ark

5. The Leader Chants and The Congregation Repeats:

שְׁמַע יִשְׂרָאֵל! יְיָ אֱ"לֹהֵינוּ, יְיָ אֶחָד!
Shema Yisrael! Adonai Eloheynu Adonai Ekhad!

Hear O Israel, the Lord Our God is One

אֶחָד אֱ"לֹהֵינוּ! גָּדוֹל אֲדוֹנֵנוּ! קָדוֹשׁ וְנוֹרָא שְׁמוֹ!
Ekhad Eloheynu! Gadol Adoneynu! Kadosh v'Norah Shemo!

Our God is One, our Ruler is Great; Holy and Awesome is God's Name.

גַּדְּלוּ לַיְיָ אִתִּי, וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.
Gadlu l'Adonai Itee u'n'Ro-m'mah Shemo Yakhdav.

Declare with me the Greatness of God; Together we will Raise God's name!

The Torah Scrolls Are Carried Around the Congregation

6. Romemu - Exalt!

רוֹמְמוּ יְיָ אֱ"לֹהֵינוּ וְהִשְׁתַּחֲווּ לְהַר קָדְשׁוֹ; כִּי (כִּי) כִּי (כִּי) קדוש יְיָ אֱ"לֹהֵינוּ רוֹמְמוּ!

Romemu Adonai Eloheinu, v'Hishtachavu l'Har Kodsho
Ki (ki) Ki (ki) Kadosh Adonai Eloheinu Romemu!

Exalt in Our God! Let us Bow at the Holy Mountain
For our Deity is Holiness - Exalt!

Aliyot: Being Called to the Torah

Ritual reading from the Torah scroll is central to collective Jewish prayer. We divide the portion to be chanted into a number of sections, each called an *aliyah* (ascension, as those called to sacralize the rite literally and figuratively come "up" to the Torah).

In the Jewish Renewal custom, multiple people can come up for each aliyah; if you feel called by the intention that has been set around the portion to be read, come on up - and bring this book so you will have the words of the Torah reading, and of the blessings before and after it visible.

1. Blessings Before Each Torah Reading

Those called to the Torah are shown where in the scroll the chanting of the text will begin, and then say:

בָּרְכוּ אֶת יְיָ הַמְּבוֹרָךְ׃

Barchu et Adonai haMevorach.

Bless the One Blessed Power!

The congregation responds:

בָּרוּךְ יְיָ הַמְּבוֹרָךְ לְעוֹלָם וָעֶד׃

Baruch Adonai haMevorach l'Olam va-Ed.

Blessed is the Blessed One forever and ever!

Those called to the Torah repeat phrase, continuing:

בָּרוּךְ יְיָ הַמְּבוֹרָךְ לְעוֹלָם וָעֶד׃

Baruch Adonai haMevorach l'Olam va-Ed.

Blessed is the Blessed One forever and ever!

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר בָּחַר בָּנוּ עִם כָּל הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ׃
בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה׃

Baruch Atah Adonai Elohaynu Melekh ha-Olam asher Bakhar Banu im kol ha-Amim v'Natan Lanu et Torato. Baruch Atah Adonai, Noteyn haTorah.

Blessed are You – the Lord our God, Ruler of the Universe, who has Chosen us amongst all peoples to give this Torah. Blessed are You – Eternal One, Giver of the Torah.

2. Blessing After Each Torah Reading

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ׃
בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה׃

Baruch Atah Adonai Elohaynu Melekh ha-Olam asher Natan lanu Torat Emet,
v'Khayey Olam nata b'Tokheynu.
Baruch Atah Adonai, Noteyn haTorah.

Blessed are You – the Lord our God, Ruler of the universe, who has given us the Torah of truth, and has planted everlasting life in our midst.
Blessed are You – Ineffable, Transmitter of the Torah.

3. MiSheberach - A Blessing on Those Who Came Up

May the One who blessed our ancestors, Abraham, Isaac, Jacob, Sarah, Rebekah, Rachel and Leah, bless this entire holy congregation, along with all holy congregations throughout the world.

May G!d bless us, our spouses, our parents, our children, all that we have and all that we love.
May G!d bless all those who give generously to maintain synagogues and places of prayer.
May G!d bless those who enter there to pray.
May G!d bless those who provide for the needs of the sanctuary, those who provide food and drink for the oneg, and those who provide hospitality to visitors and assistance to the poor.

G!d in your great mercy deal generously with all who engage themselves with the needs of the community, and who are striving faithfully to build a better world.

May the Holy One of Blessing fulfill all their needs, rescue them from all illness and danger, bring healing and health to their bodies, and completely forgive and make right all their errors. May G!d send blessing and success on all the works of their hands, and let us all say: **Amen!**

Torah Readings - Rosh HaShanah 5778

In the orthodox tradition, on the first day of Rosh haShanah the Torah reading is always the story of Hagar, banished by Abraham into the wilderness with her infant son Ishmael, and reassured by an angel she encounters there. On the second day we read the story of the *akedah*, the binding of Isaac, a profound second half to this diptych of sacrifice, faith and divine intervention.

Our custom at Nevei Kodesh is to select different readings for focus each year. This year we return ourselves to the very beginning of the human struggle with divine relationship, free will, obedience, choice and consequences, as well as meditations on gender, sexuality, identity and the relationship between humans and the earth we come from.

1st aliyah - Gen 2:7-10 - leyned by Tova Jacober

ז וַיִּיצֶר יְיָ אֱ"לֹהִים אֶת־הָאָדָם עָפָר מִן־הָאֲדָמָה וַיִּפַּח בְּאַפָּיו נִשְׁמַת חַיִּים וַיְהִי הָאָדָם
לְנֶפֶשׁ חַיָּה׃ ח וַיִּטַּע יְיָ אֱ"לֹהִים גַּן־בְּעֵדֶן מִקֶּדֶם וַיָּשֶׂם שָׁם אֶת־הָאָדָם אֲשֶׁר יָצָר׃
ט וַיַּצְמַח יְיָ אֱ"לֹהִים מִן־הָאֲדָמָה כָּל־עֵץ נֶחְמָד לְמַרְאֶה וְטוֹב לְמַאֲכָל וְעֵץ הַחַיִּים בְּתוֹךְ
הַגָּן וְעֵץ הַדַּעַת טוֹב וָרָע׃ י וְנָהָר יֹצֵא מֵעֵדֶן לְהַשְׁקוֹת אֶת־הַגָּן וּמִשָּׁם יִפָּרֵד וְהָיָה
לְאַרְבָּעָה רָאשִׁים׃

2:7 God formed the human [adam] out of dust of the ground [adamah], and breathed into its nostrils a breath of life, making the earth-creature.into a living being. 2:8 And God planted a garden in Eden to the east. There God placed the humus being that God had formed.

2:9 And God made grow out of the ground every tree that is pleasant to look at and good to eat, [among them] the Tree of Life in the middle of the garden, and the Tree of Knowledge of Good and Evil.

2:10 And a river flowed out of Eden to water the garden. From there it divided and became four major rivers.

2nd aliyah - Gen 2:15-25 - leyned by Steve Beale

טו וַיִּקַּח יְיָ אֱ"לֹהִים אֶת־הָאָדָם וַיַּנִּחֵהוּ בְגַן־עֵדֶן לְעָבְדָהּ וּלְשָׁמְרָהּ׃ טז וַיְצַו יְיָ אֱ"לֹהִים
עַל־הָאָדָם לֵאמֹר מִכֹּל עֵץ־הַגָּן אָכֹל תֹּאכֵל׃ יז וּמֵעֵץ הַדַּעַת טוֹב וָרָע לֹא תֹאכַל מִמֶּנּוּ
כִּי בְּיוֹם אֲכָלְךָ מִמֶּנּוּ מוֹת תָּמוּת׃ יח וַיֹּאמֶר יְיָ אֱ"לֹהִים לֹא־טוֹב הֱיוֹת הָאָדָם לְבַדּוֹ
אֶעֱשֶׂה־לּוֹ עֵזֶר כְּנֶגְדּוֹ׃ יט וַיִּצֶר יְיָ אֱ"לֹהִים מִן־הָאֲדָמָה כָּל־חַיַּת הַשָּׂדֶה וְאֵת כָּל־עוֹף
הַשָּׁמַיִם וַיָּבֵא אֶל־הָאָדָם לִרְאוֹת מַה־יִּקְרָא־לוֹ וְכֹל אֲשֶׁר יִקְרָא־לוֹ הָאָדָם נֶפֶשׁ חַיָּה
הוּא שְׁמוֹ׃ כ וַיִּקְרָא הָאָדָם שֵׁמוֹת לְכָל־הַבְּהֵמָה וּלְעוֹף הַשָּׁמַיִם וּלְכֹל חַיַּת הַשָּׂדֶה
וּלְאָדָם לֹא־מָצָא עֵזֶר כְּנֶגְדּוֹ׃ כא וַיַּפֵּל יְיָ אֱ"לֹהִים | תַּרְדֵּמָה עַל־הָאָדָם וַיִּישָׁן וַיִּקַּח אַחַת
מִצַּלְעֹתָיו וַיִּסְגֹּר בָּשָׂר תַּחְתֶּנָּה׃ כב וַיִּבֶן יְיָ אֱ"לֹהִים | אֶת־הַצֵּלָע אֲשֶׁר־לָקַח מִן־הָאָדָם
לְאִשָּׁה וַיְבִאֶהָ אֶל־הָאָדָם׃ כג וַיֹּאמֶר הָאָדָם זֹאת הַפַּעַם עֶצֶם מֵעֲצָמַי וּבָשָׂר מִבְּשָׂרִי

לְזֹאת יִקָּרֵא אִשָּׁה כִּי מֵאִישׁ לֻקְחָה־זֹּאת׃ כד עַל־כֵּן יַעֲזָב־אִישׁ אֶת־אָבִיו וְאֶת־אִמּוֹ
וְדָבַק בְּאִשְׁתּוֹ וְהָיוּ לְבָשָׂר אֶחָד׃ כה וַיִּהְיוּ שְׁנֵיהֶם עֲרוּמִּים הָאָדָם וְאִשְׁתּוֹ וְלֹא יִתְבּוֹשָׁשׁוּ׃

2:15 God took the human and placed it in the Garden of Eden to serve her [the garden] and to guard her.
2:16 God gave the man a commandment, saying,
'You may definitely eat from every tree of the garden. 2:17 But from the Tree of Knowledge of Good and Evil, do not eat, for on the day you eat from it, you will die a death.'

2:18 And the Power of the UnNameable Name said,
'It is not good for the human to be alone. I will make a compatible helper for it.'

2:19 The Power of the UnNameable Name indeed formed out of the ground every wild beast and every bird of heaven.
And God [now] brought [them] to the human to see what it would name each one. Whatever the human called each living thing [would] remain its name. 2:20 The human named every livestock animal and bird of the sky, as well as all the wild beasts.
But the human did not find a helper who was compatible for it.

2:21 God then made the human fall into a deep state of unconsciousness, and it slept.
God took one of its sides and closed the flesh in its place. 2:22 God built the side that He took from the human into woman, and God brought her to the man.
2:23 The man said,
'Now this one is bone from my bones and flesh from my flesh. She shall be called Woman (Ishah) because she was taken from Man (ish).'

2:24 A man shall therefore leave his father and mother and be united with his wife, and they shall become one flesh.
2:25 The man and his wife were both naked, and they were not embarrassed.

3rd aliyah - Gen 3:1-13 - leyned by Sue Chase and Ruth Seagull

א וְהַנָּחָשׁ הָיָה עָרוּם מִכֹּל חַיַּת הַשָּׂדֶה אֲשֶׁר עָשָׂה יְיָ אֱ"לֹהִים וַיֹּאמֶר אֶל־הָאִשָּׁה אַף
כִּי־אָמַר אֱ"לֹהִים לֹא תֹאכְלוּ מִכֹּל עֵץ הַגָּן׃ ב וַתֹּאמֶר הָאִשָּׁה אֶל־הַנָּחָשׁ מִפְּרִי עֵץ־הַגָּן
נֹאכֵל׃ ג וּמִפְּרִי הָעֵץ אֲשֶׁר בְּתוֹךְ־הַגָּן אָמַר אֱ"לֹהִים לֹא תֹאכְלוּ מִמֶּנּוּ וְלֹא תִגְּעוּ בּוֹ פֶּן
תְּמֻתוּן׃ ד וַיֹּאמֶר הַנָּחָשׁ אֶל־הָאִשָּׁה לֹא־מוֹת תְּמֻתוּן׃ ה כִּי יֹדֵעַ אֱ"לֹהִים כִּי בְיוֹם
אֲכָלְכֶם מִמֶּנּוּ וְנִפְקְחוּ עֵינֵיכֶם וִהְיִיתֶם כֵּאֱ"לֹהִים יֹדְעֵי טוֹב וָרָע׃ ו וַתֵּרֶא הָאִשָּׁה כִּי טוֹב
הָעֵץ לְמַאֲכָל וְכִי תַאֲוָה־הוּא לָעֵינַיִם וְנֶחְמָד הָעֵץ לְהַשְׂכִּיל וַתִּקַּח מִפִּרְיוֹ וַתֹּאכַל וַתִּתֵּן
גַּם־לְאִישָׁהּ עִמָּהּ וַיֹּאכַל׃ ז וַתִּפָּקַחְנָה עֵינֵי שְׁנֵיהֶם וַיֵּדְעוּ כִּי עֵירֻמִּם הֵם וַיִּתְפְּרוּ עֲלֵה
תְאֵנָה וַיַּעֲשׂוּ לָהֶם חֲגֹרֹת׃ ח וַיִּשְׁמְעוּ אֶת־קוֹל יְיָ אֱ"לֹהִים מִתְהַלֵּךְ בַּגָּן לְרוּחַ הַיּוֹם
וַיִּתְחַבֵּא הָאָדָם וְאִשְׁתּוֹ מִפְּנֵי יְיָ אֱ"לֹהִים בְּתוֹךְ עֵץ הַגָּן׃ ט וַיִּקְרָא יְיָ אֱ"לֹהִים אֶל־הָאָדָם
וַיֹּאמֶר לוֹ אַיֶּכָּה׃ י וַיֹּאמֶר אֶת־קֹלְךָ שָׁמַעְתִּי בַגָּן וָאִירָא כִּי־עֵירֹם אָנֹכִי וָאֵחָבֵא׃
יא וַיֹּאמֶר מִי הִגִּיד לְךָ כִּי עֵירֹם אָתָּה הֲמִן־הָעֵץ אֲשֶׁר צִוִּיתִיךָ לְבִלְתִּי אֲכָל־מִמֶּנּוּ אָכָלְתָּ׃
יב וַיֹּאמֶר הָאָדָם הָאִשָּׁה אֲשֶׁר נָתַתָּה עִמָּדִי הִוא נָתְנָה־לִּי מִן־הָעֵץ וָאֹכֵל׃ יג וַיֹּאמֶר יְיָ
אֱ"לֹהִים לָאִשָּׁה מַה־זֹּאת עָשִׂית וַתֹּאמֶר הָאִשָּׁה הַנָּחָשׁ הִשִּׁיאַנִי וָאֹכֵל׃

3:1 Now, the serpent was the most cunning [naked] of all the wild beasts that God had made.

[The serpent] asked the woman,
'Did God really say that you may not eat from any of the trees of the garden?'
3:2 The woman replied to the serpent,
'We may eat from the fruit of the trees of the garden. 3:3 But of the fruit of the tree that is in the middle of the garden, God said, 'Do not eat it, and do not [even] touch it, or else you will die.' '
3:4 The serpent said to the woman,
'You will certainly not die! 3:5 Really, God knows that on the day you eat from it, your eyes will be opened, and you will be like God, knowing good and evil!'

3:6 The woman saw that the tree was good to eat and desirable to the eyes, and that the tree was attractive as a means to gain intelligence.
She took some of its fruit and ate. She also gave some to her man, and he ate.

3:7 The eyes of both of them were opened, and they realized that they were naked. They sewed together fig leaves, and made themselves loincloths.

3:8 They heard God's voice moving about in the garden with the wind of the day. The man and his woman hid themselves from God among the trees of the garden. 3:9 God called to the human, and God said,
'Where are you [trying to hide]?'

3:10 'I heard Your voice in the garden,' replied [the man], 'and I was afraid because I was naked, so I hid.'

3:11 [God] asked,
'Who told you that you are naked? Did you eat from the tree which I commanded you not to eat?'

3:12 The man replied,
'The woman that you gave to be with me - she gave me what I ate from the tree.'

3:13 God said to the woman,
'What is this that you have done?'
The woman replied, 'The serpent seduced me and I ate.'

4th aliyah - Gen 3:19-24 - leyned by Joseph Lukasik

יט בְּזֵעַת אַפֶּיךָ תֹּאכַל לֶחֶם עַד שׁוּבְךָ אֶל־הָאֲדָמָה כִּי מִמֶּנָּה לֻקָּחְתָּ כִּי־עָפָר אַתָּה
וְאֶל־עָפָר תָּשׁוּב׃ כ וַיִּקְרָא הָאָדָם שֵׁם אִשְׁתּוֹ חַוָּה כִּי הִוא הָיְתָה אֵם כָּל־חָי׃
כא וַיַּעַשׂ יְיָ אֱ"לֹהִים לְאָדָם וּלְאִשְׁתּוֹ כָּתְנוֹת עוֹר וַיַּלְבִּשֵׁם׃ פ כב וַיֹּאמֶר | יְיָ אֱ"לֹהִים
הֵן הָאָדָם הָיָה כְּאַחַד מִמֶּנּוּ לָדַעַת טוֹב וָרָע וְעַתָּה | פֶּן־יִשְׁלַח יָדוֹ וְלָקַח גַּם מֵעֵץ
הַחַיִּים וְאָכַל וָחַי לְעֹלָם׃ כג וַיְשַׁלְּחֵהוּ יְיָ אֱ"לֹהִים מִגַּן־עֵדֶן לַעֲבֹד אֶת־הָאֲדָמָה אֲשֶׁר
לֻקַּח מִשָּׁם׃ כד וַיְגָרֶשׁ אֶת־הָאָדָם וַיַּשְׁכֵּן מִקֶּדֶם לְגַן־עֵדֶן אֶת־הַכְּרֻבִים וְאֵת לַהַט
הַחֶרֶב הַמִּתְהַפֶּכֶת לִשְׁמֹר אֶת־דֶּרֶךְ עֵץ הַחַיִּים׃

3:19 [God said to the man...]:
‘By the sweat of your brow you will eat bread. Finally you will return to the ground, for it was from [the ground] that you were taken. You are dust, and to dust you shall return.'

3:20 The man named his wife Eve, because she was the mother of all life.

3:21 God made leather garments for the earth-creature and his woman and God clothed them.

3:22 God said,
'Humanity has now become like one of us in knowing good and evil. Now it must be prevented from putting forth its hand and also taking from the Tree of Life. It [could] eat it and live forever!'

3:23 God banished [man] from the Garden of Eden, to work the ground from which he was taken. 3:24 He drove away the man, and stationed the cherubim at the east of Eden, along with the revolving sword blade, to guard the path of the Tree of Life.

Torah Readings - Yom Kippur 5778

On Rosh haShanah we read from almost the very beginning of the Torah (Genesis 2-3). Now we read from almost its very end (Deut 29-30), as Moses gathers the entire collective of Israel: men, women, children, rich, poor, Israelites and non-Israelites, on the threshold of the promised land.

Here once again we are reminded that moral choices and their consequences are ultimately in our hands, but that relationship with divinity, and with Torah, are always profoundly accessible.

1st aliyah - Deut 29:9-14 - leyned by Ruth Seagull

ט אַתֶּם נִצָּבִים הַיּוֹם כֻּלְּכֶם לִפְנֵי יְיָ אֱ"לֹהֵיכֶם רָאשֵׁיכֶם שִׁבְטֵיכֶם זִקְנֵיכֶם וְשֹׁטְרֵיכֶם
כֹּל אִישׁ יִשְׂרָאֵ"ל: י טַפְּכֶם נְשֵׁיכֶם וְגֵרְךָ אֲשֶׁר בְּקֶרֶב מַחֲנֶיךָ מֵחֹטֵב עֵצֶיךָ עַד שֹׁאֵב
מֵימֶיךָ: יא לְעָבְרְךָ בִּבְרִית יְיָ אֱ"לֹהֶיךָ וּבְאָלָתּוֹ אֲשֶׁר יְיָ אֱ"לֹהֶיךָ כֹּרֵת עִמְּךָ הַיּוֹם:
יב לְמַעַן הָקִים־אֹתְךָ הַיּוֹם | לוֹ לְעָם וְהוּא יִהְיֶה־לְּךָ לֵאֱ"לֹהִים כַּאֲשֶׁר דִּבֶּר־לָךְ וְכַאֲשֶׁר
נִשְׁבַּע לַאֲבֹתֶיךָ לְאַבְרָהָם לְיִצְחָק וּלְיַעֲקֹב: יג וְלֹא אִתְּכֶם לְבַדְּכֶם אָנֹכִי כֹּרֵת אֶת־הַבְּרִית
הַזֹּאת וְאֶת־הָאָלָה הַזֹּאת: יד כִּי אֶת־אֲשֶׁר יֶשְׁנֹו פֹּה עִמָּנוּ עֹמֵד הַיּוֹם לִפְנֵי יְיָ אֱ"לֹהֵינוּ
וְאֵת אֲשֶׁר אֵינֶנּוּ פֹּה עִמָּנוּ הַיּוֹם:

29:9 Today you are all standing before the Power of the UnNameable Name - your leaders, your tribal chiefs, your elders, your law enforcers, every Israelite man, 29:10 your children, your women, and the proselytes in your camp - even your woodcutters and water drawers.

29:11 You are thus being brought into the covenant of the Power of the UnNameable Name, and [accepting] the dread oath that the Power of the UnNameable Name is making with you today. 29:12 So that divinity can establish you as God's nation, and so that divinity will be a guiding power to you, just as God promised to you, and just as God swore to your ancestors, to Abraham, Isaac and Jacob.

29:13 But it is not with you alone that I am making this covenant and this dread oath. 29:14 I am making it both with those who are standing here with us today before the Power of the UnNameable Name, and with those who are not [yet] here with us today.

2nd aliyah - Deut 30:1-6 - leyned by Noah Fulton-Beale

א וְהָיָה כִּי־יָבֹאוּ עָלֶיךָ כָּל־הַדְּבָרִים הָאֵלֶּה הַבְּרָכָה וְהַקְּלָלָה אֲשֶׁר נָתַתִּי לְפָנֶיךָ וַהֲשֵׁבֹתָ
אֶל־לְבָבְךָ בְּכָל־הַגּוֹיִם אֲשֶׁר הִדִּיחֲךָ יְיָ אֱ"לֹהֶיךָ שָׁמָּה: ב וְשַׁבְתָּ עַד־יְיָ אֱ"לֹהֶיךָ וְשָׁמַעְתָּ
בְקֹלוֹ כְּכֹל אֲשֶׁר־אָנֹכִי מְצַוְּךָ הַיּוֹם אַתָּה וּבָנֶיךָ בְּכָל־לְבָבְךָ וּבְכָל־נַפְשֶׁךָ: ג וְשָׁב יְיָ
אֱ"לֹהֶיךָ אֶת־שְׁבוּתְךָ וְרִחֲמֶךָ וְשָׁב וְקִבֶּצְךָ מִכָּל־הָעַמִּים אֲשֶׁר הֱפִיצְךָ יְיָ אֱ"לֹהֶיךָ שָׁמָּה:
ד אִם־יִהְיֶה נִדַּחֲךָ בִּקְצֵה הַשָּׁמָיִם מִשָּׁם יְקַבֶּצְךָ יְיָ אֱ"לֹהֶיךָ וּמִשָּׁם יִקָּחֶךָ: ה וֶהֱבִיאֲךָ יְיָ
אֱ"לֹהֶיךָ אֶל־הָאָרֶץ אֲשֶׁר־יָרְשׁוּ אֲבֹתֶיךָ וִירִשְׁתָּהּ וְהֵיטִבְךָ וְהִרְבְּךָ מֵאֲבֹתֶיךָ: ו וּמָל יְיָ
אֱ"לֹהֶיךָ אֶת־לְבָבְךָ וְאֶת־לְבַב זַרְעֶךָ לְאַהֲבָה אֶת־יְיָ אֱ"לֹהֶיךָ בְּכָל־לְבָבְךָ וּבְכָל־נַפְשְׁךָ
לְמַעַן חַיֶּיךָ:

30:1 There shall come a time when you shall have experienced all the words of blessing and curse that I have presented to you.
There, among the nations where God will have banished you, you will reflect on the situation.
30:2 You will then return to the Power of the UnNameable Name, and you will obey It, doing everything that I am commanding you today. You and your children [will repent] with all your heart and with all your soul. 30:3 God will then bring back your remnants and have mercy on you. The Power of the UnNameable Name will once again gather you from among all the nations where God scattered you. 30:4 Even if your diaspora is at the ends of the heavens, the Power of the UnNameable Name will gather you up from there and God will take you back.
30:5 The Power of the UnNameable Name will then bring you to the land that your ancestors occupied, and you too will occupy it. God will be good to you and make you flourish even more than your ancestors.
30:6 God will remove the barriers from your hearts and from the hearts of your descendants, so that you will love God your Lord with all your heart and soul. Thus will you truly live.

3rd aliyah - Deut 30:11-14 - leyned by Maggie Greene

יא כִּי הַמִּצְוָה הַזֹּאת אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם לֹא־נִפְלֵאת הִוא מִמְּךָ וְלֹא־רְחֹקָה הֵוא׃
יב לֹא בַשָּׁמַיִם הִוא לֵאמֹר מִי יַעֲלֶה־לָּנוּ הַשָּׁמַיְמָה וְיִקָּחֶהָ לָּנוּ וְיַשְׁמִעֵנוּ אֹתָהּ וְנַעֲשֶׂנָּה׃
יג וְלֹא־מֵעֵבֶר לַיָּם הִוא לֵאמֹר מִי יַעֲבָר־לָנוּ אֶל־עֵבֶר הַיָּם וְיִקָּחֶהָ לָּנוּ וְיַשְׁמִעֵנוּ אֹתָהּ
וְנַעֲשֶׂנָּה׃ יד כִּי־קָרוֹב אֵ"לֶיךָ הַדָּבָר מְאֹד בְּפִיךָ וּבִלְבָבְךָ לַעֲשֹׂתוֹ׃

30:11 This mandate that I am prescribing to you today is not too mysterious or remote from you.
30:12 It is not in heaven, so [that you should] say,
'Who shall go up to heaven and bring it to us so that we can hear it and keep it?'
30:13 It is not over the sea so [that you should] say,
'Who will cross the sea and get if for us, so that we will be able to hear it and keep it?'
30:14 It is something that is very close to you. It is in your mouth and in your heart, in your power to do.

4th aliyah - Deut 30:15-20 - leyned by Susan Berman

טו רְאֵה נָתַתִּי לְפָנֶיךָ הַיּוֹם אֶת־הַחַיִּים וְאֶת־הַטּוֹב וְאֶת־הַמָּוֶת וְאֶת־הָרָע׃ טז אֲשֶׁר
אָנֹכִי מְצַוְּךָ הַיּוֹם לְאַהֲבָה אֶת־יְיָ אֱ"לֹהֶיךָ לָלֶכֶת בִּדְרָכָיו וְלִשְׁמֹר מִצְוֹתָיו וְחֻקֹּתָיו
וּמִשְׁפָּטָיו וְחָיִיתָ וְרָבִיתָ וּבֵרַכְךָ יְיָ אֱ"לֹהֶיךָ בָּאָרֶץ אֲשֶׁר־אַתָּה בָא־שָׁמָּה לְרִשְׁתָּהּ׃
יז וְאִם־יִפְנֶה לְבָבְךָ וְלֹא תִשְׁמָע וְנִדַּחְתָּ וְהִשְׁתַּחֲוִיתָ לֵאֱ"לֹהִים אֲחֵרִים וַעֲבַדְתָּם׃
יח הִגַּדְתִּי לָכֶם הַיּוֹם כִּי אָבֵד תֹּאבֵדוּן לֹא־תַאֲרִיכֻן יָמִים עַל־הָאֲדָמָה אֲשֶׁר אַתָּה עֹבֵר
אֶת־הַיַּרְדֵּן לָבוֹא שָׁמָּה לְרִשְׁתָּהּ׃ יט הַעִדֹתִי בָכֶם הַיּוֹם אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ הַחַיִּים
וְהַמָּוֶת נָתַתִּי לְפָנֶיךָ הַבְּרָכָה וְהַקְּלָלָה וּבָחַרְתָּ בַּחַיִּים לְמַעַן תִּחְיֶה אַתָּה וְזַרְעֶךָ׃
כ לְאַהֲבָה אֶת־ יְיָ אֱ"לֹהֶיךָ לִשְׁמֹעַ בְּקֹלוֹ וּלְדָבְקָה־בוֹ כִּי הוּא חַיֶּיךָ וְאֹרֶךְ יָמֶיךָ לָשֶׁבֶת
עַל־הָאֲדָמָה אֲשֶׁר נִשְׁבַּע יְיָ לַאֲבֹתֶיךָ לְאַבְרָהָם לְיִצְחָק וּלְיַעֲקֹב לָתֵת לָהֶם׃

30:15 See! Today I have set before you [a free choice] between life and good [on one side], and death and evil [on the other].
30:16 I have commanded you today to love the Power of the UnNameable Name, to walk in Its paths, and to keep God's commandments, decrees and laws. You will then survive and flourish, and Power of the UnNameable Name will bless you in the land that you are about to occupy.
30:17 But if your heart turns aside and you do not listen, you will be led astray to bow down to foreign forces and worship them. 30:18 I am warning you today, that [if you do that] you will be utterly exterminated. You will not last very long in the land which you are crossing the Jordan and coming to occupy.

30:19 I call heaven and earth as witnesses!
Before you I have placed life and death, the blessing and the curse.
Choose life, so that you and your descendants will survive!
30:20 [Choose] to love the Power of the UnNameable Name, to obey It, and to attach yourself to It. For that is your lifeline and the length of your days, [and your opportunity] to dwell in the land that God swore to your fathers, Abraham, Isaac and Jacob, [promising] to give it to them.

Prayers for Wellness

While the Torah scroll is physically in our midst, we offer our most sincere prayers for personal and collective healing. We then ceremonially raise the Torah so all can see her, and then wrap and dress her once again.

Before the Torah is returned to the ark we stand once again to hear more shofar blasts. Prior to this we sometimes add a complementary text, a *haftara*, from the words of the prophets.

1. Ana El Na Refah Nah Lah - Healing Prayer

Liturgy, from Numbers 12:13

אָנָּא אֵ"ל נָא רְפָא נָא לָהּ! **Ana, El, Na Refa Na Lah**

Please God, heal her / him / it / us / this!

The Torah Scroll is Lifted and then Dressed.
As the Torah is Raised, We Sing:

2. This is the Torah - v'Zot haTorah

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לִפְנֵי בְּנֵי יִשְׂרָאֵ"ל עַל פִּי יְיָ בְּיַד מֹשֶׁה׃

V'Zot haTorah Asher Sam Moshe Lifnei B'nai Yisrael
Al Pi Adonai B'Yad Moshe

This is the Teaching that was transmitted by God, through Moses,
to the Children of Israel.

3. Yekum Purkan: God of all Spirit, all Directions, all Winds

Jonah Meadows Adels z"l

You have placed in our hands Power
Unlike any since before the world began
To overturn the orders of creation.

Please, God, give us wisdom and skillful hands
To heal the skies and earth from our sins

Yekum purkan min shemaya

May salvation arise for the heavens
That the blessings of the sun flow over us,
For life and not for death
For blessing and not for curse.

As it says:

I will open for you the expanses of the heavens
And will empty out for you a blessing,
Beyond what is enough
And the earth's fruit will not be destroyed because of you.

God, full of compassion,
Remember your covenant with all life, the covenant of the waters of Noah

And spread a sukkah of compassion and peace
Over us and over all life's species.

Surround all our relations
With Shechina's radiance.
Water them with your river of delight
In all of their habitats.

Then will the bow appear in the cloud
Joyful and beautified with its colors,
And the Tree of Life will return to its original strength

So that we and all our descendents
May merit to live many days on earth
Like days of the skies over the land
Kee'ymay ha'shamayim al ha'aretz

Blessed be the life of the worlds
Baruch Chay ha'Olamim.

Haftarah - Additional Prophetic Readings

1. Blessings Before the Haftarah

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בִּנְבִיאִים טוֹבִים,
וְרָצָה בְדִבְרֵיהֶם הַנֶּאֱמָרִים בֶּאֱמֶת.
בָּרוּךְ אַתָּה יְיָ, הַבּוֹחֵר בַּתּוֹרָה וּבְמֹשֶׁה עַבְדּוֹ,
וּבְיִשְׂרָאֵל עַמּוֹ, וּבִנְבִיאֵי הָאֱמֶת וָצֶדֶק.

Blessed are You, God our God, Ruler of the universe, who has selected faithful prophets and takes delight in their words which were spoken in truth.
Blessed are You, Adonai, who delights in the Torah, Moses, the people Israel, and the prophets of truth and righteousness.

2. Haftarah - Blessings After the Haftarah

בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, צוּר כָּל הָעוֹלָמִים, צַדִּיק בְּכָל הַדּוֹרוֹת,
הָאֵ"ל הַנֶּאֱמָן הָאוֹמֵר וְעֹשֶׂה, הַמְדַבֵּר וּמְקַיֵּם, שֶׁכָּל דְּבָרָיו אֱמֶת וָצֶדֶק.
נֶאֱמָן אַתָּה הוּא יְיָ אֱ"לֹהֵינוּ, וְנֶאֱמָנִים דְּבָרֶיךָ, וְדָבָר אֶחָד
מִדְּבָרֶיךָ אָחוֹר לֹא יָשׁוּב רֵיקָם, כִּי אֵ"ל מֶלֶךְ נֶאֱמָן וְרַחֲמָן אָתָּה.

Blessed are You, Adonai our God, the Majesty of the universe, Rock of all ages, righteous in all generations. You are the faithful God who says and performs, who speaks and fulfills, whose words are true and righteous.
We have faith in You, God our God, and in Your words which will be fulfilled.
You are a faithful and compassionate God and Ruler.

בָּרוּךְ אַתָּה יְיָ, הָאֵ"ל הַנֶּאֱמָן בְּכָל דְּבָרָיו.
רַחֵם עַל צִיּוֹן כִּי הִיא בֵּית חַיֵּינוּ, וְלַעֲלוּבַת נֶפֶשׁ תּוֹשִׁיעַ בִּמְהֵרָה בְיָמֵינוּ.
בָּרוּךְ אַתָּה יְיָ, מְשַׂמֵּחַ צִיּוֹן בְּבָנֶיהָ.

Blessed are You, Adonai, the God, who is faithful in fulfilling the Way of words.
Be merciful unto Zion, for it is the dwelling of our life, and may You soon in our own day save the city that grieves in spirit.
Blessed are You, Adonai, who causes Zion to rejoice with her children.

שַׂמְּחֵנוּ יְיָ אֱ"לֹהֵינוּ בְּאֵלִיָּהוּ הַנָּבִיא עַבְדֶּךָ, וּבְמַלְכוּת בֵּית דָּוִד מְשִׁיחֶךָ,
בִּמְהֵרָה יָבֹא וְיָגֶל לִבֵּנוּ, עַל כִּסְאוֹ לֹא יֵשֵׁב זָר וְלֹא יִנְחֲלוּ עוֹד אֲחֵרִים אֶת כְּבוֹדוֹ,
כִּי בְשֵׁם קָדְשְׁךָ נִשְׁבַּעְתָּ לוֹ, שֶׁלֹּא יִכְבֶּה נֵרוֹ לְעוֹלָם וָעֶד.

Bring us joy through Your servant Elijah, and delight us with the establishment of the Messianic order of David, Your anointed.
May no stranger occupy his throne and may no usurper inherit his glory.
For You have promised that his light will never be extinguished.

בָּרוּךְ אַתָּה יְיָ, מָגֵן דָּוִד.
עַל הַתּוֹרָה, וְעַל הָעֲבוֹדָה, וְעַל הַנְּבִיאִים,
(וְעַל יוֹם הַזִּכָּרוֹם הַזֶּה) (וְעַל יוֹם הַשַּׁבָּת הַזֶּה,) (וְעַל יוֹם הַכִּפּוּרִים הַזֶּה),
שֶׁנָּתַתָּ לָנוּ יְיָ אֱ"לֹהֵינוּ, (לִקְדֻשָּׁה וְלִמְנוּחָה,) לְכָבוֹד וּלְתִפְאָרֶת.

Blessed are You, the Shield of David.
We thank and bless you, Adonai our God for the Torah and for our worship
and for the prophets (for this Sabbath day) and for this
Day of Remembrance/Day of Atonement, which You, Adonai our God give us
(for holiness and rest) for glory and delight.

עַל הַכֹּל יְיָ אֱ"לֹהֵינוּ, אֲנַחְנוּ מוֹדִים לָךְ, וּמְבָרְכִים אוֹתָךְ, יִתְבָּרַךְ
שִׁמְךָ בְּפִי כָּל חַי תָּמִיד לְעוֹלָם וָעֶד, וּדְבָרְךָ אֱמֶת וְקַיָּם לָעַד.
בָּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַזִּכָּרוֹן (וְיוֹם הַכִּפּוּרִים).

May Your name be continuously praised by the mouth of every living being forevermore.
Your word is truth and endures forever.
Blessed are You, Adonai, Sovereign over all the Earth who
hallows (the Sabbath and) Israel and this Day of Remembrance (Day of Yom Kippur).

All Rise As the Shofar Is Sounded

Tekiah - *one note, unbroken - a call to attention, to search within ourselves.*
Shevarim - *three notes - a wail, a cry to God from deep within us; Sarah's wail.*
Teruah - *nine or more staccato notes - an alarm, a broken sound; waking us up to action.*
Tekiah Gedolah - *One long, sustained note - the forging of our new selves, signaling our intent of genuine repentance.*

Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה
Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה
Tekiah Sheveraim-Teruah Tekiah	תְּקִיעָה שְׁבָרִים תְּרוּעָה תְּקִיעָה

Shofar (flip back to Section 19)

Returning the Torah to the Ark

The Torah Scrolls Are Carried Around the Congregation

1. Etz Chayyim - Tree of Life

Proverbs 3:18, trans Rav Bracha; Tanchum Portnoy

עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ, וְתוֹמְכֶיהָ מְאֻשָּׁר׃
דְּרָכֶיהָ דַרְכֵי נוֹעַם, וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם׃
הֲשִׁיבֵנוּ ה' אֵלֶיךָ וְנָשׁוּבָה חַדֵּשׁ יָמֵינוּ כְּקֶדֶם׃

Etz Chayyim Hee l'Makhazikim Bah, v'Tom'khe'ha me'U-shar
Dar-khe-ha Dar-khey No-am, v'Khol Ne-ti-vo-te-ha Shalom
Kha'shi'veynu Havayah Ey-lay-ikh ve-Na-shu-va,
Kha-desh Ya-mey-nu ke-Kedem.

She is the Tree Whose life we cling to for eternity,
She is the Tree that branches infinitely (x2)

All of the ways that She shows, Are ways of knowing what She knows
That every breath is filled with pleasure, peace and positivity

All of the ways that She shows, Are ways of knowing what She knows
That every part is but a piece within a greater unity

2. Hashiveinu - Return Us

Lam 5:21; Mark Keller and Corry Bell

Hashiveinu, Hashiveinu, Adonai Elekha,	הֲשִׁיבֵנוּ, הֲשִׁיבֵנוּ, יְיָ אֵלֶיךָ
v'Nashuva, v'Nashuva	וְנָשׁוּבָה, וְנָשׁוּבָה
Khadesh, Khadesh Yameinu ke-Kedem	חַדֵּשׁ, חַדֵּשׁ יָמֵינוּ כְּקֶדֶם׃

Turn us back to You, Turn us back to You, Turn us back to You, Holy Source
Re-turn, re-turn, re-turn our lives to Your care
Make us refreshed, Make us renewed, Awaken us as of old

Section 25 - Returning the Torah

Mussaf - Additional Prayers for Days of Awe

On Shabbat and on holidays, an additional *(mussaf)* service is offered. On the Days of Awe, this additional service contains many of the key themes of the holiday: the vision of a Book of Life where each fate is recorded and sealed, the ultimate sovereignty of the divine, the wake-up calls of the Shofar - and the centrality of tefila, prayer; teshuva, returning to source; and tzedaka, contributing to charity and to justice, in being able to transform the future.

Amidah: Personal Silent Prayer (flip forward to Section 36)

The three central sections to the Rosh haShanah amidah, silent standing prayer, center around: divine sovereignty (malkhuyot), remembrance and record-keeping (zikhronot), and the shofar itself.

The following summaries of these themes are from the New Kehilah Makhzor, translated by Rabbi David Shneyer.

1. Malkhuyot - God Reigns

God is the oneness that spans the fathomless depths of space,
And the measureless eons of time,
Binding them together in acts,
As we do in thought.
God is the sameness in the elemental substance of stars and planets,
Of this our earthly abode and all that it holds.
God is the unity of all that is,
The uniformity of all that moves,
the rhythm of all things and the nature of their interaction.

2. Zichronot - Memories

And you remember the creation and are mindful of all that has been created from the beginning.
How fortunate is the person who does not forget and the one who finds strength in You,
for the one who seeks You shall not stumble nor ever be put to shame.

3. Shofarot - Revelation and Redemption

You were revealed to Your people at Mount Sinai amid clouds of glory.
On the third day, as the morning dawned there was thunder and a thick cloud settled on the mountain, and the mighty sound of the shofar was heard,
and the whole people trembled. **(Exodus 19:16)**

4. U'Netaneh Tokef - This Awe-Filled Day

וּנְתַנֶּה תֹּקֶף קְדֻשַּׁת הַיּוֹם כִּי הוּא נוֹרָא וְאָיוֹם
וּבוֹ תִנָּשֵׂא מַלְכוּתֶךָ וְיִכּוֹן בְּחֶסֶד כִּסְאֶךָ וְתֵשֵׁב עָלָיו בֶּאֱמֶת.
אֱמֶת כִּי אַתָּה הוּא דַּיָּן וּמוֹכִיחַ וְיוֹדֵעַ וָעֵד
וְכוֹתֵב וְחוֹתֵם וְסוֹפֵר וּמוֹנֶה.
וְתִזְכֹּר כָּל הַנִּשְׁכָּחוֹת, וְתִפְתַּח אֶת סֵפֶר הַזִּכָּרוֹנוֹת. וּמֵאֵלָיו יִקָּרֵא.
וְחוֹתָם יַד כָּל אָדָם בּוֹ.
וּבְשׁוֹפָר גָּדוֹל יִתָּקַע. וְקוֹל דְּמָמָה דַּקָּה יִשָּׁמַע. וּמַלְאָכִים יֵחָפֵזוּן. וְחִיל וּרְעָדָה יֹאחֵזוּן.
וְיֹאמְרוּ הִנֵּה יוֹם הַדִּין!
לִפְק�ד עַל צְבָא מָרוֹם בַּדִּין. כִּי לֹא יִזְכּוּ בְעֵינֶיךָ בַּדִּין
וְכָל בָּאֵי עוֹלָם יַעַבְרוּן לְפָנֶיךָ כִּבְנֵי מָרוֹן. כְּבַקָּרַת רוֹעֶה עֶדְרוֹ. מַעֲבִיר צֹאנוֹ תַּחַת שִׁבְטוֹ.
כֵּן תַּעֲבִיר וְתִסְפֹּר וְתִמְנֶה וְתִפְקֹד נֶפֶשׁ כָּל חָי.
וְתַחְתֹּךְ קִצְבָה לְכָל בְּרִיּוֹתֶיךָ. וְתִכְתֹּב אֶת גְּזַר דִּינָם׃

Let us pay attention the holiness of this day - truly a profound and awesome time. On it the angels themselves are trembling, arrayed before Your throne, the place of kindness where You are seated. For You are truly the principle of justice, of weighing and investigating, knowing and witnessing, writing and sealing. You record and account, recalling all that has been forgotten. You take out the book of remembrances, and read from it; for the signature of every being is in it.

Then a giant shofar sounds... And then the still small voice is heard....
The angels are in a commotion, seized by terror and trembling, declaring:
"Judgement Day! Judgement Day! Judgement Day is today!!
Even the celestial beings will have to stand trial; nothing is exempt from G!d's justice!"

For all the earth's inhabitants pass before the One like soldiers. Like a shepherd watching her flock, counting her herd as each pass beneath her staff - so too does the Divine One pass them through, enumerate and account for them, taking note of each individual life.

You pay attention to each of your creatures, and write down each and every fate.

5. Today Our Fates Are Written - b'Rosh HaShanah yiKatevun

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן וּבְיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן׃

B'Rosh HaShanah yiKatevun, u'v'Yom tzom Kippur yeKhatemun

On Rosh HaShanah it is written down
And on Yom Kippur signed and sealed and bound.

How many will pass away and how many will come to be
Who will live, and who will die
Who in old age, and who before their time
Who by fire, and who by water
Who by violence, and who by accident.

On Rosh HaShanah it is written down
And on Yom Kippur signed and sealed and bound.

Who by hunger, and who by thirst
Who by weather, and who by plague
Who will suffocate, and who will be torn apart.

Who will rest, and who will wander
Who will have peace, and who will suffer
Who will be tranquil, and who will be tried
Who will get poor and who will get rich
Who will fall, and who will be raised up.

כַּמָּה יַעַבְרוּן, וְכַמָּה יִבָּרֵאוּן׃
מִי יִחְיֶה, וּמִי יָמוּת׃ מִי בְקִצּוֹ, וּמִי לֹא בְקִצּוֹ׃
מִי בָאֵשׁ, וּמִי בַמַּיִם׃ מִי בַחֶרֶב, וּמִי בַחַיָּה׃
מִי בָרָעָב, וּמִי בַצָּמָא׃ מִי בָרַעַשׁ, וּמִי בַמַּגֵּפָה׃ מִי בַחֲנִיקָה, וּמִי בִסְקִילָה׃
מִי יָנוּחַ, וּמִי יָנוּעַ׃ מִי יִשָּׁקֵט, וּמִי יִטָּרֵף׃
מִי יִשָּׁלֵו, וּמִי יִתְיַסָּר׃ מִי יֵעָנִי, וּמִי יֵעָשֵׁר׃ מִי יִשָּׁפֵל, וּמִי יָרוּם׃

Kamah ya'Avrun, v'khama yiBare'un.
Mi Yikhyeh, u'mi Yamut. Mi v'kitzo, u'mi lo v'kitzo. Mi va'Eysh, u'mi vaMayyim.
Mi va'Kherev, u'mi va'Khayah. Mi va'Ra'av, u'mi'vaTzama.
Mi va'Ra'ash, u'mi'vaMagefah. Mi v'khanikah, u'mi'v'Skilah.
Mi Yanuakh, u'mi'Yanua. Mi yeShaket, u'mi'yiTaref.
Mi yiShalev, u'mi'yitYasar. Mi ye'Ani, u'm'yeAsher.
Mi y'Shafel, u'mi'Yarum.

וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה

מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה׃

U'Teshuvah, u'Tefilah, u'Tzedakah

Ma-avirin et Ro'a haGzeirah.

But turning, and yearning, and caring have the power to transform fate!

6. Interpretive UneTaneh Tokef

Stanley Rabinowitz, based on seasonal liturgy

When we really begin a new year it is decided,
And when we actually do teshuva it is determined:

Who shall be truly alive and who shall merely exist;

Who shall be happy and who shall be miserable;

Who shall attain fulfillment in their days,
And who shall not attain fulfillment in their days;

Who shall be tormented by the fire of ambition,
And who shall be overcome by the waters of failure;

Who shall be pierced by the sharp sword of envy,
And who shall be torn by the wild beast of resentment;

Who shall hunger for companionship,
And who shall thirst for approval;

Who shall be shattered by the earthquake of change,
And who shall be plagued by the pressures of conformity;

Who shall be strangled by insecurity,
And who shall be stoned into submission;

Who shall be content with their lot,
And who shall wander in search of satisfaction;

Who shall be serene and who shall be distraught;
Who shall be at ease and who shall be afflicted with anxiety;

Who shall be poor in their own eyes,
And who shall be rich in tranquility;

Who shall be brought low with futility,
And who shall be exalted through achievement.

וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה

מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה׃

U'Teshuvah, u'Tefilah, u'Tzedakah Ma-avirin et Ro'a haGzeirah.

But turning, and yearning, and caring
have the power to transform fate!

7. Who By Fire

Leonard Cohen

And who by fire, who by water,
Who in the sunshine, who in the night time,
Who by high ordeal, who by common trial,
Who in your merry merry month of may,
Who by very slow decay
And who shall I say is calling?

And who in her lonely slip, who by barbiturate,
Who in these realms of love, who by something blunt,
And who by avalanche, who by powder,
Who for his greed, who for his hunger,
And who shall I say is calling?

And who by brave assent, who by accident,
Who in solitude, who in this mirror,
Who by his lady's command, who by his own hand,
Who in mortal chains, who in power,
And who shall I say is calling?

8. Aleinu - We Must Acknowledge

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכֹּל, לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלּוֹ עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלוֹ שָׂמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה,
שֶׁלּוֹ שָׂם חֶלְקֵנוּ עִמָּהֶם, וְגוֹרָלֵנוּ כְּכָל הֲמוֹנָם

Aleynu l'Shabeyakh la-Adon haKol, la-Teyt Gedulah l'Yotzer B'reysheet
She'lo asanu k'Goy-ei ha-Aratzot,
v'lo samanu k'Mish-p'chot ha-Adamah.
Shelo sam Khel'keynu ima-hem, v'Goraleynu k'khol hamon-nam.

We rise to praise You Source of All, Your generous work as Creator of All,
You made us one with all of Life, You helped us to share with all human kind.
You linked our fate with all that lives and made our portion with all the world.

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא

Va-anakh'nu korim, (and we bend) **u-mish'takh-avim u-modim,** (and bow down or prostrate) **lifney Melech, Malchei haM'lakhim, ha-Kadosh, Barukh Hu.**

So we bend our knee and bow to the Holy Power.

שֶׁהוּא נוֹטֶה שָׁמַיִם וְיוֹסֵד אָרֶץ, וּמוֹשַׁב יְקָרוֹ בַּשָּׁמַיִם מִמַּעַל, וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים, הוּא אֱ"לֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְכֵּנוּ, אֶפֶס זוּלָתוֹ, כַּכָּתוּב בְּתוֹרָתוֹ: וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךָ, כִּי יְיָ הוּא הָאֱ"לֹהִים בַּשָּׁמַיִם מִמַּעַל, וְעַל הָאָרֶץ מִתָּחַת, אֵין עוֹד.

For God stretches out the heavens and roots and grounds the earth, and the seat of God's splendor is in the multiverse, and God's dwelling-place of might is in the highest of the high. God is our God: there is none other. Our sovereign is true: there is nothing besides. As it is written in God's Torah:

'And you shall know today, and seat it in your hearts, That the Un-nameable is God. In heaven above and earth below There is none other.'

9. Al-Ken: Therefore

And for this reason we hope in you, Un-nameable Divine, to see very soon the radiance of your power: to sweep away desecrations from the earth, and all false consciousness to be utterly removed: to mend the world through the sovereignty of nurture, and all mortal beings to call upon your name: when you turn towards you all the wicked of the earth.

They shall perceive and understand, all the dwellers on earth:

Feeling an innate fealty, expressing an innate trust. Before you, O God, shall they kneel and fall, and to the honor of your name shall they add splendor, and all shall receive the yoke of your sovereignty, and you shall be their Guiding Power; as it is written in your Torah: 'God shall reign forever and ever.'

Our God and the God of our ancestors: reign over the whole world in your glory, and be exalted over all the earth in your splendor, and illuminate in the radiance of the greatness of your power all the dwellers on earth, your world.

And each deed shall know that you are its doer, and each creation shall know that you are its creator, and everything that has breath in its nostrils shall say:

'The Un-nameable One-ness is in control,
Its sovereignty extends to every single thing.'

יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.
וְנֶאֱמַר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ
בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

Adonai yiM'lokh l'Olam va-Ed
V'ne-emar: v'hayah Adonai v'Melekh al kol ha-Aretz,
Ba-yom ha hu, y'hiyeh Adonai Echad, u'Shmo Echad.

The Eternal will reign forever and ever!
It is said: The Source of All will reign over the Earth
and on that day God will be One and God's name will be One.

10. Thirty Four

from The Power of the Way (Tao Te Ching) trans. by John Sprague

The great Way flows in every direction,
left and right.
All things depend on it for life,
and it does not deny them.
It accomplishes every task without
taking credit for itself.
It clothes and nourishes all beings,
without acting as their master.

Forever without desire,
we can call it small.
Yet since all things return to it
and it does not act as their master,
we can call it great.
In the end, it does not insist
on its own greatness,
and thus is truly great.

Closing Prayers for Rosh HaShanah

1. HaYom T'Amtzeynu - Strengthen Us Today

Rosh haShana liturgy

הַיּוֹם תְּאַמְּצֵנוּ	אָמֵן
הַיּוֹם תְּבָרְכֵנוּ	אָמֵן
הַיּוֹם תְּגַדְּלֵנוּ	אָמֵן
הַיּוֹם תְּדְרְשֵׁנוּ לטוֹבָה	אָמֵן
הַיּוֹם תְּכְתְּבֵנוּ לְחַיִּים טוֹבִים	אָמֵן
הַיּוֹם תִּשְׁמָע שַׁוְעָתֵנוּ	אָמֵן
הַיּוֹם תְּקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת-תְּפִלָּתֵנוּ	אָמֵן
הַיּוֹם תִּתְמְכֵנוּ בִּימִין צִדְקֶךָ	אָמֵן

HaYom t'Amtzeynu	**Amen!**
HaYom t'Varcheynu	**Amen!**
HaYom t'Gadleynu	**Amen!**
HaYom ti'dDr'sheynu l'Tovah	**Amen!**
HaYom ti'Kht'veynu l'Khayim Tovim	**Amen!**
HaYom ti'Shma Shavateynu	**Amen!**
HaYom t'Kabeyl b'Rakhamim u'v'Ratzon et T'filateynu	**Amen!**
HaYom tit'M'kheynu biMin Tzid'kekha	**Amen!**

On this day, give us strength! Amen.
On this day bless us! Amen.
On this day, help us to grow! Amen.
On this day, wish us well! Amen.
On this day, inscribe us for a good life! Amen.
On this day, hear our plea! Amen.
On this day, mercifully accept our prayer! Amen.
On this day, support us with strength of justice! Amen.

2. HaYom Harat Olam - Today the World is Born

הַיּוֹם, הַיּוֹם, הַיּוֹם הֲרַת עוֹלָם.

HaYom, haYom, HaYom Harat Olam

Today, today, today is the birth-day of the World!

אֲרֻשַׁת שְׂפָתֵינוּ יֵעָרֵב לְפָנֶיךָ, א"ל רָם וְנִשָּׂא,
מֵבִין וּמַאֲזִין, מַבִּיט וּמַקְשִׁיב לְקוֹל תְּקִיעָתֵנוּ - שברתינו - טרועתינו
וּתְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן סֵדֶר מַלְכֻיּוֹתֵנוּ - זכרונותינו.

May our prayer be pleasing towards you, G!d, Most High, Pay attention to us, give heed to this Shofar, and accept in mercy our offering of words.

Kaddish and Closing (flip back to Section 13)

Yizkor Liturgy

On four of the holiest days of the year, communities add a special service in memory of the dead. It is traditional to give charity to help assist the souls of those who are being remembered and mentioned during Yizkor.

1. Psalm 23 - God is My Shepherd

מִזְמוֹר לְדָוִד יְיָ רֹעִי לֹא אֶחְסָר׃
בִּנְאוֹת דֶּשֶׁא יַרְבִּיצֵנִי עַל־מֵי מְנֻחוֹת יְנַהֲלֵנִי׃ נַפְשִׁי יְשׁוֹבֵב
יַנְחֵנִי בְמַעְגְּלֵי־צֶדֶק לְמַעַן שְׁמוֹ׃
גַּם כִּי־אֵלֵךְ בְּגֵיא צַלְמָוֶת לֹא־אִירָא רָע כִּי־אַתָּה עִמָּדִי
שִׁבְטְךָ וּמִשְׁעַנְתֶּךָ הֵמָּה יְנַחֲמֻנִי׃
תַּעֲרֹךְ לְפָנַי שֻׁלְחָן נֶגֶד צֹרְרָי דִּשַּׁנְתָּ בַשֶּׁמֶן רֹאשִׁי כּוֹסִי רְוָיָה׃
אַךְ טוֹב וָחֶסֶד יִרְדְּפוּנִי כָּל־יְמֵי חַיָּי וְשַׁבְתִּי בְּבֵית־ יְיָ לְאֹרֶךְ יָמִים׃

Mizmor leDavid Adonei Ro'i lo ech'sar
BiN'ot Deshe yaR'bitzeni al Mei Menukhot yeNahaleni
Nafshi yeShovev,
yaN'cheni beMa'aglei Tzedek lema'an Sh'mo
Gam ki Elech b'Gei Tzalmavet
Lo Ira Ra, ki Atah Imadi
Shiv'tekha uMish'antekha hemah yeNakhamuni
Ta'Arokh leFanai Shulkhan Neged Tzorerai
Dishanta vaShemen Roshi Kosi Revayah.
Akh Tov vaKhesed yiR'defuni kol Yemei Khayay
veShavti beVeit Adonai le'Orekh Yamim

The Lord is my shepherd: I shall not want.
God makes me lie down in green pastures,
Leads me beside still waters, and restores my soul.
You lead me in right paths for the sake of Your name.
Even when I walk in the valley of the shadow of death
I shall fear no evil, for You are with me;
Your rod and Your staff – they comfort me.
You have set a table before me in the presence of my enemies;
You have anointed my head with oil; my cup runneth over.
Surely goodness and mercy shall follow me all the days of my life,
And shall dwell in the house of the Lord forever.

2. We All Come From the Mother

We all come from the Mother
And to Her we shall return
Like a drop of water
Flowing to the ocean.

3. Yizkor Prayers (traditional)

May the heavenly power remember the soul of my beloved mother / father / loved one [name, child of name], who has come into their world. I commit to giving tzedaka on their behalf; and by merit of this, may their soul be bound up in the bond of life, alongside the souls of Abraham, Isaac, Jacob, Sarah, Rebekah, Rachel and Leah, and the souls of all the other righteous people, in the realm of Eden, and let us say: Amen.

In remembrance of a male

יִזְכֹּר אֱ"לֹהִים אֶת-נִשְׁמַת_____ שֶׁהָלַךְ לְעוֹלָמוֹ, בַּעֲבוּר שֶׁבְּלִי נֶדֶר
אֶתֵּן צְדָקָה בַּעֲדוֹ. אָנָא תְּהִי נַפְשׁוֹ צְרוּרָה בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתוֹ כְּבוֹד׃
שְׂבַע שְׂמָחוֹת אֶת-פָּנֶיךָ נְעִימוֹת בִּימִינְךָ נֶצַח, וְנֹאמַר אָמֵן.

Yizkor E-lohim et Nishmat (Name of the Deceased) she-halach l'olamo, Ba-avur sheb'li neder etayn tz'dakah ba-ado. Ana t'hi naf'sho tzrurah bitzror ha-khayim ut-hi m'nukhato k'vod. Sova s'makhot et pinekha n'imot bimin'kha netzakh, v'nomar Ameyn.

Let God remember the soul of _____ who went to his place of eternal rest, because, without making a vow, I shall give to charity on his behalf. Please let his soul be bound up with the living in the continuum of life, and may his rest be honorable. Grant him abundant joy in your presence, and sweet pleasures at your right hand for eternity. Amen.

In remembrance of a female

יִזְכֹּר אֱ"לֹהִים אֶת-נִשְׁמַת _____ שֶׁהָלְכָה לְעוֹלָמָהּ, בַּעֲבוּר שֶׁבְּלִי נֶדֶר
אֶתֵּן צְדָקָה בַּעֲדָהּ. אָנָא תְּהִי נַפְשָׁהּ צְרוּרָה בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתָהּ כְּבוֹד׃ שְׂבַע שְׂמָחוֹת אֶת-פָּנֶיךָ נְעִימוֹת בִּימִינְךָ נֶצַח, וְנֹאמַר אָמֵן

Yizkor E-lohim et Nishmat (Name of the Deceased) she-halkha l'olamah, Ba-avur sheb'li neder etayn tz'dakah ba-adah. Ana t'hi naf'shah tzrurah bitzror ha-khayim ut-hi m'nukhatah k'vod. Sova s'makhot et panekha n'imot bimin'kha netzakh, v'nomar Ameyn.

Let God remember the soul of _____ who went to her place of eternal rest, because, without making a vow, I shall give to charity on her behalf. Please let her soul be bound up with the living in the continuum of life, and may her rest be honorable. Grant her abundant joy in your presence, and sweet pleasures at your right hand for eternity. Amen.

4. El Maley Rachamim - A Prayer for the Deceased

אֵ"ל מָלֵא רַחֲמִים שׁוֹכֵן בַּמְּרוֹמִים.
הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת כַּנְפֵי הַשְּׁכִינָה. בְּמַעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים כְּזֹהַר
הָרָקִיעַ מַזְהִירִים אֶת נִשְׁמַת [פלוני בן פלוני / פלונית בת פלונית]
שֶׁהָלַךְ/שֶׁהָלְכָה לְעוֹלָמוֹ/ה בַּעֲבוּר שֶׁבְּלִי נֶדֶר אֶתֵּן צְדָקָה בְּעַד הַזְכָּרַת
נִשְׁמָתוֹ/ה, בְּגַן עֵדֶן תְּהֵא מְנוּחָתוֹ.
לָכֵן בַּעַל הָרַחֲמִים יַסְתִּירֵהוּ בְּסֵתֶר כְּנָפָיו לְעוֹלָמִים.
וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמָתוֹ/ה.
יְיָ הוּא נַחֲלָתוֹ/ה: וְיָנוּחַ בְּשָׁלוֹם עַל מִשְׁכָּבוֹ/ה.
וְנֹאמַר אָמֵן:

El Maley Rachamim, Shochen baM'romim,
hamtzey Menuchah N'chonah tachat Kanfey ha-Sche-chinah;
b'Ma-alot Kedoshim u-Te'horim, ke'Zohar ha'Rakia maZhirim et Nishmot
_____ [insert names] **Yakireynu she-Halchu le'Olamam,**
ba'avur she'bli Neder eteyn Tzedakah be'ad haZkarat Nishmotayhem b'Gan Eden t'hey Menuchatam.
Ana Ba'al ha-Rach-amim yastireyn beSeter k'Nafe'kha l'Olamim,
v'yiTzror biTzror haChayim et Nishmatam.
Adonai hu Nachalatam. V'yanuchu b'Shalom al Mish-k'votam;
v'nomar: Amen.

O God, exalted and full of compassion.
Grant perfect peace in your sheltering presence to the souls of our loved ones[insert names]*, who have departed from this world.*
We pledge to give charity in memory of their souls, though not by means of a formal vow.
Source of Mercy, bring them into Your presence.
Let their souls be bound up in the bond of eternity.
Be You their possession. May they rest in peace.
And let us say: Amen.

5. Mourners' Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ,
וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב- **אָמֵן**.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר וְיִתְעַלֶּה וְיִתְהַלַּל
שְׁמֵהּ דְּקֻדְשָׁא - **בְּרִיךְ הוּא**,
לְעֵלָּא וּלְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִ" **אָמֵן**.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ **אָמֵן**.
עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֵל, וְאִמְרוּ **אָמֵן**.

Yit-Gadal v' yit-Kadash Sh'mey Rabbah, b'Almah di V'rah khiR'utey v' yaMlikh Mal-khutey, b'Chai-yeykhon, uv'Yo-mekhon,
uv'Chayei d'chol Beit Yisrael, ba'Agalah u'viZ'man Kariv, v'imru: Ameyn.

Y'hey sh'mey rabbah m'varakh l'olam u'l'almey almah-yah

Yit'Barakh, v'Yish'tabakh, v' yit-Pa'ar, v' yit-Ro-mam,
v'yit'Nasey, v'yit'Hadar, v'yit'Aleh, v'yit'Halal
Sh'mey d'Kudsha - B'rikh Hu!

l'Eylah u'l'Eylah min kol Birkhata v'Shirata,
Tush'b'khatah v'Nekhemata, da'Amiran b'Al'mah, v'imru: Ameyn

Y'hey Shlama Rabba min Sh'maya, v'Chayim Aleynu v'al kol Yisrael,
v'imru: Ameyn
Oseh Shalom biM'ro'mav, hu ya'Aaseh Shalom
Aleynu v'al kol Yisrael, v'al kol Yosh-vey Teyveyl, v'imru: Ameyn

*May God's essence be revealed as great and holy, throughout the universes that were created by Divine desire (**Amen**). May the realm of the sacred be completed in our lifetime (**Amen**). May the Holy Name **be blessed** as long as worlds endure, hailed, praised and exalted, though beyond any song or praise or description we could utter.*
*May there be universal peace, life for us, for all Israel, and all who dwell on earth. **Amen.***

בע"ה

Yom Kippur: Opening Liturgy

**Yom Kippur, the Day of At-one-ment, is considered a mikva, purifying bath, for the Jewish soul.
On this day we "dip" ourselves back into greater awareness
of the ultimate unity and integrity of all being.**

1. MiMaleh Kol Olmin - Suffusing and Surpassing

R' Michael Shapiro

מְמַלֵּא כָּל עָלְמִין וְסוֹבֵב כָּל עָלְמִין - וּמִבִּלַעֲדֶיךָ אֵין שׁוּם מְצִיאוּת כְּלַל׃

MiMale Kol Olmin v'Sovev Kol Olmin - u-mi-Biladecha Ein Shum Metziut Klal

You fill all dimensions, Surround all dimensions
And without your essence, nothing would have presence.

2. Ein Od Milvado - There Is Nothing but G!d

Deut 4:35

אֵיו עוֹד מִלְבַדּוֹ, ה" הוּא הָאֱ"לֹהִים׃

Ein Od Milvado (x2), HaShem, hu ha'Elohim

There Is Nothing Besides !t
The unNameable Name - that !s the Ruling Force

3. Teach Us to Treasure Each Day

Psalm 90:12; R' Aryeh Hirschfield

לִמְנוֹת יָמֵינוּ כֵּן הוֹדַע וְנָבִא לְבַב חָכְמָה׃

Limnot Yameynu (x3) keyn hoDa, v-naVi l'vav Chochmah.
Teach us to treasure each day (x2)
that we may open our hearts to Your wisdom
O teach us to treasure each day. (x2)

4. Hashiveinu - Return Us

Lam 5:21; Mark Keller and Corry Bell

Hashiveinu, Hashiveinu, Adonai Elekha, הֲשִׁיבֵנוּ, הֲשִׁיבֵנוּ, יְיָ אֵלֶיךָ
v'naShuva, v'naShuva וְנָשׁוּבָה, וְנָשׁוּבָה
Khadesh, Khadesh Yameinu ke-Kedem חַדֵּשׁ, חַדֵּשׁ יָמֵינוּ כְּקֶדֶם׃

Turn us back to You, Turn us back to You, Turn us back to You, Holy Source
Re-turn, re-turn, re-turn our lives to Your care
Make us refreshed, Make us renewed, Awaken us as of old.

See also:

Opening Intentions (flip back to Section 1)

Kindling the Memorial and Holiday Lights (flip back to Section 2)

Blessing Our Children (flip back to Section 3)

Kol Nidre: Annuling All Vows

1. Kraticha Yah - I Am Crying Out to You **Yom Kippur liturgy; R' Shlomo Carlebach**

קְרָאתִיךָ יָ"הּ! הוֹשִׁיעֵנִי אֹרֶח חַיִּים; תּוֹדִיעֵנִי מְדַלָּה, תְּבַצְּעֵנִי מִיּוֹם עַד לָיְלָה.

K'raticha Yah, Hoshi-eyni! Orech Chayim Todi-eyni
Mi-Dalah T'va-tzeyni, Mi-Yom ad Laila

I am crying out to You, Yah. Save me! Show me the Way of Life
Save me from my wretchedness from birth through death, from day until night.

We Rise as the Ark is Opened

The Torah Scrolls Are Brought to Surround the Community

2. Be'Yeshiva shel Ma'alah - The Permission **Yom Kippur liturgy; R' Micha'el Shapiro**

בִּישִׁיבָה שֶׁל מַעְלָה וּבִישִׁיבָה שֶׁל מַטָּה,
עַל דַּעַת הַמָּקוֹם וְעַל דַּעַת הַקָּהָל,
אָנוּ מַתִּירִין לְהִתְפַּלֵּל עִם הָעֲבַרְיָנִים.

B'Yeshivah shel Ma'alah, u-v'Yeshivah shel Mattah,
Al Da'at ha-Makom, v'al Da'at ha-Kahal,
Anu Matirin l'Hit'palel im ha-Avar'yanim (x2).

By the authority of the heavenly court, and by the authority of the earthly court, with the knowledge of the ever-present God, and with the knowledge of this congregation:
We welcome all to pray with this community,
and declare it proper to pray with others who have strayed.

3. Kol Nidrei - Release From Vows

כָּל נִדְרֵי וֶאֱסָרֵי וַחֲרָמֵי, וְקוֹנָמֵי וְכִנּוּיֵי, וְקִנּוּסֵי וּשְׁבוּעוֹת,
דִּנְדַרְנָא וּדְאִשְׁתַּבַּעְנָא, וּדְאַחֲרִמְנָא וְדְאֲסַרְנָא עַל נַפְשָׁתָנָא,
מִיּוֹם כִּפֻּרִים זֶה עַד יוֹם כִּפֻּרִים הַבָּא עָלֵינוּ לְטוֹבָה,
כֻּלְּהוֹן אִתְחָרַטְנָא בְהוֹן. כֻּלְּהוֹן יְהוֹן שָׁרָן,
שְׁבִיקִין שְׁבִיתִין, בְּטֵלִין וּמְבֻטָּלִין, לָא שְׁרִירִין וְלָא קַיָּמִין.
נִדְרָנָא לָא נִדְרֵי, וֶאֱסָרָנָא לָא אֱסָרֵי, וּשְׁבוּעָתָנָא לָא שְׁבוּעוֹת.

Kol Nidrei v'Esarei va-Kharamei v'Konamei v'Kninuyei v'Kinusei u'Sh'vuot
diNdarna u'd'iSht'bana u'd'Akhareemna v'di'Asarna al Naf-shatana,
miYom Kippurim zeh ad Yom Kippurim ha'ba Aleynu l'Tova,
Kul'hon Ikharatna v'hon, Kul'hon y'hon Sharan,

Sh'veekeen, Ssh'veeteen, B'teileen u-M'vutaleen, la Sh'reereen v'la Kayameen;
Nidrana la Nidrei, ve'Esarana la Esarei, v'Sh'vuatana la Sh'vuot.

All vows, bonds, devotions, promises, obligations, penalties and oaths, wherewith we have vowed, sworn, devoted and bound ourselves, from thie Day of Atonement to the next Day of Atonement - may it come to us for good. (In the event that we forget them or were coerced to break them), they shall be absolved, released, annulled, made void and of no effect; they shall not be binding nor shall they have any power.

4. A Declaration of Divine Forgiveness - Salachti KiDvarekha

Reader:

Let there be forgiveness for the entire Jewish people,
and for all the nations that live around and amongst them.
For all of us make mistakes.

Congregation:
And Yud-Hey-Vav-Hey Eternal said:
"I am forgiving them, just as you ask."

Reader:
Great Power!
In the vastness of Your compassion forgive these people's sins.
You have been liberating and redeeming us since you took us out of Egypt,
and you still are to this very day.

Congregation:
And Yud-Hey-Vav-Hey Eternal said:
"I am forgiving them, just as you ask."

All:
וַיֹּאמֶר יְיָ סָלַחְתִּי כִּדְבָרֶךָ.

Vayomer Adonai: "Salakhti kiDvarekha"

And Yud-Hey-Vav-Hey Eternal said: "I am forgiving them, just as you ask."

Barukh Ata Adonai, Eloheynu Melekh ha-Olam
She-Hekhiyanu, v'Kiyamanu, v'Higiyanu laZman haZeh!
בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Holy One of Blessing, Your Presence fills creation. You have enlivened us,
sustained us and brought us to this moment in time!

5. Eleycha Ekra - I Cry Out to You

Psalm 30; R' Shlomo Carlebach

Eylekha (Eylekha), Havaya Ekra	אֵלֶיךָ (אֵלֶיךָ) הו"ה אֶקְרָא
(Havaya Ekra)	(הו"ה אֶקְרָא)
v'el Adonai et-Khanan:	וְאֶל־אֲדֹנָי, אֶתְחַנָּן׃
Shma Adonai, v'Kho-neyni!	שְׁמַע־ יְיָ וְחָנֵּנִי
Havaya heyeh Ozer Li!	הו"ה, הֱיֵה־עֹזֵר לִי׃

To You, blessed One, I cry
I entreat my Higher Power:

Hear me, G!d, respond to me!
Be-ing, be my aid!

The Torah Scrolls are Returned to the Ark

The Ark is Closed and All Are Seated

Section 30 - Kol Nidre

Vidui - Prayers of Contrition and Confession

1. Mokhel Avonot - Remover of Sins

Seasonal liturgy

אֵ"ל מֶלֶךְ יוֹשֵׁב עַל כִּסֵּא רַחֲמִים, מִתְנַהֵג בַּחֲסִידוּת!
El! Melekh Yoshev al Kiseh Rakhamim, mitNaheg b'Chassidut!

Sovereign Power, seated upon a throne of mercy, occupied with kindness!

Mokhel Avonot, Mokhel Avonot Amo	מוֹחֵל עֲוֹנוֹת, מוֹחֵל עֲוֹנוֹת עַמּוֹ
Ma'avir Rishon, Rishon	מַעֲבִיר רִאשׁוֹן רִאשׁוֹן
Marbeh Mekhilah l'Chata'im	מַרְבֶּה מְחִילָה לְחַטָּאִים
U'S'likhah l'Foshim (x2)	וּסְלִיחָה לְפוֹשְׁעִים׃

Forgiver of wrongdoing, removing sins one by one
Your forgiveness of sinners continues to increase
And your compassion to those who do wrong.

Oseh Tzedakot, Oseh Tzedakot	עוֹשֶׂה צְדָקוֹת, עוֹשֶׂה צְדָקוֹת
Im Kol Bassar, Bassar va'Ru'ach	עִם כָּל בָּשָׂר, בָּשָׂר וָרוּחַ
Lo k'Ra'atam tiG'mol; lo k'Ra'atam tiG'mol	לֹא כְרָעָתָם תִּגְמוֹל, לֹא כְרָעָתָם תִּגְמוֹל׃

You forge righteousness for every living being, body and soul
You do not repay them with ill for ill
But with goodness for all instead.

O Source of Compassion, long ago You gave us the Song of 13 names.
Remember that Song now, just as you taught it to Moses,
When Your spirit descended and encompassed him.
Now it is we who call out Your name:

2. 13 Attributes of Divine Compassion

Seasonal liturgy, from Exodus 34

יְיָ, יְיָ, אֵ"ל רַחוּם וְחַנּוּן, אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וֶאֱמֶת׃
נֹצֵר חֶסֶד לָאֲלָפִים נֹשֵׂא עָוֹן וָפֶשַׁע וְחַטָּאָה וְנַקֵּה׃

Adonai, Adonai, El Rachum veChanun, Erech Apayim, veRav Chessed ve'Emet.
Notzeyr Chessed la'Alafim, Nosey Avon vaFesha veKhata'ah veNakei!

Yod Hay, Vav Hay, Compassion and Tenderness,
Patience, Forebearance, Kindness, Awareness.
Bearing love from age to age, lifting guilt and mistakes and making us free!

3. Ashamnu - We Messed It Up

Seasonal liturgy

אָשַׁמְנוּ. בָּגַדְנוּ. גָּזַלְנוּ. דִּבַּרְנוּ דֹּפִי׃
הֶעֱוִינוּ. וְהִרְשַׁעְנוּ. זַדְנוּ. חָמַסְנוּ. טָפַלְנוּ שֶׁקֶר׃
יָעַצְנוּ רָע. כִּזַּבְנוּ. לַצְנוּ. מָרַדְנוּ. נִאַצְנוּ. סָרַרְנוּ. עָוִינוּ.
פָּשַׁעְנוּ. צָרַרְנוּ. קִשִּׁינוּ עֹרֶף׃
רָשַׁעְנוּ. שִׁחַתְנוּ. תִּעַבְנוּ. תָּעִינוּ. תִּעְתָּעְנוּ׃

Ashamnu, Bagadnu, Gazalnu, Dibarnu Dofi, He-evinu,
v'Hirshanu, Zadnu, KHamasnu, Tafalnu sheker, Ya-atznu ra,
Kizavnu, Latznu, Maradnu, Ni-atznu, Sararnu, Avinu,
Pashanu, TZararnu,
Kishinu oref, Rashanu, SHichanu, Ti-avnu, Ta-inu, Ti-avnu.

We have blamed, we have deceived, we have spoiled, we have been hypocritical; we have offended, we have been wicked, we have been presumptuous, we have done violence. We have dissembled, we have ill advised, we have lied, we have mocked; we have rebelled, we have been unjust, we have trespassed, we have oppressed. We have been obstinate, we have acted immorally, we have been corrupted; we have wasted, we have erred, we have led others astray.

4. You Know the Mysteries

Seasonal liturgy

You know the mysteries of the universe and the best kept secrets of every living thing. You search out the innermost rooms of our life; with care You examine all our feelings, all our thoughts. Not one thing is hidden from You; nothing escapes Your gaze.
May it be Your will to forgive us all our sins, to pardon all our iniquities, to grant us atonement for all our transgressions.

5. S'lach Lanu - Forgive Us

Seasonal liturgy

וְעַל כֻּלָּם, אֱ"לוֹהַּ סְלִיחוֹת, סְלַח לָנוּ, מְחַל לָנוּ, כַּפֶּר-לָנוּ.

V'al Kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!

For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

6. Al Chet - For the Sins - Rabbi Rachel Barenblat

Seasonal liturgy

I need to speak these words aloud and to know that the universe hears them.
I get caught in old patterns and paradigms; I am stubborn and hard-headed.
In the last year I have missed the mark more than I want to admit.

Forgive me, Source of all being, for the sin I have sinned before you.
By allowing my body to be an afterthought too often and too easily;
By not walking, running, leaping, climbing or dancing although I am able;
By eating in my car and at my desk, mindlessly and without blessing;
By not embracing those who needed it, and not allowing myself to be embraced;
By not praising every body's beauty, with our quirks and imperfections.
By letting my emotions run roughshod over the needs of others;
By poking at sources of hurt like a child worrying a sore tooth;
By revealing my heart before those who neither wanted nor needed to see it;
By hiding love, out of fear of rejection, instead of giving love freely;
By dwelling on what's internal when the world is desperate for healing.
By indulging in intellectual argument without humility or consideration;
By reading words of vitriol, cultivating hot indignation;
By eschewing intellectual discomfort that might prod me into growing;
By living in anticipation, and letting anxiety rule me;
By accepting defeatist thinking and the comfortable ache of despair.
By not being awake and grateful, despite uncountable blessings;
By not being sufficiently gentle, with my actions or with my language;
By being not pliant and flexible, but obstinate, stark, and unbending;
By not being generous with my time, with my words or with my being;
By not being kind to everyone who crosses my wandering path.

For all of these, eternal Source of forgiveness
Help me know myself to be pardoned
Help me feel in my bones that I'm forgiven
Remind me I'm always already at/one with You.

7. Al Chet - For the Sins - Rabbi Tirzah Firestone

Seasonal liturgy

For the error of being picky and judgmental toward ourselves and others,
And for the sin of holding back when criticism and protest is truly called for.
For the error of tuning out the world because the news overwhelms us.
And for the mistake of getting immobilized by fear, futility, and "compassion fatigue."
For the error of getting lost in our dramas to the point of self-obsession,
And for the mistake of forgetting those in dire need.
For the error of consuming foods and other products that we know are harmful to ourselves and the environment.

And for the sin of not delighting ourselves in pleasures that are ours to enjoy.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

For the sin of not offering comfort or help when we know someone around us is hurting.
And for the wrong of not asking for help, or allowing others to show their love and concern for us.
For the sin of "image management," and not letting others see our true face.
And for the wrong we do by holding on to our grievances because they give us a sense of identity and security;
For the sin of holding back our compassion for people whose views and politics are not our own.
For the wrong of relying on the Internet for words and ideas rather than our own creative abilities.
And for the wrong of not reading books, studying sacred texts, and seeking advice from wise elders.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

For the error of "shooting from the hip," jumping to conclusions before getting all sides of a story.
And for the sin of burying ourselves in information, thus keeping ourselves from hearing the "still small voice" within.
For the error of numbing ourselves with food, entertainment, and overwork.
And for the mistake of forgetting how it feels to go to bed hungry, and not sharing our abundance with others.
For the error of not saying "thank you" enough, for the precious gift of being alive.
And for the mistake of not doing everything we possibly can to protect life for young people, animals, and the natural world.
For the error of thinking that all these confessions absolve us of doing what is ours to do.
And for the mistake of forgetting who we really are: manifestations of God's loving power on earth.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

8. Al Chet - For the Sins - Kehila Machzor

Forgive us for...
The sin which we have sinned against You under coercion or of our own free will;
And for the wrong we did by hardening our hearts.

For the wrong we did before You unintentionally;
And for the wrong we did through misusing our words.

For the wrong we did before You by using sex immorally
And for the wrong we did openly and in private.

For the wrong we did before You knowingly and deceptively;
And for the wrong we did by offensive language.

For the wrong we did before You by deceiving another person;
And for the wrong we did by malicious thoughts.

For the wrong we did before You by promiscuity;
And for the wrong we did with insincere apologies.

For the wrong we did before You by disgracing parents and teachers;
And for the wrong we did intentionally or by mistake.

For the wrong we did before You by acts of coercion;
And for the wrong we did by desecrating creation.

For the wrong we did before You by foolish talk;
And for the wrong we did by inappropriate language.

For the wrong we did before You with impulse to do bad
And for the wrong we did consciously and unknowingly.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

For the sin we committed before You by denial and promises;
And for the wrong we did by accepting bribes.

For the wrong we did before You by mocking others;
And for the wrong we did by speaking ill of other people.

For the wrong we did before You in our business dealings;
And for the wrong we did when eating and drinking.

For the wrong we did before You by lacking generosity;
And for the wrong we did by arrogant pride.

For the wrong we did before You by idle conversation;
And for the wrong we did immodest glances.

For the wrong we did before You by scornful eyes;
And for the wrong we did by defiance.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

For the wrong we did before You by dismissing responsibility;
And for the wrong we did in passing harsh judgments on others.

For the wrong we did before You by entrapment of others;
And for the wrong we did by tormenting others.

For the wrong we did before You by frovility;
And for the wrong we did by being stubborn.

For the wrong we did before You by running to do evil;
And for the wrong we did by tale-bearing.

For the wrong we did before You by swearing falsely;
And for the wrong we did by causeless hatred.

For the wrong we did before You by betraying a trust;
And for the wrong we did by a confused heart.

V'al kulam, Elo'ah Slichot: S'lach lanu! M'chal lanu! Kapper lanu!
For all these wrongs, Power of Forgiveness: Forgive us, Pardon us, grant us Atonement!

וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה

מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה׃

U'Teshuvah, u'Tefilah, u'Tzedakah Ma-avirin et Ro'a haGzeirah

But turning, and yearning, and caring have the power to change our fates!

9. S'lach Lanu - Forgive Us

Forgive us, Divine Parent, for we have missed the mark.
Make us whole, Holy Power, for we have made bad mistakes.
For You, Adonai, are goodness, forgiveness and immense compassion to all who call upon You!

Forgiveness resides with You, force of Awe.
For with You is the source of life; in Your light we see light.
Adonai! Listen to our voice crying; be gracious to us; answer us!

Your mercy is the abiding law of creation.
Do not approach us in judgment; for no living thing can be justified before You.
Treat us with the compassion with which a parent treates their children!

Salvation is God's; may it rest upon God's people - Selah.
Adonai Tzeva'ot is with us, our stronghold, the God of Jacob - Selah.

Happy are they who trust in God.
God will save. Our Higher Power will answer whenever we call.

Forgive the wrong-doing of this people, according to the great grace of Your nature, just as you have borne our people from Egypt until now.

All:

Va'Yomer Adonai: Salachti Ki-Dvarekha
And God said: I have forgiven, according to your words.

10. Avinu Malkeinu - Compassionate Source

Avinu Malkeynu, Avinu Malkeynu,	אָבִינוּ מַלְכֵּנוּ! אָבִינוּ מַלְכֵּנוּ!
Avinu Malkeynu, Chonaynu va'Anaynu	אָבִינוּ מַלְכֵּנוּ! חָנֵּנוּ וַעֲנֵנוּ
ki Eyn Banu Ma'asim.	כִּי אֵין בָּנוּ מַעֲשִׂים.
Asay Imanu Tzedakah v'Chesed v'Hoshiaynu!	עֲשֵׂה עִמָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ׃

Our Parent, Our Sovereign, Our Source
We come bearing guilt and remorse
Help heal the consequence
Of our incompetence
And where we have gotten off course

Please deal with us with grace
Do not conceal your face
Be gracious, forbearing
Compassionate, caring
Reunify all with the Source.

Imeinu Mkoreynu, Imeinu Mkoreynu, אִמֵּינוּ מְקוֹרֵינוּ׃

Imeinu Mkoreynu, Choniynu va'Aneenu אִמֵּינוּ מְקוֹרֵינוּ׃ חָנֵינוּ וַעֲנֵינוּ,

ki Eyn Banu Ma'asim. כִּי אֵין בָּנוּ מַעֲשִׂים

Assee Imanu Tzedakah v'Chessed v'Toshi-aynu! עֲשִׂי עִמָּנוּ צְדָקָה וָחֶסֶד, וְתוֹשִׁיעֵנוּ׃

I dreamt last night
oh marvelous error,
that there were
honeybees in my heart,
making honey out of my
old failures.

Antonio Machado

Nineteen

The Power of the Way (Tao Te Ching) trans. by John Sprague

Give up being wise and clever --
people will benefit a hundred-fold.
Give up being righteous and benevolent --
families will regain their love and devotion.
Give up craftiness and profit --
robbers and thieves will disappear.

But since these guidelines are not enough,
also become genuine,
embrace simplicity,
reduce your selfishness
and lessen your desires.

Ne'ilah: the Closing

Yom Kippur is the only day of the Jewish year to have five separate services. The name given to the fifth and final service, Neilah, evokes the image of great gates which now stand open but will soon be locked. As the light begins to wane and we reach the final hours of this day of at-one-ment, our prayer gathers an extra intensity.

1. P'tach Lanu Shaar - Open the Gates for Us

Neilah liturgy, Pharaoh's Daughter

P'tach lanu Sha'ar	פְּתַח לָנוּ שַׁעַר
b'et Ne'ilat Sha'ar	בְּעֵת נְעִילַת שַׁעַר
Ki Fanah Yom	כִּי פָנָה יוֹם
haYom yiFneh	הַיּוֹם יִפְנֶה
Ha'Shemesh yaVo v'yiFneh	הַשֶּׁמֶשׁ יָבֹא וְיִפְנֶה
NaVo'ah She-areykh	נָבוֹאָה שְׁעָרֶיךָ
Ana, El na! Sah na, Slach na!	אָנָּא אֵל נָא, שָׂא נָא, סְלַח נָא
M'khal na, Kh'mal na!	מְחַל נָא, חֲמָל-נָא
Rakhem na, Kaper na!	רָחֵם-נָא, כַּפֶּר-נָא
Kvosh Chet ve'Avon	כְּבוֹשׁ חֵטְא וְעָוֹן׃

Open the gates, the hour grows late
The day is turning dark

The day ebbs away
The sunlight is fading away

Let us through your gates!

Please, G!d, now!
Lift us; forgive us
Atone for us and console us
Have mercy on us
Suppress all wrongdoing and sin!

2. Mokhel Avonot - Remover of Sins

Seasonal liturgy

אֵ"ל מֶלֶךְ יוֹשֵׁב עַל כִּסֵּא רַחֲמִים, מִתְנַהֵג בַּחֲסִידוּת!

El! Melekh Yoshev al Kiseh Rakhamim, mitNaheg b'Chassidut!

Sovereign Power, seated upon a throne of mercy, occupied with kindness!

Mokhel Avonot, Mokhel Avonot Amo	מוֹחֵל עֲוֹנוֹת, מוֹחֵל עֲוֹנוֹת עַמּוֹ
Ma'avir Rishon, Rishon	מַעֲבִיר רִאשׁוֹן רִאשׁוֹן
Marbeh Mekhilah l'Chata'im	מַרְבֶּה מְחִילָה לְחַטָּאִים
U'S'likhah l'Foshim (x2)	וּסְלִיחָה לְפוֹשְׁעִים׃

Forgiver of wrongdoing, removing sins one by one
Your forgiveness of sinners continues to increase
And your compassion to those who do wrong.

Oseh Tzedakot, Oseh Tzedakot	עוֹשֶׂה צְדָקוֹת, עוֹשֶׂה צְדָקוֹת
Im Kol Bassar, Bassar va'Ru'ach	עִם כָּל בָּשָׂר, בָּשָׂר וָרוּחַ
Lo k'Ra'atam tiG'mol; lo k'Ra'atam tiG'mol	לֹא כְרָעָתָם תִּגְמוֹל, לֹא כְרָעָתָם תִּגְמוֹל׃

You forge righteousness for every living being, body and soul
You do not repay them with ill for ill
But with goodness for all instead.

O Source of Compassion, long ago You gave us the Song of 13 names.
Remember that Song now, just as you taught it to Moses,
When Your spirit descended and encompassed him.
Now it is we who call out Your name:

3. 13 Attributes of Divine Compassion

Seasonal liturgy, from Exodus 34

יְיָ, יְיָ, אֵ"ל רַחוּם וְחַנּוּן, אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וְאֱמֶת׃
נֹצֵר חֶסֶד לָאֲלָפִים נֹשֵׂא עָוֹן וָפֶשַׁע וְחַטָּאָה וְנַקֵּה׃

Adonai, Adonai, El Rachum veChanun, Erech Apayim, veRav Chessed ve'Emet.
Notzeyr Chessed la'Alafim, Nosey Avon vaFesha veKhata'ah veNakei!

Yod Hay, Vav Hay, Compassion and Tenderness,
Patience, Forebearance, Kindness, Awareness.
Bearing love from age to age, lifting guilt and mistakes and making us free!

For the Vidui - Confession, flip back to Section 31

4. MiMa'amakim - From the Very Depths

Psalm 130:1

מִמַּעֲמַקִּים קְרָאתִיךָ יָ"הּ: אֵ"לִי שִׁמְעָה קוֹלִי, שִׁמְעָה קוֹל תַּחֲנוּנַי

Mi-ma'amakim, K'ratikha Yah
Eli! Sh'ma Koli, Sh'ma Kol Takhanunai
Eli! Sh'ma Koli, Sh'ma Kol Takhanunai, Eli.

From the deepest depths I call out to You, Yah
Higher Power, listen to my voice, hear my cry of my entreaty

5. A Very Narrow Bridge

Reb Nachman of Breslov

כָּל הָעוֹלָם כֻּלּוֹ גֶּשֶׁר צַר מְאֹד וְהָעִקָּר לֹא לְפַחֵד כְּלָל:

Kol Ha'olam Kulo, Gesher Tsar Me'od, Gesher Tsar Me'od
Veha'Ikar - veha'Ikar - Lo leFached
lo leFached Klal.

The whole wide world together
Is a very narrow bridge, a very narrow bridge, a very narrow bridge
And the main thing to recall
Is to have no fear, no fear at all.

6. If It Be Your Will

Lyrics Patrick Leonard, music Leonard Cohen

If it be your will
That I speak no more
And my voice be still
As it was before

I will speak no more
I shall abide until
I am spoken for
If it be your will

If it be your will
That a voice be true
From this broken hill
I will sing to you

From this broken hill
All your praises they shall ring
If it be your will
To let me sing

If it be your will
If there is a choice
Let the rivers fill
Let the hills rejoice

Let your mercy spill
On all these burning hearts in hell
If it be your will
To make us well

And draw us near
And bind us tight
All your children here
In their rags of light

In our rags of light
All dressed to kill
And end this night
If it be your will.

7. Shuvi Nafshi - Soul-Return

Psalm 116, R' Shlomo Carlebach

Shuvi Nafshi li'M'nu-khay-khee (x2)
Ki HaShem Gamal Alaykhi:
Ki Chilatz-ta Nafshi mi-Mavet
Et Eyni min Dimah
Et Ragli mi-Deh-khee.

שׁוּבִי נַפְשִׁי לִמְנוּחָיְכִי
כִּי ה" גָּמַל עָלָיְכִי׃
כִּי חִלַּצְתָּ נַפְשִׁי מִמָּוֶת
אֶת־עֵינִי מִן־דִּמְעָה אֶת־רַגְלִי מִדֶּחִי׃

Soul! Return to your restful state, as God is generous to you:
For You rescue my soul from death, my eye from tears, my feet from stumbling.

8. Shema - Echad

Listen! All is One!

שְׁמַע יִשְׂרָאֵל, יְיָ אֱ"לֹהֵינוּ, יְיָ אֶחָד׃

Shema Yisrael Adonai Eloheynu Adonai Echad

Pay attention, G!dwrestlers! Our ruling power is Oneness.

Three Times:

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד׃

Baruch Shem Kevod Malchuto L'olam Va-ed

Blessed be the Name of the One whose Sovereignty is boundless!

Seven Times:

יְיָ הוּא הָאֱ"לֹהִים׃

Yah hu haElohim

Yah is our Higher Power!

The Book of Life is Placed Inside the Ark

Havdallah: Ceremony of Separation

בָּרוּךְ אַתָּה יְיָ, אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן׃
Baruch atah Adonai, Eloheinu, Melech ha-Olam: Borey Pri haGafen

You Abound in Blessings, Adonai our God, Source of All, Creator of the Fruit of the Vine.

בָּרוּךְ אַתָּה יְיָ, אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מִינֵי בְשָׂמִים׃
Baruch atah Adonai, Eloheinu, Melech ha-Olam: Borey Minei Vsamim

You Abound in Blessings, Adonai our God, Source of All, Creator of Fragrant Plants.

בָּרוּךְ אַתָּה יְיָ, אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ׃
Baruch atah Adonai, Eloheinu, Melech ha-Olam: Borey me'Orey ha'Esh

You Abound in Blessings, Adonai our God, Source of All, Creator of the Lights of Fire.

Baruch atah Adonai, Eloheynu, Melech ha-Olam, haMavdil ben Kodesh l'Chol,
בָּרוּךְ אַתָּה יְיָ, אֱ"לֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמַּבְדִּיל בֵּין קֹדֶשׁ לְחוֹל,

You Abound in Blessings, Source of the Sacred, our God, Source of All.
You create distinctions between the sacred and the common, beteen light and darkness

בֵּין אוֹר לְחֹשֶׁךְ, בֵּין יִשְׂרָאֵל לָעַמִּים, בֵּין יוֹם הַשְּׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה.
ben Or l'Choshech, ben Yisra-el la-Amim,
ben Yom haShvi-i, l'Sheshet Y'mey haMa-aseh

between Israel and other nations; between the seventh day of being and the six days of doing

בָּרוּךְ אַתָּה יְיָ, הַמַּבְדִּיל בֵּין קֹדֶשׁ לְחוֹל.
Baruch atah Adonai, haMavdil ben Kodesh l'Chol.

You Abound in Blessings, Yah, who Create Distinctions between the Sacred and the Common.

Elijah and Miriam, Bringing Redemption

אֵ"לִיָּ"הוּ הַנָּבִיא, אֵ"לִיָּ"הוּ הַתִּשְׁבִי, אֵ"לִיָּ"הוּ, אֵ"לִיָּ"הוּ, אֵ"לִיָּ"הוּ הַגִּלְעָדִי׃
בִּמְהֵרָה יָבוֹא אֵלֵינוּ עִם מָשִׁיחַ, עִם מָשִׁיחַ בֶּן דָּוִד׃

Eliyahu haNavi, Eliyahu haTishbi, Eliyahu, Eliyahu, Eliyahu haGiladi
Bim'hera yaVo Eleynu, im Mashiakh, im Mashiakh ben David (x2)

May Elijah the Prophet Come to us Quickly and Redeem Us, Bringing the Messiah with him.

L’Shana Tova - May We All Be Sealed for a Year of Life, Health and Peace!

Additional Prayers

1. Adon HaSlichot - Master of Forgiveness

High Holy Days Liturgy

Refrain:

Khatanu Lefaneicha! Rachem Aleinu! חָטָאנוּ לְפָנֶיךָ! רַחֵם עָלֵינוּ!

We are erred before you! Have mercy upon us!

Adon haSelichot, Bokhen Levavot אֲדוֹן הַסְּלִיחוֹת, בּוֹחֵן לְבָבוֹת

Gol'leh Amukot, Dovver Tzedakot גּוֹלֶה עֲמוּקוֹת, דּוֹבֵר צְדָקוֹת

Master of forgiveness - You seek into hearts
Reveal the deepest places, articulate justice

Refrain:

Khatanu Lefaneicha! Rachem Aleinu! חָטָאנוּ לְפָנֶיךָ! רַחֵם עָלֵינוּ!

We are erred before you! Have mercy upon us!

Hadur beNifla'ot, Vatik beNechamot הָדוּר בְּנִפְלָאוֹת, וָתִיק בְּנֶחָמוֹת

Zocher B'rit Amo, Khoker Kelayot זוֹכֵר בְּרִית אָבוֹת, חוֹקֵר כְּלָיוֹת

Beautified by nature's wonders, ancient in Your comforting power
You recall this ethnic covenant, searching out our inner knowing

Refrain

Tov u'Meytiv laV'riot, Yodeya khol Nis'tarot טוֹב וּמֵטִיב לַבְּרִיּוֹת, יוֹדֵעַ כָּל נִסְתָּרוֹת

Kovesh Avonot, Lovesh Tz'dakot כּוֹבֵשׁ עֲוֹנוֹת, לוֹבֵשׁ צְדָקוֹת

You are Goodness, and You do good to all, You who know all secrets
Clothed in righteousness, You suppress all evil

Refrain

Malley Zakiyot, Nora Tehilot מָלֵא זַכִּיּוֹת, נוֹרָא תְּהִלּוֹת

Soley'ach Avonot, Oneh be'Eyt Tzarot סוֹלֵחַ עֲוֹנוֹת, עוֹנֶה בְּעֵת צָרוֹת

Full of merits, made present through prayer
You forgive wrongdoing, answering in trying times

Refrain

Po'el Y'shu-ot, Tzofeh Atidot פּוֹעֵל יְשׁוּעוֹת, צוֹפֶה עֲתִידוֹת

Kore haDorot, Rokhev Aravot קוֹרֵא הַדּוֹרוֹת, רוֹכֵב עֲרָבוֹת

Shomeya T'filot, Tamim Dey-ot שׁוֹמֵעַ תְּפִלּוֹת, תְּמִים דֵּעוֹת

Fashioner of salvation, seer of futures
Namer of generations, rider across all transitions
Listener to prayers, perfect in Your understanding

Refrain:
Khatanu Lefaneicha! Rachem Aleinu! חָטָאנוּ לְפָנֶיךָ! רַחֵם עָלֵינוּ!
We are erred before you! Have mercy upon us!

2. Hallelu / Lev Tahor - Pure Heart

Mamuse with a little help from Ps. 51

Every time I feel this way: this old familiar sinking feeling
I will lay my troubles down by the water
Where the river will never run dry.

Chorus A: HalleluYah (3x) By and by; I will lay my troubles down by the water
Where the river with never run dry.
Chorus B: I'm gonna let myself be lifted (3x) By and by; I will lay my troubles down by the water
Where the river will never run dry.

It's been said and I do believe:
As you ask, so… shall you receive
So take from me these troubles, bring me sweet release

There is a river in this heart of hearts; A knowingness of my highest good
I am willing—I will do my part
Where the river will never run dry.

Lev Tahor, Bara li Elohim; v'Ruach Nachon, Chadesh b'Kirbi
Purify my heart, and my spirit
Where the river will never run dry.

Final Chorus:
Where the river will never run dry, Where the river will never run dry.
This river will never run dry.

3. One Voice

The Wailin' Jennys

This is the sound of one voice
One spirit, one voice
The sound of one who makes a choice
This is the sound of one voice.

This is the sound of voices two
The sound of me singing with you
Helping each other to make it through
This is the sound of voices two.

This is the sound of voices three
Singing together in harmony
Surrendering to the mystery
This is the sound of voices three.

Congregation:

This is the sound of all of us
Singing with love and the will to trust
Leave the rest behind it will turn to dust
This is the sound of all of us.

This is the sound of one voice
One people, one voice
A song for every one of us
This is the sound of one voice
This is the sound of one voice.

Kabbalat Shabbat - Welcoming the Sabbath

1. Yedid Nefesh - Soul Beloved

Rabbi Elazar ben Moshe Azikri (1533-1600), translation Rav Bracha

יְדִיד נֶפֶשׁ אָב הָרַחֲמָן. מְשֹׁךְ עַבְדְּךָ אֶל רְצוֹנֶךָ.
יָרוּץ עַבְדְּךָ כְּמוֹ אַיָּל.
יִשְׁתַּחֲוֶה אֶל מוּל הֲדָרֶךָ.
כִּי יֶעֱרַב לוֹ יְדִידוּתֶךָ. מִנֹּפֶת צוּף וְכָל טָעַם.

Yedid Nefesh, Av haRachaman, m'Shoch Avdach el Retzonakh.
YaRutz Avdach kemo Ayal / Yishtakhaveh el mul Hadarakh.
Ki ye-Erav lo Yedid-utach miNofet Tzuf veChol Ta-am.

Beloved of the soul/ source of compassion
draw me near to you/ I would outrun myself,
to faint at the edge of your presence / your loving more exquisite than any touch

הָדוּר נָאֶה זִיו הָעוֹלָם.
נַפְשִׁי חוֹלַת אַהֲבָתֶךָ. אָנָּא אֵ"ל נָא רְפָא נָא לָהּ.
בְּהַרְאוֹת לָהּ נֹעַם זִיוֶךָ.
אָז תִּתְחַזֵּק וְתִתְרַפֵּא וְהָיְתָה לָהּ שִׂמְחַת עוֹלָם.

Hadur, Na-eh, Ziv ha-Olam!
Nafshi Kholat Ahavatach. Ana, El na, Refa na lah
Be'hArot lah Noam Zivach.
Az titKhazek vetitRapeh, vehayta lach Shifkhat Olam.

Beauty, pleasure, light of the world I am soul-sick for your love
Please God, please now, heal me please by showing me that light;
then will my soul be strengthened, be healed and know a timeless bliss

וָתִיק יֶהֱמוּ רַחֲמֶיךָ.
וְחוּסָה נָא עַל בֵּן אֲהוּבֶךָ.
כִּי זֶה כַּמָּה נִכְסף נִכְסַף לִרְאוֹת בְּתִפְאֶרֶת עֻזֶּךָ.
אָנָּא אֵלִי מַחְמַד לִבִּי וְחוּסָה נָא וְאַל תִּתְעַלָּם.

Vatik! yeHemu Rakhamekha
veKhusa, na, al Ben Ahuvach.
Ki zeh khameh niKhsof niKhsaf liRot beTiferet Uzach.
Ana, Eli, maKhmad Libi: Khusah na ve-al titAlam!

Eternal, let your mercies stir, take pity on this child of your love;
for I have longed for you such a very long time to see your radiance, your force
Please, my Power, deepest heart's desire: have pity - conceal yourself no more!

הָגְלֵה נָא וּפְרוֹשׂ חָבִיב עָלַי
אֶת סֻכַּת שְׁלוֹמֶךָ.
תָּאִיר אֶרֶץ מִכְּבוֹדֶךָ, נָגִילָה וְנִשְׂמְחָה בָּךְ.
מַהֵר אֱהוּב כִּי בָא מוֹעֵד וְחָנֵנוּ כִּימֵי עוֹלָם

HiGaleh na u-Fros, Haviv, alai
et Sukkat Shelomach.
ta'Ir Eretz miKevodach; naGila veniSmecha Bakh.
Maher, Ahuv, ki va Moed, veKhonenu kiYmei Olam.

Please, my highest one, dear heart delight. Come quick; do not be hidden...
Reveal yourself, please and spread, beloved, over me...Shelter me with your peace
Light up the world with your presence. Let us rejoice in you
Quickly, love - now is the time! And be gracious as in days gone by...

2. Tov l'Hodot - It Is Good to Praise and Sing

Psalm 92:2-3; composer unknown

טוֹב לְהֹדוֹת לַיהוָה וּלְזַמֵּר לְשִׁמְךָ עֶלְיוֹן׃ לְהַגִּיד בַּבֹּקֶר חַסְדֶּךָ וֶאֱמוּנָתְךָ בַּלֵּילוֹת׃

Tov l'Hodot la'Shem, Tov l'Hodot la'Shem,
u'le'Zamer l'Shim'kha, Elyon
l'Hagid baBoker, baBoker Khasdekha
va'Emunatkha baLeylot

It is great to give thanks to the UnNameable
And to sing to You, Most High
To tell of Your grace by day
And of Your faithfulness by night

3. Mizmor l'David - Psalm 29

Psalm 29; R' Shlomo Carlebach

מִזְמוֹר לְדָוִד הָבוּ לַיְיָ בְּנֵי אֵ"לִים הָבוּ לַ יְיָ כָּבוֹד וָעֹז׃
הָבוּ לַיְיָ כְּבוֹד שְׁמוֹ הִשְׁתַּחֲווּ לַיְיָ בְּהַדְרַת־קֹדֶשׁ׃
קוֹל יְיָ עַל־הַמָּיִם אֵ"ל־הַכָּבוֹד הִרְעִים יְיָ עַל־מַיִם רַבִּים׃
קוֹל־יְיָ בַּכֹּחַ קוֹל יְיָ בֶּהָדָר׃
קוֹל יְיָ שֹׁבֵר אֲרָזִים וַיְשַׁבֵּר יְיָ אֶת־אַרְזֵי הַלְּבָנוֹן׃
וַיַּרְקִידֵם כְּמוֹ־עֵגֶל לְבָנוֹן וְשִׂרְיֹן כְּמוֹ בֶן־רְאֵמִים׃
קוֹל־יְיָ חֹצֵב לַהֲבוֹת אֵשׁ׃

קוֹל יְיָ יָחִיל מִדְבָּר יָחִיל יְיָ מִדְבַּר קָדֵשׁ׃
קוֹל יְיָ יְחוֹלֵל אַיָּלוֹת וַיֶּחֱשֹׂף יְעָרוֹת וּבְהֵיכָלוֹ כֻּלּוֹ אֹמֵר כָּבוֹד׃
יְיָ לַמַּבּוּל יָשָׁב וַיֵּשֶׁב יְיָ מֶלֶךְ לְעוֹלָם׃
יְיָ עֹז לְעַמּוֹ יִתֵּן יְיָ יְבָרֵךְ אֶת־עַמּוֹ בַשָּׁלוֹם׃

Mizmor l'David. Havu la'Adonai, b'nei elim, havu la'Adonai kavod va'oz.
Havu la'Adonai kavod shemo, hishta-khavu la'Adonai be'hadrat kodesh.
Kol Adonai al hamayim, el ha'kavod hirim, Adonai al mayim rabim.
Kol Adonai ba'koakh, Kol Adonai be'hadar.
Kol Adonai shover arazim, Va'yeshaber Adonai et-arzei ha'levanon.
Va'yarkidem k'mo egel, Levanon ve'sirion, k'mo ven-re-emin.
Kol Adonai khotzev la'havot esh.
Kol Adonai yakhil midbar, Yachil Adonai midbar kadesh
Kol Adonai yecholel ayalot.
Va'yekhesof ye-arot, U'veheikhalo kulo omer kavod.
Adonai lamabul yashav, va'yeshev Adonai melekh l'olam.
Adonai oz le'amo yiten, Adonai yevarekh et-amo va'shalom.

Praised is the Eternal One, God of all celestial beings, God of honor and strength. Praise the Eternal One, whose name is great; we worship our God in the beauty of holiness. The Eternal's voice is heard above all the waters! The glory of God thunders through all the earth! The voice of God is majestic and powerful. It blows the winds that move the trees of the Earth. It kindles the flames that light our fires And it shakes the sands of the earth's deserts. Your voice, O God, is mighty and awesome. We heed to the glorious sound that is the Almighty One. O Eternal One, You reign in the heavens; You give strength to Your people. And you bless your people with peace.

4. Mizmor Shir - The Whole Wide World is Waiting **Ps 92; R' Shlomo Carlebach**

מִזְמוֹר שִׁיר לַיּוֹם הַשַּׁבָּת׃
Mizmor, Mizmor Shir, Shir l'Yom haShabbat

The whole wide world is waiting / To sing a song of Shabbes (x2)
I am also waiting / To sing a song of Shabbes (x2)

5. Mizmor Shir - Psalm for Shabbat **Psalm 92:1-2**

מִזְמוֹר שִׁיר לַיּוֹם הַשַּׁבָּת טוֹב לְהֹדוֹת לַייָ
לְהַגִּיד בַּבֹּקֶר חַסְדֶּךָ, וֶאֱמוּנָתְךָ בַּלֵּילוֹת׃

Mizmor Shir l'Yom haShabbat: Tov l'Hodot L'Adonai (x2)
l'haGid ba'Boker Khasdekha, v'Emunat'kha baLeylot.

Sing a song of Shabbat, it is good to give thanks to the One, showing Your kindness in the morning and Your faithfulness every night.

6. Come Let Us Greet the Bride - Lecha Dodi

R' Shlomo Alkabetz

לְכָה, דוֹדִי, לִקְרַאת כַּלָּה - פְּנֵי שַׁבָּת נְקַבְּלָה

Refrain: **Lecha Dodi Likrat Kallah // Pnai Shabbat neKabellah**
Lecha Dodi Likrat Kallah // Pnai Shabbat neKabellah
Come, Beloved, let us greet the Bride - Let us take in this Shabbat Presence

שָׁמוֹר וְזָכוֹר בְּדִבּוּר אֶחָד, הִשְׁמִיעָנוּ אֵ"ל הַמְיֻחָד.
יְיָ אֶחָד וּשְׁמוֹ אֶחָד. לְשֵׁם וּלְתִפְאֶרֶת וְלִתְהִלָּה׃

1. Shamor v'Zakhor b'Dibbur Ekhad // Hishmi-anu El haMyukhad
Adonai Ekhad u-Shmo Ekhad // l'Sheym u-l'Tiferet v'liT-heela.
Refrain: **Lecha...**
"Observe" and "Remember" in a single word, Our unique God made us hear.
God is One, and God's name is One, Glorious and praiseworthy.

לִקְרַאת שַׁבָּת לְכוּ וְנֵלְכָה. כִּי הִיא מְקוֹר הַבְּרָכָה.
מֵרֹאשׁ מִקֶּדֶם נְסוּכָה. סוֹף מַעֲשֶׂה בְּמַחֲשָׁבָה תְּחִלָּה

2. Likrat Shabbat l'chu v'Nel-chah // kee Hee M'kor ha-B'ra-chah,
may'Rosh mi'Kedem N'suchah // Sof Ma'a-se, b'Machashavah T'cheelah... ***Refrain:*** **Lecha...**
Let's go to meet the Shabbat rest, and deeply drink this fountain blessed
Primeval Source contains the rest, Omega, Alpha - all our days

מִקְדַּשׁ מֶלֶךְ עִיר מְלוּכָה. קוּמִי צְאִי מִתּוֹךְ הַהֲפֵכָה.
רַב לָךְ שֶׁבֶת בְּעֵמֶק הַבָּכָא. וְהוּא יַחֲמוֹל עָלַיִךְ חֶמְלָה׃

3. Mikdash Melekh, Ir M'lukhah // Kumee Tz'ee miTokh ha-Hafeykha
Rav Lakh Shevet b'Emek haBakha // V'hu yaKhamol Alayikh Khem'lah
Refrain: **Lecha...**
Majestic temple, City of God, Rise up, come out from the turbulence and pain.
Too long have you sat in the Valley of Tears. Allow God's compassion to rain upon you!

הִתְנַעֲרִי מֵעָפָר קוּמִי. לִבְשִׁי בִּגְדֵי תִפְאַרְתֵּךְ עַמִּי׃
עַל יַד בֶּן יִשַׁי בֵּית הַלַּחְמִי. קָרְבָה אֶל נַפְשִׁי גְּאָלָהּ׃

4. Hitna'ari! m'Afar Kumi! // Livshi Bigdey Tiphartekh, Ami!
Al Yad ben Yishay Beyt-halakh-mi // Korvah el Nafshi Ge'alah!
Refrain: **Lecha..**
Be stirred, rise up, throw off the dust, my people, don the raiment of your beauty.

הִתְעוֹרְרִי הִתְעוֹרְרִי. כִּי בָא אוֹרֵךְ קוּמִי אוֹרִי. עוּרִי עוּרִי שִׁיר דַּבֵּרִי. כְּבוֹד יְיָ עָלַיִךְ נִגְלָה׃

5. Hitor'ri Hitor'ri! Ki va Oreich, Kumi! Ori!
Uri, Uri! Shir Dabeiri! // K'vod Adonai Alayich niGlah
Refrain: **Lecha..**
Arouse yourself, arouse yourself! Your light has come! Arise and shine! Awake, awake!
Pour forth your song; on you now shines the Glorious One.

לְכָה, דוֹדִי, לִקְרַאת כַּלָּה - פְּנֵי שַׁבָּת נְקַבְּלָה

Refrain: **Lecha Dodi Likrat Kallah // Pnai Shabbat neKabellah**
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Come, Beloved, let us greet the Bride - Let us take in this Shabbat Presence

לֹא תֵבוֹשִׁי וְלֹא תִכָּלְמִי. מַה תִּשְׁתּוֹחֲחִי וּמַה תֶּהֱמִי.
בָּךְ יֶחֱסוּ עֲנִיֵּי עַמִּי, וְנִבְנְתָה עִיר עַל תִּלָּהּ׃

6. Lo te-Voshi v'lo ti-Kalmi // Mah tish-Tokha-khi u-Mah te-He-mi?
Bakh ye-Khe-su Ani-yey Ami // v'Nivn'tah Ir al Tilah!
Refrain: **Lecha..**
Let go of pride, let go of shame, just steadfast be; there is no blame.
The poor find comfort in Your name, and build God's eternal place.

וְהָיוּ לִמְשִׁסָּה שֹׁאסָיִךְ. וְרָחֲקוּ כָּל מְבַלְּעָיִךְ. יָשִׂישׂ עָלַיִךְ אֱ"לֹהָיִךְ. כִּמְשׂוֹשׂ חָתָן עַל כַּלָּה

7. V'hayu liM-shisah Sho-sa-yikh // v'Ra-kha-ku kol m'Val-ah-yikh
Yassis ala-yikh Eloha-yikh // kim-Sos Khatan al Kallah...
Refrain: **Lecha..**
Your robbers shall be robbed themselves; all your suffering be removed,
Your God rejoices at your side, the joy of a bridegroom with his bride.

יָמִין וּשְׂמֹאל תִּפְרוֹצִי. וְאֶת־יְיָ תַּעֲרִיצִי. עַל יַד אִישׁ בֶּן פַּרְצִי. וְנִשְׂמְחָה וְנָגִילָה׃

8. Yamin uSmol tifrotzi // v'et Adonai ta-aritzi // Al yad Ish Ben Partzi // v'niSm-khah v'naGilah
Refrain: **Lecha..**
Rightward and leftward, you shall spread out mightily, and you shall extol God's might,
by hand of one from Peretz's line, we shall rejoice and find delight.

We rise, and turn towards the door to greet the presence of Shabbat, the Bride:

בּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָהּ. גַּם בְּשִׂמְחָה וּבְצָהֳלָה.
תּוֹךְ אֱמוּנֵי עַם סְגֻלָּה. בּוֹאִי כַלָּה, בּוֹאִי כַלָּה

9. Bo'ee v'Shalom Ateret Ba'alah // Gam b'Simkhah uv-Tzo-holah
Tokh Emuney Ahm Segulah // *[bowing]* Bo'ee Khalah! Bo'ee Khalah!
O, come in peace, O divine crown, With joy, rejoicing, and with mirth,
Amid the faithful, loved by God, Come in, O Bride! Come in O Bride!

לְכָה, דוֹדִי, לִקְרַאת כַּלָּה - פְּנֵי שַׁבָּת נְקַבְּלָה

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Amidah - Personal Silent Devotion

1. Contemporary Translation

Rav Bracha

We call on Divinity in the name of our ancestors; our relationship with You is ancient
Remember us for life, Source which delights in life;
Write us in the book of life, for your own sake, Power of life.
Higher Power, assistance, illuminator, protector:
Blessed are you, Abraham's shield, Miriam's song.

We stand in awe of this immensity, the flow that transcends and includes life and death, balancing the flow between them, managing all transformations, endlessly recreating life:
What is like you? Source of all compassion,
Remembering Your creations for life
Original Womb.
For you are faithful, restoring death to life.
Blessed are you, who turns death into life.

You are Present, and Your name is Presence,
and Present ones are blessing You at all times. Selah!

u'v'chen

And so grant the fear of you, Un-nameable one, our God,
to all your works,
And the awe of you to all you have created.

And all your works shall sense you,
And all created things prostrate themselves before you:

And all shall be made into a single group
To do your will with a completed heart.

Just as we know, Un-nameable divine,
That authority is before you,
Might and power are yours to control,
And your awesome name is upon all that you have made

u'v'chen

And so grant honor, Un-nameable Divine, to this people,
Song to them that feel you,
Hope to those that seek you,
And self-expression to those that trust in you;

Joy to your land,
Exultation to your city,
A flourishing of the stock of the beloved
And a steady flame to those you have anointed,
the dawning of a truly messianic time,
Now, soon, in all our lifetimes.

u'v'chen

And so righteous folks will see and rejoice,
the upright will delight and those that love you will celebrate with song,

And iniquity will shut its mouth,
And all wickedness will dissipate and drift like smoke
For you are causing the reign of arrogance to pass away from the earth.

And you shall reign, Un-nameable God, you yourself,
Over all your works
As it is written in your holy writings:
'The Un-nameable shall reign forever
Your God, O Zion, forever and ever:
Hallelujah.'

You are holy,
Your name is exalted,
And there is no God besides you.
As it is written:
'The G!d of hosts is exalted by justice
And the Holy One is made holy by righteousness.'

Blessed are you, the Holy One, the Sovereign.

We give thanks for this lineage, and this practice of having a Day of Beginning / a Day of At-One-Ment.

We pray for our own needs, for those of our communities, for the future, and for the world.

We pray for forgiveness, and the lifting of karma:

Gracious Spirit, God of our ancestors!
Make whole our warped places on this Day of Rememberance / Day of Atonement

Thoroughly clear and wipe away all our wrongdoing from before You

As it is written:
On that day G!d will atone for you,
Purifying you all of all your wrongdoing
In the sight of Spirit you will be be purified.

Gracious Spirit, G!d of our ancestors!
Make our lives holy with your sacred practices
And grant us a portion of true teaching.
Satisfy us with your goodness
And let redemption bring us joy;

Clean up our hearts to truly serve you!

For you are the forgiver of Israel, and you make Godwrestlers whole
In every generation

And besides You we have none who can forgive!

Blessed are you, Un-nameable Divinity,
Sovereign Power of forgiveness
Attuning and atoning all Godwrestlers
Transmuting our wrongdoings
Year after year after year;
Sovereign over all the earth

Divine force of Godwrestling, and of this Day of at-One-ment.

We pray that our prayers be heard and well-received.

We give thanks for the extraordinary blessings of our lives.

We pray for peace, inner and outer, cosmic and personal, peace in our lifetimes.

In the book of life, blessing, peace and good livelihood may we, all Your people Israel, and all beings be remembered and inscribed, for good life and for peace.

Blessed are you, Un-nameable Source, the maker of peace.

2. Amidah - Hebrew and English

from The New Kehila Makhzor, R' David Shneyer

My God open my lips as I speak your praise.

We are grateful for Life's eternal spirit,
our Origin and the God of our ancestors,
the vision and promise to Avraham,
and the aloneness of Yitzhak,
the spiritual wrestling of Yaakov,
the surprise of Sarah, the wisdom of Rivka,
the patience of Rakhel, the fruitfulness of Leah.
Expansive, Powerful, Awesome, Highest God,
loving kindness, owning everything,
remembering our ancestors' caring
and the promise of redemption
for their children's children,with love.

Zokhreynu l'Khayim Melekh Khafetz baKhayim l'Khatveynu b'Sefer haKhayim l'Ma'ankhah Elohim Khayim.

May the power that desires life remember us
unto life and inscribe us in the Book of Life
affirming the living God

Some call the ineffable Y-H-V-H "Ruler,"

אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ׃
בָּרוּךְ אַתָּה יְיָ אֱ"לֹהֵינוּ
וֵא"לֹהֵי אֲבוֹתֵינוּ, וֵא"לֹהֵי אִמּוֹתֵינוּ,
אֱ"לֹהֵי אַבְרָהָם, אֱ"לֹהֵי יִצְחָק,
אֱ"לֹהֵי שָׂרָה, אֱ"לֹהֵי רִבְקָה,
אֱ"לֹהֵי רָחֵל וְאֱ"לֹהֵי לֵאָה
הָאֵ"ל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵ"ל עֶלְיוֹן,
גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל,
וְזוֹכֵר חַסְדֵי אָבוֹת וְאִמָּהוֹת,
וּמֵבִיא גּוֹאֵל לִבְנֵי בְנֵיהֶם
לְמַעַן שְׁמוֹ בְּאַהֲבָה׃

זָכְרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים,
וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים,
לְמַעַנְךָ אֱ"לֹהִים חַיִּים.
מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן׃
בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבְרָהָם וּפוֹקֵד שָׂרָה׃

or “Helper," or "Saving Power." Here we offer blessing to the Guardian of our ancestors.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי,
מְחַיֵּה מֵתִים אַתָּה, רַב לְהוֹשִׁיעַ׃

You are the Eternity of Time,
giving life to the dead,
renewed life to the living,
hopefulness, deliverance.

מְכַלְכֵּל חַיִּים בְּחֶסֶד,
מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים,
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים,
וּמַתִּיר אֲסוּרִים,

Let us know that Life is sustained through loving kindness,
the dormant renewed with much compassion.
For the fallen there is support,
for the sick there is healing,
for the imprisoned there can be release,
and trust for those who sleep in the dust.

וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר,
מִי כָמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דּוֹמֶה לָּךְ,
מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה׃
מִי כָמוֹךָ אַב הָרַחֲמִים,
זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים׃
וְנֶאֱמָן אַתָּה לְהַחֲיוֹת מֵתִים.

Who can be compared to this Renewing Power?
Who can be compared to the Compassionate Parent
recalling compassion and life-giving creativity?

בָּרוּךְ אַתָּה יְיָ, מְחַיֵּה הַמֵּתִים׃

We trust that the renewal of life will continue.
Blessed is Creation, renewing life.

אַתָּה קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ
וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּךָ, סֶּלָה.
בָּרוּךְ אַתָּה יְיָ,הָאֵ"ל הַקָּדוֹשׁ

You are sacred and Creation is holy.
All who are blessed with awareness offer praise every day. Selah! Yes!
Blessed is the realization of the Sacred.

וּבְכֵן
תֵּן פַּחְדְּךָ יְיָ אֱ"לֹהֵינוּ,
עַל כָּל מַעֲשֶׂיךָ,
וְאֵימָתְךָ עַל כָּל מַה שֶּׁבָּרָאתָ,
וְיִרָאוּךָ כָּל הַמַּעֲשִׂים
וְיִשְׁתַּחֲווּ לְפָנֶיךָ כָּל הַבְּרוּאִים,
וְיֵעָשׂוּ כֻלָּם אֲגֻדָּה אַחַת
לַעֲשׂוֹת רְצוֹנְךָ בְּלֵבָב שָׁלֵם,
כְּמוֹ שֶׁיָּדַעְנוּ יְיָ אֱ"לֹהֵינוּ,
שֶׁהַשָּׁלְטָן לְפָנֶיךָ, עֹז בְּיָדְךָ
וּגְבוּרָה בִּימִינֶךָ, וְשִׁמְךָ נוֹרָא
עַל כָּל מַה שֶּׁבָּרָאתָ.

And so,
May fear and concern
be instilled in all living things,
dreadful concern for all that has been created.
All creation ought to be in awe,
all of life humbled before the Life Giver.
And may all of creation form a single bond
to do Your will wholeheartedly.
For we know that you govern alone,
that Your true strength is in justice
and Your Awesome Spirit Being
is above all that has been created.

וּבְכֵן
תֵּן כָּבוֹד, יְיָ לְעַמֶּךָ,
תְּהִלָּה לִירֵאֶיךָ וְתִקְוָה
טוֹבָה לְדוֹרְשֶׁיךָ, וּפִתְחוֹן פֶּה
לַמְיַחֲלִים לָךְ, שִׂמְחָה לְאַרְצֶךָ
וְשָׂשׂוֹן לְעִירֶךָ, וּצְמִיחַת קֶרֶן
לְדָוִד עַבְדֶּךָ, וַעֲרִיכַת נֵר
לְבֶן־יִשַׁי מְשִׁיחֶךָ, בִּמְהֵרָה בְיָמֵינוּ

And so,
May honor be granted to Your people,
praise to those who are in awe of You,
and hope to those who seek You,
and voice sincere yearnings for You.
Let there be joy throughout the Land
and joyfulness for the inhabitants of Your City.
May the light of joy and justice shine forth
in our lifetime.

וּבְכֵן
צַדִּיקִים יִרְאוּ וְיִשְׂמָחוּ, וִישָׁרִים
יַעֲלֹזוּ, וַחֲסִידִים בְּרִנָּה יָגִילוּ,
וְעוֹלָתָה תִּקְפָּץ־פִּיהָ, וְכָל
הָרִשְׁעָה כֻּלָּהּ כְּעָשָׁן תִּכְלֶה,
כִּי תַעֲבִיר מֶמְשֶׁלֶת זָדוֹן מִן הָאָרֶץ.
וְתִמְלֹךְ, אַתָּה יְיָ לְבַדֶּךָ,
עַל כָּל מַעֲשֶׂיךָ, בְּהַר צִיּוֹן מִשְׁכַּן
כְּבוֹדֶךָ, וּבִירוּשָׁלַיִם עִיר קָדְשֶׁךָ,
כַּכָּתוּב בְּדִבְרֵי קָדְשֶׁךָ:
יִמְלֹךְ יְיָ לְעוֹלָם,
אֱ"לֹהַיִךְ צִיּוֹן לְדֹר וָדֹר: הַלְלוּיָהּ.

קָדוֹשׁ אַתָּה וְנוֹרָא שְׁמֶךָ,
וְאֵין אֱ"לוֹהַ מִבַּלְעָדֶיךָ, כַּכָּתוּב:
וַיִּגְבַּהּ יְיָ צְבָאוֹת בַּמִּשְׁפָּט,
וְהָאֵ"ל הַקָּדוֹשׁ נִקְדַּשׁ בִּצְדָקָה.
בָּרוּךְ אַתָּה, יְיָ, הַמֶּלֶךְ הַקָּדוֹשׁ.

אַתָּה בְחַרְתָּנוּ מִכָּל הָעַמִּים,
אָהַבְתָּ אוֹתָנוּ וְרָצִיתָ בָּנוּ,
וְרוֹמַמְתָּנוּ מִכָּל הַלְּשׁוֹנוֹת,
וְקִדַּשְׁתָּנוּ בְּמִצְוֹתֶיךָ,
וְקֵרַבְתָּנוּ מַלְכֵּנוּ לַעֲבוֹדָתֶךָ,
וְשִׁמְךָ הַגָּדוֹל וְהַקָּדוֹשׁ
עָלֵינוּ קָרָאתָ.

וַתִּתֶּן לָנוּ, יְיָ אֱ"לֹהֵינוּ, בְּאַהֲבָה
(On Rosh HaShanah)
אֶת יוֹם (הַשַּׁבָּת הַזֶּה וְאֶת יוֹם) הַזִּכָּרוֹן
הַזֶּה, יוֹם (זִכְרוֹן) תְּרוּעָה
(On Yom Kippur)
אֶת יוֹם (הַשַּׁבָּת הַזֶּה לִקְדוּשָׁה וְלִמְנוּחָה
וְאֶת יוֹם) הַכִּפּוּרִים הַזֶּה,לִמְחִילָה
וְלִסְלִיחָה וּלְכַפָּרָה, וְלִמְחֹל-בּוֹ אֶת כָּל
עֲוֹנוֹתֵינוּ
(בְּאַהֲבָה) מִקְרָא קֹדֶשׁ,
זֵכֶר לִיצִיאַת מִצְרָיִם.

And when such a day arrives,
those who struggled for justice will be the first
to rejoice, the upright will be glad,
and the faithful supporters will sing with joy,
injustice closing its mouth,
all evil vanishing like smoke,
the kingdom of falsehood passing
from the earth.
You, alone, the Sacred Oneness,
will govern all Your works,
with Mount Zion as Your honored dwelling place,
and with Your sacred city,
the City of Shalom, Jerusalem.

As it is written in those holy ancient words:
"The Life Source, the Ancient of Ancients,
the Dream of Zion, will preside for generations.
Halleluyah."

You are sacred and Your Presence is awesome,
and there is no God beside You, as it is written:
"The Eternal, the Power of All Creation,
is elevated through justice, God's holiness
sanctified by acts of justice."

Barukh Atah. Blessed is the Ineffable One,
the Sacred Power.

You have delighted in us as a people,
loving us, desiring us,
elevating us,
and sanctifying us with Mitzvot,
drawing us near to serve You,
that Your Great Holy Presence
be known to us.

With love we have been given
(On Rosh HaShanah)
this Day of Remembering,
this Day of Shofar Sounds.

(On Yom Kippur)
this Day of Atonement
for renouncing our wrongs,
for asking for forgiveness,
for cleansing, for reconciliation.

A day of holy gathering
reminding us of our liberation
from the straits of enslavement

אֱ"לֹהֵינוּ וֵא"לֹהֵי אֲבוֹתֵינוּ,
יַעֲלֶה וְיָבֹא, וְיַגִּיעַ וְיֵרָאֶה,
וְיֵרָצֶה וְיִשָּׁמַע, וְיִפָּקֵד וְיִזָּכֵר
זִכְרוֹנֵנוּ וּפִקְדּוֹנֵנוּ, וְזִכְרוֹן
אֲבוֹתֵינוּ, וְזִכְרוֹן מָשִׁיחַ
בֶּן־דָּוִד עַבְדֶּךָ, וְזִכְרוֹן
יְרוּשָׁלַיִם עִיר קָדְשֶׁךָ,
וְזִכְרוֹן כָּל עַמְּךָ
בֵּית יִשְׂרָאֵל לְפָנֶיךָ
לִפְלֵיטָה וּלְטוֹבָה,
לְחֵן וּלְחֶסֶד וּלְרַחֲמִים,
לְחַיִּים וּלְשָׁלוֹם,
(On Rosh HaShanah)
בְּיוֹם הַזִּכָּרוֹן הַזֶּה.
(On Yom Kippur)
הַכִּפּוּרִים הַזֶּה.
זָכְרֵנוּ, יְיָ אֱ"לֹהֵינוּ
בּוֹ לְטוֹבָה, וּפָקְדֵנוּ בוֹ לִבְרָכָה,
וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים;
וּבִדְבַר יְשׁוּעָה וְרַחֲמִים
חוּס וְחָנֵּנוּ, וְרַחֵם עָלֵינוּ
וְהוֹשִׁיעֵנוּ, כִּי אֵלֶיךָ עֵינֵינוּ,
כִּי א"ל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה.

אֱ"לֹהֵינוּ וֵא"לֹהֵי אֲבוֹתֵינוּ,
מְלוֹךְ עַל כָּל הָעוֹלָם כֻּלּוֹ
בִּכְבוֹדֶךָ, וְהִנָּשֵׂא עַל כָּל הָאָרֶץ
בִּיקָרֶךָ, וְהוֹפַע בַּהֲדַר גְּאוֹן עֻזֶּךָ,
עַל כָּל יוֹשְׁבֵי תֵבֵל אַרְצֶךָ,
וְיֵדַע כָּל פָּעוּל כִּי אַתָּה פְּעַלְתּוֹ,
וְיָבִין כָּל יָצוּר כִּי אַתָּה יְצַרְתּוֹ,
וְיֹאמַר כֹּל אֲשֶׁר נְשָׁמָה בְּאַפּוֹ,
יְיָ אֱ"לֹהֵי יִשְׂרָאֵל מֶלֶךְ,
וּמַלְכוּתוֹ בַּכֹּל מָשָׁלָה.

Allow our memory to ascend,
to come, to reach us.
May our memory and our reckoning,
and our ancestors memory,
and the memory of the dream of a Messianic
Time, and the memory of the vision of
Jerusalem, as a City of Peace, a Holy City,
and those memories of all Your people
the House of Israel, whether in the Land
or in the Diaspora, be before You.
On this Day may those memories,
these dreams of redemption,
inspire graciousness, lovingkindness,
and compassion in us,
for life and for peace.

As we recall our Creator we ask
that the Holy One of Being
remember us well,
and delegate blessedness,
and save us for life,
and favor us with grace and compassion.
We seek guidance,
benevolence, and mercifulness.

May this vision of redemption
guide the entire world
with respectfulness,
uplifting the earth with love,
the splendor of the Presence
resting upon all the inhabitants of this planet.
So all will know their Maker,
and all will understand their Creator.

Then everyone who has breath
flowing through their nostrils will say
"the Ineffable, the Sacred Life Breath,
the God of Yisrael, a soul-wrestling people,
is the One we are accountable to
wherever we are."

May we be sanctified by our deeds,
and share in Life's sacred teachings.
May we be satisfied by the good,
and receive fulfillment.

V'Taher Libeynu l'Avdekha Beh-emet.
And may our hearts be cleansed
to serve Life truthfully
as we are called upon by the the God of Truth,
whose Word is enduring truth.

Blessed is the Ineffable,
governing the earth,
sanctifying the people Yisrael
(On Rosh HaShanah)
on this Day Remembrance.
(On Yom Kippur)
on this Day of Atonement.

We hope that the people Yisrael and their
meditations, and this sacred service,
be received with love and eternal desire.

V'Tekhezehnah Eyneynu
b'Shuvkha l'Tzion b'Rakhamim.
May our eyes behold
the return of Compassion to Zion.
Blessed is the Eternal, the Ineffable One,
Restoring the Divine Presence to Zion.

We are thankful for this awareness
of the Source of Life,
an awareness that has been passed down
from one generation to the next,
forming the foundation rock of our lives and
ensuring our fulfillment.
We are grateful and offer psalm-songs
for our lives that have been placed in Your
hands and for our souls
that have been entrusted to You.

אֱ"לֹהֵינוּ וֵא"לֹהֵי אֲבוֹתֵינוּ,
(רְצֵה בִמְנוּחָתֵנוּ) קַדְּשֵׁנוּ בְּמִצְוֹתֶיךָ
וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶךָ,
שַׂבְּעֵנוּ מִטּוּבֶךָ וְשַׂמְּחֵנוּ בִּישׁוּעָתֶךָ
וְטַהֵר לִבֵּנוּ לְעָבְדְּךָ בֶּאֱמֶת,
כִּי אַתָּה אֱ"לֹהִים אֱמֶת,
וּדְבָרְךָ אֱמֶת וְקַיָּם לָעַד.
בָּרוּךְ אַתָּה, יְיָ,
מֶלֶךְ עַל כָּל הָאָרֶץ,
מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְׂרָאֵל
(On Rosh HaShanah)
וְיוֹם הַזִּכָּרוֹן.
(On Yom Kippur)
וְיוֹם הַכִּפּוּרִים
רְצֵה, יְיָ אֱ"לֹהֵינוּ, בְּעַמְּךָ יִשְׂרָאֵל
וּבִתְפִלָּתָם, וְהָשֵׁב אֶת הָעֲבוֹדָה
לִדְבִיר בֵּיתֶךָ, וְאִשֵּׁי יִשְׂרָאֵל,
וּתְפִלָּתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן, וּתְהִי
לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךָ.

וְתֶחֱזֶינָה עֵינֵינוּ
בְּשׁוּבְךָ לְצִיּוֹן בְּרַחֲמִים.
בָּרוּךְ אַתָּה יְיָ,
הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן.

מוֹדִים אֲנַחְנוּ לָךְ,
שָׁאַתָּה הוּא, יְיָ אֱ"לֹהֵינוּ
וֵא"לֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד,
צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ,
אַתָּה הוּא לְדוֹר וָדוֹר׃

נוֹדֶה לְךָ וּנְסַפֵּר תְּהִלָּתֶךָ.
עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךָ,
וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ,
וְעַל נִסֶּיךָ שֶׁבְּכָל יוֹם עִמָּנוּ,
וְעַל נִפְלְאוֹתֶיךָ וְטוֹבוֹתֶיךָ
שֶׁבְּכָל עֵת, עֶרֶב וָבֹקֶר וְצָהֳרָיִם,
הַטּוֹב כִּי לֹא כָלוּ רַחֲמֶיךָ,
וְהַמְרַחֵם כִּי לֹא תַמּוּ חֲסָדֶיךָ
מֵעוֹלָם קִוִּינוּ לָךְ.

וְעַל כֻּלָּם
יִתְבָּרַךְ וְיִתְרוֹמַם שִׁמְךָ מַלְכֵּנוּ
תָּמִיד לְעוֹלָם וָעֶד.
וּכְתוֹב לְחַיִּים טוֹבִים כָּל בְּנֵי בְרִיתֶךָ.
וְכֹל הַחַיִּים יוֹדוּךָ סֶּלָה,
וִיהַלְלוּ אֶת שִׁמְךָ בֶּאֱמֶת,
הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֶּלָה.
בָּרוּךְ אַתָּה יְיָ,
הַטּוֹב שִׁמְךָ וּלְךָ נָאֶה לְהוֹדוֹת.

שָׁלוֹם רָב עַל יִשְׂרָאֵל עַמְּךָ
תָּשִׂים לְעוֹלָם, כִּי אַתָּה
הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלוֹם.
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ
אֶת עַמְּךָ יִשְׂרָאֵל,
בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךָ׃

And we are thankful for those miracles,
those wonders, and those welcome surprises
provided us at all times ,
evening, morning, and noon.
Goodness and compassion have
never been denied us.
Mercy and caring never cease
when hope eternally exists.
And for everything
may the Holy One of Being be forever blessed
and exalted.

May all the sons and daughters of the covenant
be inscribed for a good life.

Let all the living sincerely be thankful to the
Creator
for liberating and helping us. Selah!

Blessed is the ineffable, Goodness is Your name
and we are so grateful.

Shalom Rav Al Yisrael Amkha
Tasim l'Olam
Ki Atah Hu Melekh Adon l'Khol haShalom.
v'Tov b'Eynekha l'Varekh Et Amkha Yisrael
b'Khol Et u'v'Khol Shah-ah Bishlomekha.

May abundant peace be granted
Yisrael, Your people, forever.
It is good in Your soul eyes
to bless Your people Yisrael
at all times and at all hours
with Your peace.

(On Yom Kippur continue with Vidui)

B'Sefer Khayim Brakhah v'Shalom
u'Farnasah Tovah.
Nizakher v'Nikatev l'Fanekha
Anakhnu v'Khol Amkhah
Anakhnu v'Khol Amkhah Beyt Yisrael
l'Khayim Tovim, l'Khayim Tovim
u'l'Shalom b'Sefer Khayim.

May we be remembered and inscribed in the Book of Life, of Blessing, of Peace and Sustenance.
May there be good life and harmony for all of the House of Israel.

Blessed is the Eternal creating Peace.

May the words of my mouth
And the meditations of my heart be acceptable before You.

Oseh Shalom Bimromav
Hu Yaaseh Shalom Aleynu
v'Al Kol Yisrael
v'Al Kol Yoshvey Tevel
v'Imru: Ameyn*.*

May the One making harmony in the heavenly spheres realize peace here, for all of Israel and for all humankind.
Amen.

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם

וּפַרְנָסָה טוֹבָה,
נִזָּכֵר וְנִכָּתֵב לְפָנֶיךָ,
אֲנַחְנוּ וְכָל עַמְּךָ בֵּית יִשְׂרָאֵל,
לְחַיִּים טוֹבִים וּלְשָׁלוֹם.
בָּרוּךְ אַתָּה יְיָ, עוֹשֵׂה הַשָּׁלוֹם.

יִהְיוּ לְרָצוֹן אִמְרֵי פִי
וְהֶגְיוֹן לִבִּי לְפָנֶיךָ

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו,
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל,
וְעַל כָּל יוֹשְׁבֵי תֵבֵל,
וְאִמְרוּ אָמֵן.

SIXTEEN

Empty yourself completely.
Be thoroughly still.
Observe all things arising
  and notice their return.
Things flourish abundantly
  and then return to their source
  which is stilness and peace.
From stillness things return to life.
Such renewal is our constant destiny.
Knowing the constant, you see clearly.
Not knowing it, you are reckless
  and bound for disaster.

When you know the constant,
  you become broadminded.
Broadminded,
  you become impartial and just.
Impartial and just, you are like a noble king.
With such nobility you rise to the divine
  where you become one with the Tao
  which is everlasting.
Throughout life and death you are safe.

The Power of the Way (Tao Te Ching) trans. by John Sprague

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